

# Recent reading

## Theory

Theory text with a citation [1] with an equation  $E = mc^2$ .

These authors claim that maximizing the flux results in minimizes the free energy wells of intermediate metastable states.

The forward rate constants from state  $i$  to  $j$  are  $k_{ij}^+$ ; these are reversible transitions. The *rate* is  $k_{ij}^+ P_i$ , where  $P_i$  is the probability in bin  $i$  (or state  $i$ ). There is a total free energy budget  $\sigma_{\text{tot}}$ . —

## References

1. Brown AI, Sivak DA. 2017 Allocating dissipation across a molecular machine cycle to maximize flux. See <https://arxiv.org/abs/1703.05283v3>.