inflict /ɪnˈflɪkt / verb

inflict sth (on / upon sb/sth) to make sb/sth suffer sth unpleasant

self-inflicted

self-inflicted pain, problems, illnesses etc are those you have caused yourself

***Closing Ranks*:**

**POLICE OFFICER (on radio): ...in the vicinity for a self-harm incident. Wangee Road in Lakemba, cross Lakemba Street, 35 year-old male with a self-inflicted stab-wound to the chest.**