referral /rɪˈfɜːrəl / noun

when someone sends someone or something to another person to be helped or dealt with

***Trial and Error*:**

**Just before she died Caroline Byrne went to see her doctor, Cindy Pan, who diagnosed her as being depressed.**

**JOHN ABERNETHY: She arranged for her to see a psychiatrist for that depression quite quickly.**

**QUENTIN MCDERMOTT: In her letter of referral, Dr Pan described Caroline Byrne as (voiceover) "...feeling very, very depressed recently. She feels she can't do anything, can't sleep, can't express herself. No thoughts of self harm."**