resort /rɪˈzɔːt/ verb

resort to sth

to make use of sth, especially sth bad, as a means of achieving sth, often because there is no other possible solution

***Indigenous leaders defend Opposition Leader over racism claims*:**

**MICK GOODA: There were times when those sort of protests were appropriate. But I think now we need to be able to sit down with people like governments and others and sit around a table, air our differences in a reasonable way and not resort to the things that we've seen today.**

***Buddhist radicals resort to violence*:**

**Extremist Buddhist monks in Burma have resorted to violence in order to defend their traditonally tolerant religion.**

***AITI: Treating Migraine***

**50% of suffers don’t consult a doctor at all, and instead may resort to handfuls of over-the-counter painkillers.**