



Protecting Your Data

SLU Data Science Seminar
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<https://github.com/slu-dss/protectData>

Backup Types

Bootable Backup (“Clone”) – image of your **entire** computer at one point in time

Incremental Backup – copies of most files, often with version history and protection for deleted files

Sync Service “Backup” – services typically retain a version history and limited protection for deleted files

Cloud Backup – copies of most files stored remotely with limited version history and protection for deleted files

Backup Strategy

3–2–1–B Rule

Keep at least **three** copies of your data and automate this process as much as possible.

At least **two** of these copies should be locally stored on **two** different devices.

At least **one** of these copies should be stored offsite.

For users with lots of applications, a **bootable** backup (“clone”) can be invaluable.

External Hard Drives

External hard drives for bootable backups should be at **least** as large as your internal drive.

External hard for incremental backups should be **several times** as large as your internal drive.

Use the **fastest** cable type your computer supports (if your computer has USB 3.0 ports, get a USB 3.0 drive – your backups will be much faster!).

Software – Bootable Backups

| Windows | macOS |
|---|-----------------------|
| Windows Built-In System Image Tool* (F) | CarbonCopyCloner (\$) |
| Acronis True Image (\$) | SuperDuper (\$) |
| StorageCraft ShadowProtect Desktop (\$) | |

Software – Incremental Backups

| Windows | macOS |
|---|-----------------------|
| Windows Built-In Backup Tool* (F) | Apple TimeMachine (F) |
| Software shipped with most external hard drives (F) | |

Sync Services

| Windows & macOS | |
|--------------------|--------------------------|
| Dropbox (\$F) | Google Drive (\$F) |
| iCloud Drive (\$F) | Microsoft OneDrive (\$F) |

Cloud Backup Services

| Windows & macOS | |
|-----------------------------------|----------------|
| Backblaze (\$) | Carbonite (\$) |
| CrashPlan for Small Business (\$) | iDrive (\$) |

* – Windows tools vary by OS version; (F) free; (\$) paid; (\$F) free and paid versions available