

PLEASE PRINT & BRING TO FIRST PRACTICE (ONLY APPLIES TO ATHLETES CHOSEN TO A TEAM)

Name:	Date of Birth:		
			yyy/mm/dd
Person to be contacted in Case of Emergency:			
Phone Numbers: Day	Evening _		
Alternative Contact:			
Phone Numbers: Day	Evening _		
Family Doctor:	Phone:		
Alberta Health Care Number:			
Relevant Medical History			
Medications:			
Allergies:			
Previous injuries:			
Does the participant carry and know how to administer own medications?	Yes:	No:	
Other conditions: (braces, contact lenses, etc.) _			

Note: Medical information is confidential. Keep this card with the team at all times. These cards should not be available to other than authorized individuals.