1. Setup your GITHUB.com account

I already had one. I recovered my password and logged on.

1. Cloning from GitHub

Create a folder that is linked both on the desktop and on GitHub site.

1. Staged & Unstaged

Staging would be picking what files need to be submitted to the local repository. Unstaging would be the files that are not ready to be committed.

1. Commit to a local repo

Commiting would be commenting on the file that is going to be submitted and then putting it in our local repository so it can be pushed to GitHub.

1. Pushing to GitHub

The file would need to be pulled from the local repository so it could be pushed to the cloud.

1. GitHub after the push

Then the pushed file(s) would be visible on GitHub, or from other computers.