

The Psychology of Winning by Dr Dennis Waitley (from Inspirational Books - Part One)

Submitter's Note:

This article (in point form) is a brief summary of my notes from an excellent motivational, up-lifting and inspiring book 'THE PSYCHOLOGY OF WINNING' by Dr Dennis Waitley. I am sharing the contents of this work in the spirit of encouraging and hopefully even inspiring those people, who really want to "cultivate and grow Seeds of Greatness" in their own lives to read the book...and just GO FOR IT... and surprise yourself by "winning in the game of life"!.

P.S: Thank you sincerely, Dr Waitley for sharing your insight, words of wisdom and especially inspiration iand thus encouraging me to follow my dreams along my "untrodden path" with passion and persistence.

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THE PSYCHOLOGY OF WINNING

by Dr Denis Waitley (Berkeley Books, New York)

MY CREED by Dean Alfange

"I do not choose to be a common man or woman.

It is my right to be uncommon - if I can.

I seek opportunity - not security.

I do not wish to be a kept citizen, humbled and dulled by having the state look after me.

I want to take the calculated risk - to dream and build - to fail and succeed.

I refuse to barter incentive for a dole.

I prefer the challenges of life to the guaranteed existence - the thrill of fulfillment to the calm state of Utopia.

I will not trade freedom for beneficence -

nor my dignity for a handout.

I will never cower before any master - nor bend to any threat.

It is my heritage to stand erect, proud and unafraid -

to think and act for myself - to enjoy the benefits of my creations and to face the world boldly and say -

"this I have done."

- Dean Alfange

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"God desires us to soar like eagles, but many are content to scratch like sparrows...or turkeys!"

Winners in life get behind the wheel, firmly in the drivers seat. Winners take control of their thoughts, their daily routines, their goals and their lives. They create their own horoscopes. They spend their time winning...knowing they have no time to Lose.

You can only do good, if you feel good about yourself.

Everyone hears a different drummer, sees life through a different lens, perceives through a different filter and decides, makes decisions as a result of a different computer programme in the human brain.

"Take a moment to hear today
what your children have to say
listen today...whatever you do,
or they won't be there to listen to you!"

If you love yourself, then you can give love. How can you give what you don't have?

"Out of adversity can come greatness."

Losers remember past failures and forget all about their successes.

Polonius in Shakespeare's Hamlet said:

"To thine own self be true."

Real winners accept their own uniqueness.

Smile often and keep a self development plan going at all times.

"Life is a do-it-myself project. I take the credit or the blame for my performance."

Winners MAKE it happen, losers LET it happen.

Are you steering your ship, or are you a victim to the ill or fair winds of fate?

It's simply a matter of taking control and accepting responsibility. We are the only ones from whom we can steal TIME, TALENT AND ACCOMPLISHMENT.

How can I best spend my time on priorities, that are important to me?

The strangest secret: "We become what we think about most of the time."

- Earl Nightingale

"Winners dwell on their desires, not on their limitations." Winners want change for the better.

Everyone is self motivated, a little or a lot, positively or negatively. Motivation can be learned and developed; it does not have to be in-born. Desire is a strong positive magnet. It attracts, reaches, opens, directs and encourages plans and achieves goals.

"Have you hitched your wagon to a star, or to someone else's wagon train?"

Seek out a person who is doing what you want to do and doing it well. No matter what it is - whether it's skiing, acting, singing, selling, earning, being a good spouse or parent. Find an expert and get the facts.

DESIRE

SELF CONTROL

PREPARATION - be prepared to win

Winners don't doubt. US swimmer Mark Spitz expected seven gold medals. It's not voodoo! You become that which you fear - you get what you suspect - you are that which you EXPECT to be. Positive self expectancy is just as important in the home as in business. Bad luck is attracted by negative thinking. Have an attitude of positive expectancy. Challenge your creativity and ingenuity...wake up happy.

"Be happy just being the very best person you can be with "loads of" FUN along the journey of life.

Eagle Productions ("Incorrigible Encouragers/People-builders, Information and Inspiration Distributors")

"Take a moment to hear today
what your children have to say
listen today...whatever you do,
or they won't be there to listen to you!"

"Success is never ending, failure is never final."

- Dr Robert Schuller

"Make no little plans; they have no magic to stir your blood to action - make big plans, aim high in work and hope."

"Every man has his own destiny; the only imperative is to follow it, no matter where it leads him."

- Henry Miller

About the Author

"Our Greatest Good is perhaps not to achieve wealth and share our material possessions, our money and 'riches' with others, but through encouragement and faith in other people, to lay the firm foundation of revealing the rich treasure that lies within themselves." - craig

<http://www.craiglockbooks.com> <http://www2.webng.com/writernz> "Change YOUR world and you change THE world. Together, one mind, one soul at a time, let's encourage, uplift, impact and perhaps even inspire people around the globe."

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