#### **COOP 110 Module 2 Career Development Principles**

YouTube Video Refection Responses.

# Video 1: Stop Searching for Your Passion Video Terri Trespicio | TEDxKC (You tube video, 11 minutes) https://www.youtube.com/watch?v=6MBaFL7sCb8

#### 1. What career-related messages have you heard regarding "follow your passion"? What did you think and how did you feel about this message?

I haven't heard many messages like that specifically, but my parents always wanted me to do a job that will make me some money. Of course, it is still about finding what I would like to do, but I had no problem with maths and sciences at school, so my parents weren't worried about my future, I guess. I know it is important to work towards doing something you love, but it is also important to make ends meet, as well as gain experience.

### 2. What is/is your greatest takeaway(s) from this video? Did you find anything especially interesting, surprising, or confusing?

My takeaway from this video is to keep working and your passion will find you. You don't need to follow your passion but keep moving so it follows you. Nothing too special about the talk, although Scott Adams is sexist.

## Video 2: Three Questions to Unlock your Authentic Career: Ashley Stahl at TEDxBerkeley https://www.youtube.com/watch?v=vMiSf7LpFQE

### 1. What is/is your greatest takeaway(s) from this video? Did you find anything especially interesting, surprising, or confusing?

I took from this video that just because you like to do something, does not mean it is what you are best suited to do as your career. You will be better and happier doing work that comes naturally and is best for you.