

COOP 110 Module 1

Reflective Practice Activities

Activity 1: Best Gifts (5-10 minutes)

Reflect on “one of the best gifts you ever received.” Use words/sentences to describe the best gift you received. Tell the story behind it...What is it? So what? Why did you pick this item? You can only pick one gift!! Response should be 100 words or so.

The best gift I ever received was a trip to Disneyworld for my eighth birthday for Christmas! My birthday is January 22nd, so on Christmas day at my grandparents' house, my parents hid puzzle pieces in all my family's gifts, and when I put together the puzzle, we flipped it over and it said I was going to Disney for my birthday! The flights were my first I remember, so the travel was almost as exciting as the park, except I was just the perfect age that I was tall enough for any ride, yet I still believed in the Disney magic. On my birthday I was given the princess treatment in the Bippity Boppity boutique, and I also got an ear infection that night! It was a great trip that I'll remember forever, and I am very grateful to my parents for the ✨magical ✨ gift.

Reflective Activity 2: "Proudest Accomplishment"

Think about your most proudest accomplishment. Write down why you picked this accomplishment, learning that happened, and etc. Think about the questions, what, so what, and now what? Response should be 100 words or so.

My proudest accomplishment is my DELF B2 certification. I had been in French immersion since primary, and while sometimes I had trouble with practice, I stayed in French immersion until I graduated! In April of 2019, my classmates and I did our written and oral DELF assessments, and we received our grades in June. My friends and I all passed, and it was very symbolic of our growth over the past thirteen years together. The certification level I have is B2, which is “independent”, so it means the Minister of Education in France agrees that I am bilingual! I am proud to have worked for thirteen years to now be fluent in French.