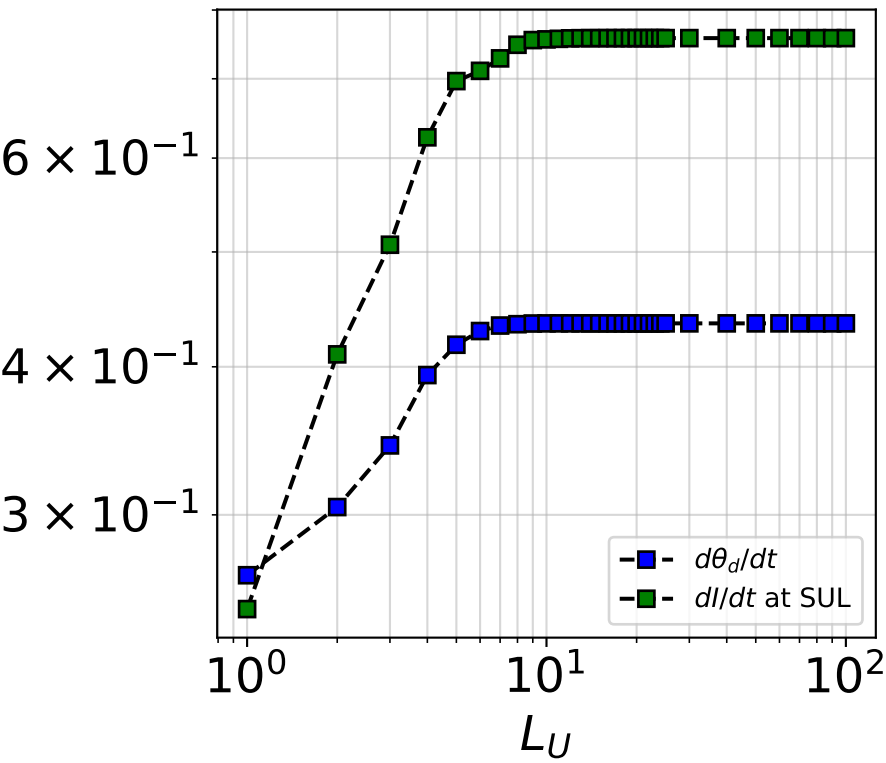


Max $d\theta_d/dt$ and dl/dt (in deg/yr) (LSMOD1, 42.85 ka)

Fixed $L_B = 10$



Fixed $L_U = 25$

