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Sleep for milliseconds

```
36 if (dev.isBored() || job.sucks()) {
37     searchJobs({flexibleHours: true, companyCulture: 100});
38 }
39 // A career site that's by developers, for developers.
```


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I know the POSIX `sleep(x)` function makes the program sleep for `x` seconds. Is there a function to make the program sleep for `x milliseconds` in C++?

c++ linux sleep

edited Feb 4 '15 at 10:30

asked Nov 15 '10 at 12:49



[Prasanth Madhavan](#)
3,395 9 39 79

- 5 You should be aware that, in Windows anyway, `sleep()` has millisecond *precision*, but it's *accuracy* can be orders of magnitude higher. You may think your sleeping for 4 milliseconds, but actually sleep for 400. – [John Dibling](#) Nov 15 '10 at 13:09
- 4 @John Dibling: I think he's using POSIX `sleep`, not win32 `sleep` given "x seconds". – [Charles Bailey](#) Nov 15 '10 at 13:14
- 1 Although C and C++ have different name mangling, which can be a source of bugs and incompatibilities, in most cases it's fine to use C headers in C++. However, if you want to be absolutely sure that nothing goes wrong, `#include` the C header inside an `extern "C" {}` block. Also, if you have C and C++ source files in the same project, it's highly recommended that you do this in order to avoid any problems, especially if you include the same headers in both kinds of source files (in which case this is necessary). If you have a purely C++ project, it might just work with no problem at all. – [adam10603](#) Mar 17 '15 at 12:56

15 Answers

Note that there is no standard C API for milliseconds, so (on Unix) you will have to settle for `usleep`, which accepts microseconds:

```
#include <unistd.h>

unsigned int microseconds;
...
usleep(microseconds);
```

edited May 2 '14 at 20:23




[Tshepang](#)
5,104 12 62 107


answered Nov 15 '10 at 12:52



[Niet the Dark Absol](#)
223k 40 279 409

- 2 It wouldn't hurt if the answer was in the form of a MWE => – [puk](#) Nov 6 '13 at 0:17
- 2 Is it a busy sleep? I need to yield to another thread during sleep; can I use `usleep` for that? – [Michael](#) Oct 8 '15 at 18:30
- 4 It's not a busy wait [stackoverflow.com/a/8156644/1206499](#), and `nanosleep` may be a better choice since `usleep` is obsolete. – [jswetzen](#) Dec 3 '15 at 14:55
- 1 Niet, please consider mentioning @HighCommander4's answer which is more portable if you have a C++11 compiler. – [einpoklum](#) Nov 14 '16 at 15:54




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In C++11, you can do this with standard library facilities:

```
std::this_thread::sleep_for(std::chrono::milliseconds(x));
```

Clear and readable, no more need to guess at what units the sleep function takes.

like stated by Rhubarb, you will need:

```
#include <chrono>
#include <thread>
```

edited Apr 6 '14 at 17:11



ooga
10.2k 2 12 18

answered May 16 '12 at 7:11



HighCommander4
19.1k 12 80 142

-
- 4 Does `std::this_thread::sleep_for` define an interruption point? Like `boost::this_thread_sleep` does? – [Martin Meeser](#) Jul 18 '13 at 9:28
-
- 25 This is the right way to do it. Period. Thread is cross platform as well as chrono. – [Void](#) Nov 19 '13 at 18:36
-
- 32 @Void. A very good way certainly, but "the" and "period" are awfully strong words. – [Mad Physicist](#) Jan 4 '15 at 7:12
-
- 1 @Valen: Is there another method that avoids such delays? – [HighCommander4](#) Feb 17 '15 at 7:55
-
- 2 @Michael: It's not a busy sleep, it will yield to other threads. – [HighCommander4](#) Oct 9 '15 at 2:32
-

To stay portable you could use [Boost::Thread](#) for sleeping:

```
#include <boost/thread/thread.hpp>

int main()
{
    //waits 2 seconds
    boost::this_thread::sleep( boost::posix_time::seconds(1) );
    boost::this_thread::sleep( boost::posix_time::milliseconds(1000) );

    return 0;
}
```

This answer is a duplicate and has been posted in [this question](#) before. Perhaps you could find some usable answers there too.

answered Nov 15 '10 at 12:52



MOnsDaR
4,646 5 31 57

-
- 6 Keep in mind that - in a multi-threaded environment - `boost::this_thread::sleep` adds an interruption point to your code. [boost.org/doc/libs/1_49_0/doc/html/thread/...](#) – [Martin Meeser](#) Jul 18 '13 at 9:25
-

Depending on your platform you may have `usleep` or `nanosleep` available. `usleep` is deprecated and has been deleted from the most recent POSIX standard; `nanosleep` is preferred.

answered Nov 15 '10 at 12:54



Charles Bailey
410k 60 497 570

Note that while `usleep()` is declared in `<unistd.h>`, confusingly, `nanosleep()` is declared in `<time.h>` / `<ctime>` . – [gbmhunter](#) May 7 '14 at 5:14

In Unix you can use [usleep](#).

In Windows there is [Sleep](#).

edited Aug 19 '14 at 20:41



Peter Mortensen
11.1k 15 76 109

answered Nov 15 '10 at 12:55



INS
6,963 3 39 78

-
- 2 and the Windows call is in milliseconds. – [shindigo](#) Sep 13 '13 at 14:06
-
- 6 You have to include `<unistd.h>` or `<Windows.h>` respectively. – [gbmhunter](#) May 7 '14 at 5:13
-

`nanosleep` is a better choice than `usleep` - it is more resilient against interrupts.

answered Nov 15 '10 at 12:54

Johan Kotlinski



16.4k 5 54 88

1 I was familiar with `usleep` , but not `nanosleep` . You should provide an example of using it on Linux. – [jww](#) Aug 14 '16 at 3:10

Why don't use `time.h` library? Runs on Windows and POSIX systems:

```
#include <iostream>
#include <time.h>

using namespace std;

void sleepcp(int milliseconds);

void sleepcp(int milliseconds) // cross-platform sleep function
{
    clock_t time_end;
    time_end = clock() + milliseconds * CLOCKS_PER_SEC/1000;
    while (clock() < time_end)
    {
    }
}

int main()
{
    cout << "Hi! At the count to 3, I'll die! :)" << endl;
    sleepcp(3000);
    cout << "urrrrggghhhh!" << endl;
}
```

corrected code - now CPU stays in IDLE state [2014.05.24]:

```
#include <iostream>
#ifdef WIN32
#include <windows.h>
#else
#include <unistd.h>
#endif // win32

using namespace std;

void sleepcp(int milliseconds);

void sleepcp(int milliseconds) // cross-platform sleep function
{
    #ifdef WIN32
        Sleep(milliseconds);
    #else
        usleep(milliseconds * 1000);
    #endif // win32
}

int main()
{
    cout << "Hi! At the count to 3, I'll die! :)" << endl;
    sleepcp(3000);
    cout << "urrrrggghhhh!" << endl;
}
```

edited May 23 '14 at 22:37

answered May 3 '14 at 23:38

[Bart Grzybicki](#)

137 1 5

9 One of the problems with that code is that it is a busy loop, it will continue using the 100% of a single processor core. The sleep function is implemented around an OS call that will put to sleep the current thread and do something else, and only will wake up the thread when the specified time expires. – [Ismael](#) May 20 '14 at 22:53

You're right - it will consume 100% of a one CPU core. So here is rewritten code using system sleep functions - and it's still cross-platform: – [Bart Grzybicki](#) May 23 '14 at 22:25

If using MS Visual C++ 10.0, you can do this with standard library facilities:

```
Concurrency: :wait(milliseconds);
```

you will need:

```
#include <concr.h>
```

edited Mar 8 '16 at 12:24

[Tanuva](#)

43 7

answered Jan 29 '15 at 18:59

[Metronit](#)

61 1 1

Syntax:

```
Sleep ( __in DWORD dwMilliseconds );
```

Usage:

```
Sleep (1000); //Sleeps for 1000 ms or 1 sec
```

answered Apr 14 '14 at 13:34



[foobar](#)
1,360 1 13 33

2 What do you need to include for this? – [joleeaz əvı qoq](#) Jun 25 '14 at 4:21

#include <WinBase.h> – [foobar](#) Jun 25 '14 at 5:40

4 No, you need to #include <windows.h> – [joleeaz əvı qoq](#) Jun 26 '14 at 2:39

The way to sleep your program in C++ is the `sleep(int)` method. The header file for it is `#include "windows.h."` For example:

```
#include "stdafx.h"
#include "windows.h"
#include "iostream"
using namespace std;

int main()
{
    int x = 6000;
    Sleep(x);
    cout << "it has been 6 seconds" << endl;
    return 0;
}
```

The time it sleeps is measured in milliseconds and has no limit.

```
Second = 1000 milliseconds
Minute = 60000 milliseconds
Hour = 3600000 milliseconds
```

edited Nov 2 '16 at 20:04



[meJustAndrew](#)
2,162 3 12 43

answered Jul 9 '14 at 18:39



[genius](#)
78 1 9

2 What do you mean it has no limit? It surely has limit which is 0xFFFFFFFF. Waiting for 0xFFFFFFFF will just not time out (which means it will wait till program ends). – [lizzy](#) Jan 16 '15 at 9:31

I didn't mean it like that Izzy, sorry for our misunderstanding. I meant that you can enter any positive number of milliseconds. So it will wait that many milliseconds to close the program. If you do not understand please say so, I shall explain to you more. – [genius](#) Jan 18 '15 at 16:54

Select call is a way of having more precision (sleep time can be specified in nanoseconds).

answered Nov 15 '10 at 13:17



[Madhava Gaikwad](#)
31 2

On platforms with `select` function (POSIX, Linux, Windows) you could do:

```
void sleep(unsigned long msec) {
    timeval delay = {msec / 1000, msec % 1000 * 1000};
    int rc = ::select(0, NULL, NULL, NULL, &delay);
    if(-1 == rc) {
        // Handle signals by continuing to sleep or return immediately.
    }
}
```

However, there are better alternatives available nowadays.

answered Mar 8 '16 at 12:38



[Maxim Egorushkin](#)
59.5k 4 67 119

Use boost asio threads, Sleep for x millisec;

```
#include <boost/thread.hpp>
#include <boost/asio.hpp>

boost::thread::sleep(boost::get_system_time()+boost::posix_time::millisec(1000));
```

answered Aug 11 '16 at 5:33



[Anum Sheraz](#)
160 11

reason for down-vote ? – [Anum Sheraz](#) Aug 11 '16 at 10:18

for gcc/g++ :

```
#include <unistd.h>
```

see <http://linux.die.net/man/3/sleep>

answered Sep 17 '16 at 4:35



Tanguy

802 7 8

As a Win32 replacement for POSIX systems:

```
void Sleep(unsigned int milliseconds) {  
    usleep(milliseconds * 1000);  
}  
  
while (1) {  
    printf(".");  
    Sleep((unsigned int)(1000.0f/20.0f)); // 20 fps  
}
```

answered Mar 17 at 16:02



lama12345

1,177 1 11 13

protected by [Community](#) ♦ Aug 11 '15 at 17:58

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