

THE FINAL PROPOSED TRAINING PLAN FOR 2025 FOR AL NAJAH ACADEMY



AL NAJAH ACADEMY FOR HUMAN DEVELOPMENT, SALALAH, SULTANATE OF OMAN

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ALNAJAHACADEMY

DAHMED.ELNAJAH

ABOUT THE ACADEMY

AL NAJAH ACADEMY IS AN ACCREDITED AND LICENSED TRAINING INSTITUTION IN THE SULTANATE OF OMAN, APPROVED BY THE MINISTRY OF HIGHER EDUCATION, RESEARCH, AND INNOVATION, WITH COMMERCIAL REGISTRATION NUMBER 2208369. ITS HEADQUARTERS IS LOCATED IN THE DHOFAR GOVERNORATE, SALALAH. THE ACADEMY WAS ESTABLISHED IN 2005.

THE ACADEMY HELPS PEOPLE OF VARIOUS AGES AND BACKGROUNDS DISCOVER THEIR ABILITIES AND RESOURCES, DEFINE THEIR GOALS, AND TRAINS THEM TO ACHIEVE THESE GOALS.

SUCCESS ACADEMY WORKS TO QUALIFY OMANI YOUTH SEEKING EMPLOYMENT BY EQUIPPING THEM WITH STRATEGIES FOR RESULTS-ORIENTED THINKING, INNOVATIVE THINKING, AND PROBLEM-SOLVING. IT ALSO TRAINS AND PREPARES YOUNG MALE AND FEMALE ENTREPRENEURS TO PRACTICE SELF-EMPLOYMENT AND SELF-RELIANCE.

ONE OF THE ACADEMY'S ROLES IS TO EDUCATE JOB SEEKERS ABOUT THE NATURAL RESOURCES OF THE SULTANATE AND TRAIN THEM TO ESTABLISH INDIVIDUAL PROJECTS FOR INVESTING IN THESE RESOURCES. ADDITIONALLY, IT ENHANCES THE EFFICIENCY OF INDIVIDUALS AND INSTITUTIONS BY ANALYZING THEIR TRAINING NEEDS AND PROVIDING THEM WITH THE SKILLS AND KNOWLEDGE THAT IMPROVE THE QUALITY OF THEIR PERFORMANCE IN THEIR PROFESSIONS AND BUSINESSES.

THE ACADEMY ORGANIZES CONFERENCES, SEMINARS, EXHIBITIONS, AND FESTIVALS THAT SUPPORT HUMAN DEVELOPMENT. IT PROMOTES A CULTURE OF HUMAN DEVELOPMENT IN SOCIETY AMONG INDIVIDUALS AND INSTITUTIONS, CONDUCTS RESEARCH AND STUDIES RELATED TO HUMAN DEVELOPMENT IN THE SULTANATE, AND ENHANCES INNOVATIVE THINKING AND PROBLEM-SOLVING SKILLS FOR INDIVIDUALS AND INSTITUTIONS.



THE FIRST QUARTER (JANUARY - MARCH)

TRAINING SKILLS AND HUMAN DEVELOPMENT PROGRAMS :	DURATION
1. EFFECTIVE COMMUNICATION SKILLS.	2 DAYS
2. MANAGING PRIORITIES AND ACHIEVING PERSONAL GOALS.	5 DAYS
3. ENHANCING EMOTIONAL INTELLIGENCE IN THE WORKPLACE.	1 DAY
ARTIFICIAL INTELLIGENCE SKILLS PROGRAMS:	
1. INTRODUCTION TO ARTIFICIAL INTELLIGENCE AND ITS BUSINESS APPLICATIONS.	5 DAYS
2. USING ARTIFICIAL INTELLIGENCE IN DATA ANALYSIS.	2 DAYS
3. INTELLIGENT AUTOMATION TECHNIQUES.	1 DAY
MANAGEMENT AND SUPERVISION SKILLS PROGRAMS:	
1. EFFECTIVE LEADERSHIP AND SUCCESSFUL SUPERVISION.	5 DAYS
2. TEAM MANAGEMENT AND ENHANCING ORGANIZATIONAL PERFORMANCE.	2 DAYS
3. STRATEGIC PLANNING AND DECISION-MAKING.	1 DAY
SPECIALIZED PROGRAMS FOR THE SECURITY AND SAFETY SECTOR:	
1. FIRST AID AND OCCUPATIONAL SAFETY.	2 DAYS
2. EMERGENCY PROCEDURES IN THE WORKPLACE.	5 DAYS
3. AWARENESS OF OCCUPATIONAL RISKS.	1 DAY



THE FIRST QUARTER (JANUARY - MARCH)

ENLIGHTENMENT (SPIRITUAL AND PSYCHOLOGICAL ENERGY):

DURATION

1. INTRODUCTION TO ENLIGHTENMENT THERAPY (SPIRITUAL AND PSYCHOLOGICAL ENERGY).

2 DAYS

2. ENHANCING SPIRITUAL ENERGY TO ACHIEVE PSYCHOLOGICAL BALANCE.

2 DAYS

3. ENLIGHTENMENT TECHNIQUES FOR DEALING WITH DAILY STRESS.

1 DAY

SPECIALIZED PROGRAMS IN NEURO-LINGUISTIC PROGRAMMING (NLP):

1. DIPLOMA IN NEURO-LINGUISTIC PROGRAMMING (NLP1).

5 DAYS

2. CERTIFIED NLP ASSISTANT PRACTITIONER (NLP2).

5 DAYS

3. CERTIFIED NLP PRACTITIONER (NLP3).

5 DAYS



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THE SECOND QUARTER (APRIL - JUNE)

SPECIALIZED PROGRAMS IN PSYCHOLOGY:

	DURATION
1. POSITIVE BEHAVIOR MODIFICATION SKILLS.	5 DAYS
2. DEALING WITH PSYCHOLOGICAL STRESS AT WORK.	2 DAYS
3. SELF-MOTIVATION STRATEGIES.	1 DAY

SPECIALIZED EDUCATIONAL PROGRAMS:

1. MODERN TEACHING METHODS AND STUDENT MOTIVATION.	5 DAYS
2. PREPARING EFFECTIVE STUDY PLANS.	2 DAYS
3. EFFECTIVE CLASSROOM MANAGEMENT.	1 DAY

FINANCIAL AND ACCOUNTING SKILLS PROGRAMS:

1. BASICS OF FINANCIAL ACCOUNTING FOR NON-ACCOUNTANTS.	5 DAYS
2. FINANCIAL STATEMENT ANALYSIS AND DECISION-MAKING.	2 DAYS
3. FINANCIAL AUDITING AND INTERNAL REVIEW.	1 DAY

WAREHOUSE PROGRAMS:

1. INVENTORY AND SUPPLY CHAIN MANAGEMENT.	5 DAYS
2. QUALITY CONTROL IN WAREHOUSES.	2 DAYS
3. AUTOMATION IN WAREHOUSE MANAGEMENT.	1 DAY



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THE SECOND QUARTER (APRIL - JUNE)

ENLIGHTENMENT (SPIRITUAL AND PSYCHOLOGICAL ENERGY):	DURATION
1. STRATEGIES FOR ENHANCING POSITIVE ENERGY IN DAILY LIFE.	3 DAYS
2. MEDITATION AND PSYCHOLOGICAL-SPIRITUAL BALANCE.	2 DAYS
3. ENLIGHTENMENT THROUGH REMEMBRANCE AND DEEP MEDITATION.	2 DAYS
APPLIED COURSES IN NEURO-LINGUISTIC PROGRAMMING (NLP):	
1. EFFECTIVE COMMUNICATION SKILLS USING NLP.	2 DAYS
2. NLP TECHNIQUES FOR ACHIEVING PERSONAL AND PROFESSIONAL GOALS.	2 DAYS
3. NLP FOR SELF-DEVELOPMENT AND BUILDING SELF-CONFIDENCE.	2 DAYS



THE THIRD QUARTER (JULY - SEPTEMBER)

TRAINING PROGRAMS IN CYBERSECURITY:

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|---|--------------------|
| 1. INTRODUCTION TO CYBERSECURITY AND DATA PROTECTION. | DURATION
5 DAYS |
| 2. CYBER RISK ASSESSMENT FOR COMPANIES. | 2 DAYS |
| 3. SECURING EMAIL AND PERSONAL DATA. | 1 DAY |

TRAINING PROGRAMS IN CYBER PSYCHOLOGY:

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|---|--------|
| 1. THE PSYCHOLOGICAL IMPACT OF SOCIAL MEDIA. | 5 DAYS |
| 2. MANAGING DIGITAL BEHAVIOR AND CYBER ADDICTION. | 2 DAYS |
| 3. ENHANCING CYBER AWARENESS FOR INDIVIDUALS. | 1 DAY |

TRAINING PROGRAMS IN CYBER MANAGEMENT:

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|--|--------|
| 1. GOVERNANCE STRATEGIES IN CYBERSECURITY. | 5 DAYS |
| 2. PLANNING FOR CYBER CRISES. | 2 DAYS |
| 3. LEADERSHIP IN THE DIGITAL ENVIRONMENT. | 1 DAY |

TRAINING PROGRAMS IN BEHAVIOR MODIFICATION:

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|---|--------|
| 1. BEHAVIOR MODIFICATION PROGRAMS FOR CHILDREN AND ADOLESCENTS. | 5 DAYS |
| 2. STRATEGIES FOR MANAGING CHALLENGING BEHAVIOR. | 2 DAYS |
| 3. PROMOTING POSITIVE BEHAVIOR IN THE WORKPLACE. | 1 DAY |



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ENLIGHTENMENT (SPIRITUAL AND PSYCHOLOGICAL ENERGY):

DURATION

1. SPIRITUAL RETREAT AND SELF-ENLIGHTENMENT TECHNIQUES. 5 DAYS
2. USING THE NAMES OF ALLAH (ASMAA AL-HUSNA) TO ENHANCE PSYCHOLOGICAL ENERGY. 2 DAYS
3. DIVINE LIGHT INVOCATION FOR ACHIEVING INNER PEACE. 1 DAY

NEURO-LINGUISTIC PROGRAMMING (NLP) COURSES:

1. PROGRAMMING THE SUBCONSCIOUS MIND FOR SUCCESS USING NLP. 2 DAYS
2. THE ART OF LEADERSHIP AND INFLUENCE THROUGH NLP TECHNIQUES. 2 DAYS
3. NLP FOR ADDRESSING PSYCHOLOGICAL ISSUES AND SELF-MOTIVATION. 2 DAYS



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PHOTOS FROM SOME OF THE ACADEMY'S PROGRAMS

