# 2015 Blaine Invite

October 8th, 2015, 3:15pm

#### Divisions:

### https://docs.google.com/spreadsheets/d/11RLMOVsyri0yBMOLUsFrtA5zDugjdXsV3iDKi024BFs/edit?usp=sharing

The course will be basically the same as last year's boys' race but with a small extension on the far end so that we can adjust the start and finish a bit. Middle school race will be about 2 miles (2 loops).

Changes to the meet this year:

We will start at 3:15

Girls will be running 5k (I missed that change below, despite adjusting all the times, and fixed it now!) Middle School boys and girls will race together with separate awards.

## -Head Coach Rachel Karel rachel.karel@anoka.k12,mn.us

T-shirts will be available from Shirts on Site! On-site printing of each t-shirt with tons of colors and tie dye! These were hugely popular last year-please inform your athletes!

BLAINE CROSS COUNTRY INVITATIONAL IS HELD AT: <u>Majestic Oaks Golf Course</u>
October 8, 2015

#### 2015 Time Schedule:

3:15 Boys White 5K 3:35 Girls White 5K

4:00 Boys Blue 5K 4:20 Girls Blue 5K

4:45 MS Boys & Girls (Distance approx. 2 miles)

5:00 Boys JV 5K 5:30 Girls JV 5K