Section 4AA Cross Country Championships
Hosted by
The University of Minnesota
Les Bolstad Golf Course

Meet Manager
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Meet Procedures Included
- Entry Instructions
- Meet Schedule & Lane Assignments

Attachments
- JV Payment Information
- Course Map
- MSHSL Entry Form (email to Scott after submitting online) **Please print and bring to the meet!**
- Uniform Verification Form – **Please print and bring to the meet!**
- Cross Country Uniform Rule Emphasis
- Meet Day Reminders

Entry Instructions for Section 4AA Cross Country Meet

I. **Roster Entry:** Rosters must be entered by Sunday, October 5th @ 3 pm.
   Go to this website: http://theendresultco.com/xc/

"Official Instructions" once you get there:
1. **Click "continue sign-up" button on the login page.**
2. **Create an account**
   - USE SCHOOL NAME AS LISTED IN LANE ASSIGNMENTS
   - Save the following: USERNAME_____PASSWORD_____
   - Click "continue sign-up" button on the login page.
3. **Create your rosters.**
   - Click both "junior high/middle school" and "high school".
   - Be sure to click both "male and female" icons under "Your Rosters" if you coach both genders.
   - Type in # of names you will enter. Enter total number or do in blocks of 10.
   - Enter names. Click 'save changes" at bottom of page.
4. **Sign up for meet.**
   - Scroll through list of meets and select MSHL Section 4AA.
   - Click male or female icon. Roster will appear.

- Scroll to bottom of roster. Click "switch all check boxes". This step will select all names for the Section Meet. Be sure there is a check mark in front of each name.
- Click "save changes".
4. **Check that your roster has been entered. Return to home page, scroll do to**

   MSHL Section 4AA and under the gender icon will be number of entries.

II. Varsity Declaration Deadline: Wednesday, October 19 @ 3 pm.
   Designating your 9 varsity runners will be done twice.

1. Fill out your MSHSL TEAM ENTRY CARD and email it to Scott Stallman at stallmanscott@mediacombb.net after submitting it online. Remember names may not be added or changed once your card has been emailed, except for   medical or family emergency reasons that are documented.
2. Log back on to http://theendresultco.com/xc/ and declare those 9 varsity runners.

MEET SCHEDULE

2:30 Coaches Meeting (Clubhouse)
3:15 Girls Varsity
3:45 Boys Varsity
4:15 Girls Open JV
4:45 Boys Open JV
Awards will follow ASAP after the Boys Open JV competition

Varsity Lane Assignments

Girls Varsity		Boys Varsity	
4	Roseville	4	Roseville
5	Washington Magnet	5	Washington Magnet
6	Harding	6	Harding
7	Highland Park	7	Highland Park
8	Tartan	8	Tartan
9	White Bear Lake	9	White Bear Lake
10	Mahtomedi	10	Mahtomedi
11	North	11	North
12	Hill Murray	12	Hill Murray

13	Como Park	13	Como Park
14	Stillwater	14	Stillwater
15	Humboldt	15	Humboldt
16	Cretin D-H	16	Cretin D-H
17	Central	17	Central
18	Woodbury	18	Woodbury
19	Johnson	19	Johnson

Open Junior Varsity Lane Assignments

JV Girls		JV Boys	
1	Open	1	Open
2	Open	2	Open
3	Rosemount	3	Rosemount
4	Roseville	4	Roseville
5	Washington Magnet	5	Washington Magnet
6	Harding	6	Harding
7	Highland Park	7	Highland Park
8	Tartan	8	Tartan
9	White Bear Lake	9	White Bear Lake
10	Mahtomedi	10	Mahtomedi
11	North	11	North
12	Hill Murray	12	Hill Murray
13	Como Park	13	Como Park
14	Stillwater	14	Stillwater
15	Humboldt	15	Humboldt
16	Cretin D-H	16	Cretin D-H
17	Central	17	Central
18	Woodbury	18	Woodbury
19	Johnson	19	Johnson
20	Open	20	Open
21	Open	21	Open