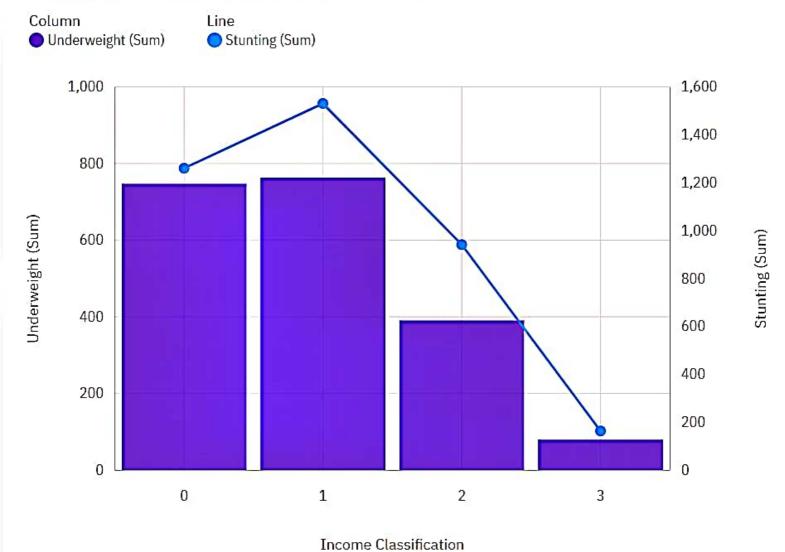
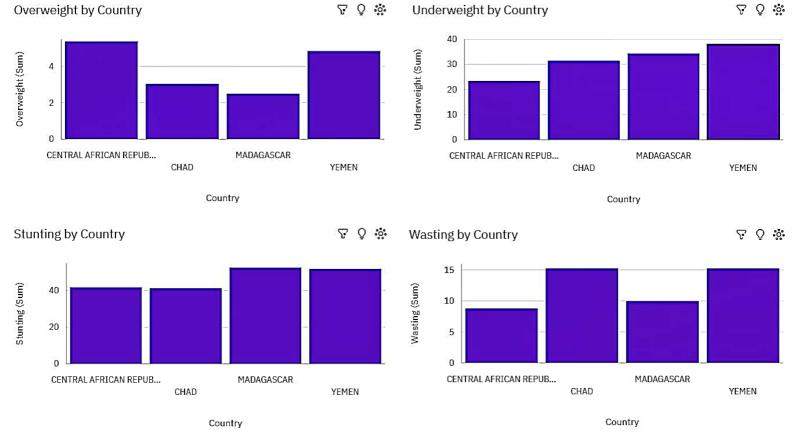
Stunting and Underweight by Income Classification

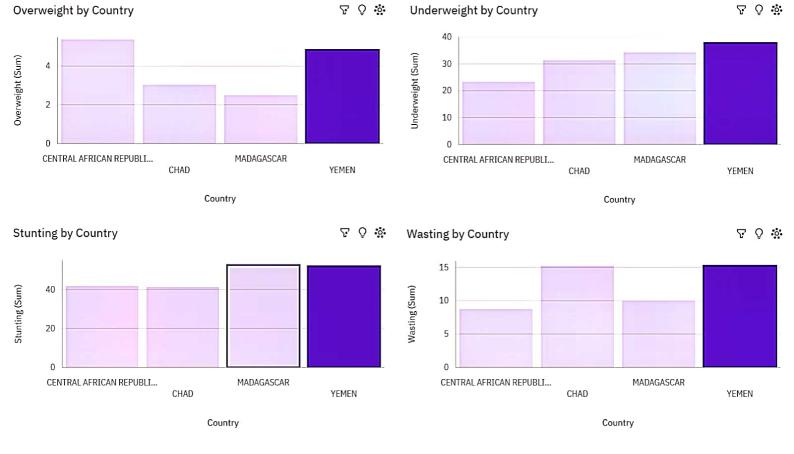


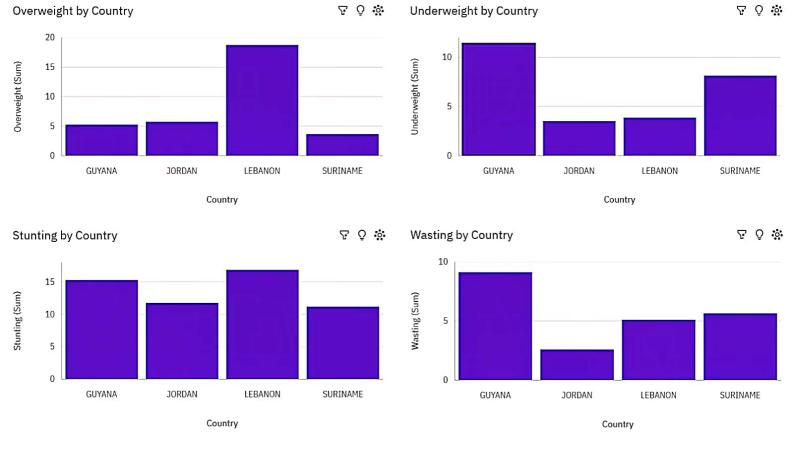


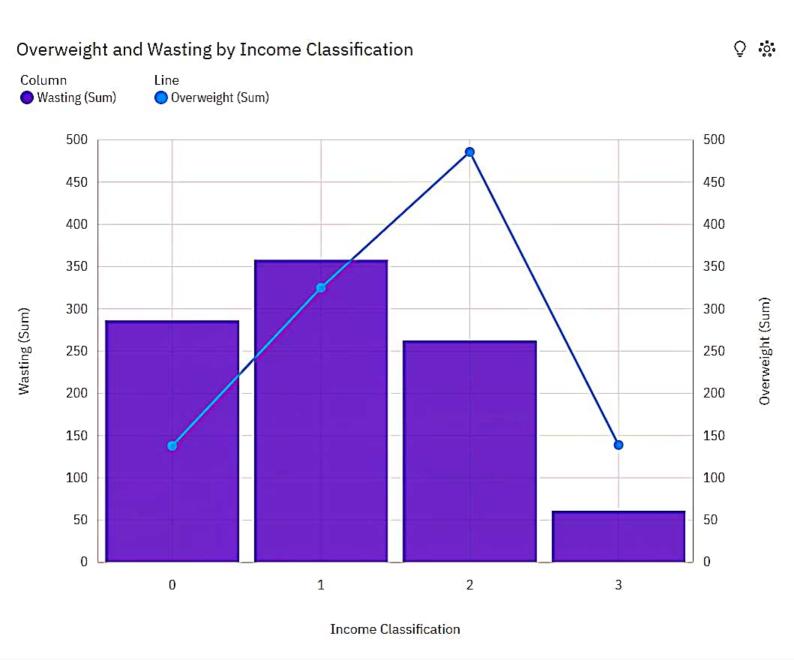


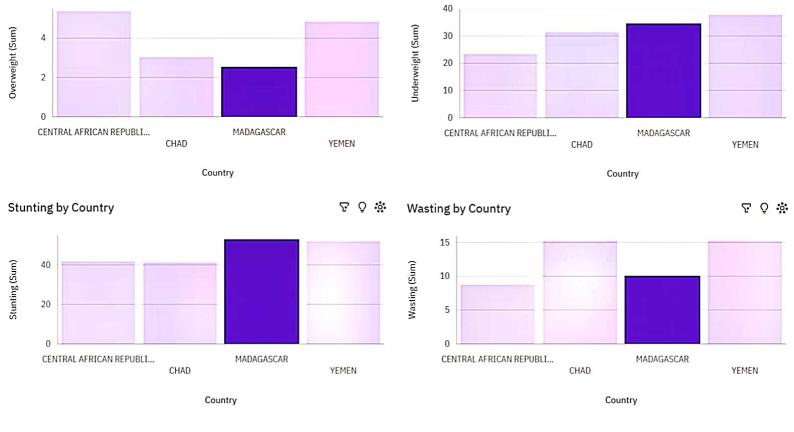
Fats (grams), Age (years), Carbohydrates (grams), Calories (kcal), Fiber (grams) and Proteins (grams)

Age (years)	Calories (kcal)	Fats (grams)	Proteins (grams)	Carbohydrates (grams)	Fiber (grams)
04 to 06	1200-1400	30-35	16-19	130-150	19
07 to 09	1600-2000	35-40	19-24	130-170	25
10 to 12	1800-2200	40-50	24-30	130-200	26
13 to 18(boys)	2200-2800	50-70	34-52	130-260	38
13 to 18(girls)	1800-2400	40-70	34-46	130-260	26
19 to 30	2000-2400	55-70	46-56	130-200	25-38
31 to 50	1800-2200	55-70	46-56	130-200	25-38
51+(men)	1800-2200	55-70	46-56	130-200	25-38
51+(women)	1600-2000	55-70	46-56	130-200	21-25
65+(men)	1800-2200	55-70	46-56	130-200	21-30
65+(women)	1600-2000	55-70	46-56	130-200	21-25







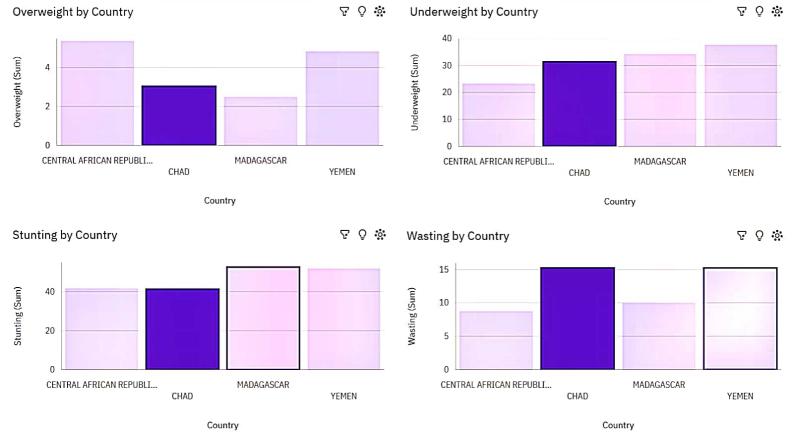


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Underweight by Country

Overweight by Country

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A	A	В	C	
1	Nutrient	Quantity Per Day		
2	Energy	8,700 kilojoules		
3	Protein	50 grams		
4	Fat	70 grams		
5	Saturated Fatty Ac	24 grams		
6	Carbohydrates	310 grams		
7	Sugars	90 grams		
8	Sodium (salt)	2.3 grams		
9	Dietary Fibre	30 grams		
10				

