

Conquering Women's and Children's Nutritional and Health Disparities of District Adilabad(Telangana)

Introduction:

The National Family Health Survey (NFHS) , provides information on population, health and nutrition for India and each State / Union territory. NFHS also provides district-level estimates for many important indicators.

In this Challenge I will be analysing the nutrition and health condition of women and children of district Adilabad(Telangana).

Adilabad is the north most district of Telangana.Talking about condition of life amenities such as electricity and water.Status of District Adilabad is good But sanitation health and nutrition status is not good.

Major findings from the analysis:

On analyzing the health and nutritional condition it was found that Anaemia is prevalent in women and women and children in district which indicate that the Health condition of women.

- About 72% children between age 6-53 months are anaemic.
- About 61% women between age 15-49 years are anaemic.
- Only 9% percent of children between the age 6-23 months get adequate diet and about 52% children under 5 years are underweight.
- About only 7.4 percent of children of age been 12-23 months have fully vaccinated to retrovirus.

Solution Proposed :

After analysing the condition following recommendation can be made:

- Spread awareness about the importance of nutrition and health during early stage of life by the means of radio,television,social media and newspaper.
- Anganbadi and ASHA workers should be properly supervised to their allotted jobs because by analysing it seem that they are not working even average in their domain.
- Village hospitals should be equipped with proper health equipments and atleast one skillful doctor for each village so that health condition of a village can be properly monitored.
- Vaccination in initial few weeks should be ensured.It is even more important because in coming years covid vaccine should also be given in initial weeks so make the vaccination machanism so strong such that even one child should not left.

•