```
RestrictContactByName.apxt
trigger RestrictContactByName on Contact (before insert, before update) {
       //check contacts prior to insert or update for invalid data
       For (Contact c : Trigger.New) {
              c.AddError('The Last Name "'+c.LastName+'" is not allowed
for DML');
              }
       }
}
TestRestrictContactByName.apxc
@isTest
public class TestRestrictContactByName {
   @isTest static void Test insertupdatecontact(){
       contact cnt = new Contact();
       cnt.LastName = 'INVALIDNAME';
       Test.startTest();
       Database.SaveResult result = Database.insert(cnt, false);
       Test.stopTest();
       System.assert(!result.isSuccess());
       System.assert(result.getErrors().size()>0);
       System.assertEquals('The Last Name "INVALIDNAME" is not allowed for DML',
result.getErrors()[0].getMessage());
}
```