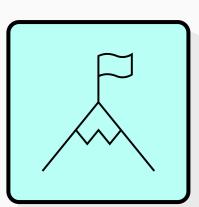
#### **THINK AND FEEL**

What are the thought that come to mind





### What do they HEAR?

What are they hearing others say?
What are they hearing from friends?
What are they hearing from colleagues?
What are they hearing second-hand?

Risk Factors

patient medical history

Different types of heart diseases

Medical Advices

Symptoms

#### What are the Pains and Gains?

## **PAINS**

What are their fears, frustrations, and anxieties?

Lack of

support

Inaccurate

Prediction



 $\left(\widehat{\mathbf{J}}\right)$ 

Time

consuming

research

process

No

Permanent

Treatment

## **GAINS**

What are their wants, needs, hopes, and dreams?

Fast Savings

Lifestyle Modification Improved Outcomes

Early Intervention Quality
Sleep
and Taking
Rest

An Idea About

what to

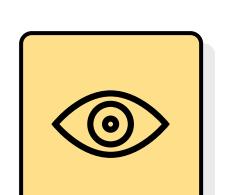
do in

emergency

situations

Analyzing data related to heart disease

Having
Emergency
Button or option
to emergency
calls



# SEE

What do they see in the marketplace?
What do they see in their immediate environment?
What do they see others saying and doing?
What are they watching and reading?

Patience from diverse background

Medical Records and Test Results

Death
Related to
Heart
Stroke

Hospital
Environment
and medical
equipment



What do they do today?
What behavior have we observed?
What can we imagine them doing?
What have we heard them say?
What can we magine them saying?

Yoga end exercise

Schedule check up with cardiologist

Maintaining proper Diet

Support from Healthcare professionals and family members

Keep
Money for
safe side

