

B

What they hear and see

Perspectives: Exposure to diverse viewpoints helps students

• Attitudes: Positive attitudes toward learning influence students.

Values: Discussions on honesty, respect, and compassion in still

Beliefs: Teachers' and peers' positive words shape students' beliefs

Critical Thinking: Challenging the status quo by teachers and peers

Problem-Solving: Collaborative discussions promote problem-solving

Decision-Making: Discussions on making good decisions contribute

Communication: Effective communication among teachers and peers

• Motivation: Genuine excitement for learning fosters student thriving.

Academic Performance: Clear expectations and feedback contribute

Behaviour: Respectful behaviour modelled by teachers and peers

Mental Health: Emotional support from teachers and peers links to

Social-Emotional Skills: Demonstrating empathy and conflict

Cultural Awareness: Embracing diversity and inclusion nurtures

Positive Self-Image: Valuing and respecting each other contributes

resolution helps students develop these skills.

to a positive self-image for students.

• Engagement: Engaging teaching methods foster active student

develop unique perspectives.

values in students.

to students' skills.

involvement.

skills.

fosters critical thinking.

cultivates students' skills.

to higher academic success.

positively influences students.

better mental well-being.

cultural awareness.

WHO are we empathizing with?

Who is the person we want to understand?

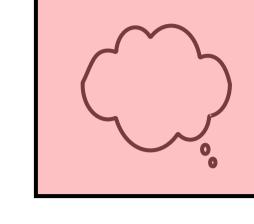
Students

What is the situation they are in? Students who are currently enrolled in some schools or universities. What is their role in the situation? They are victims in the situation.



- Encouragement
- Belief in their abilities
- Help with time management and study skills
- Access to resources and services
- A positive and supportive school environment
- Academic and Emotional support
- A positive learning environment
- Challenging and engaging coursework
- Opportunities to succeed





What do they THINK?

- I wish learning was more like solving puzzles instead of just memorizing stuff.
- I'm not going to succeed.
- "I don't want to let my parents down."
- I'm going to have to choose a different career
- I'm not as smart as the other kids.
- I'm not good at this subject.
- I'm not going to get into college.
- I'm not going to be successful in life.
- "I'm worried about getting a good job after college."
- "I'm not sure if I'm choosing the right career path."
- "I'm feeling lost and alone."
- "I'm afraid of failing.

GOAL

What do they THINK and FEEL?

PAINS

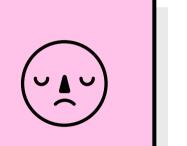
- Stressed
- Frustrated

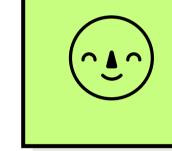
Anxious

- Discouraged Overwhelmed
- Procrastinate
- Avoid studying
- Give up easily
- Unmotivated Lost
- Alone
- Afraid
- Uncertain
- Confused Inadequate

GAINS

- Wants: Engaging learning, collaboration, relevance.
- Needs: Resources, guidance, support.
- Hopes: Holistic development, critical thinking, creativity.
- Dreams: Future opportunities, meaningful contribution.





What other thoughts and feelings might influence their behavior?

Feeling like they belong in the classroom Having a clear understanding of what is expected

Having so many expectations to fulfilled.

Feeling anxious about failing Peer-pressures

What do they SAY?



I don't understand the material.

I'm not sure if I'm smart enough for this class.

I'm bored and unchallenged.

I'm worried about failing.

I'm not sure what my future holds.

I want to do well, but sometimes it's hard to understand everything.

I'm overwhelmed by my workload.

I don't feel motivated to do my work.

CRAM FOR EXAMS

PROCRASTINATE

WHAT DO THEY DO

BUNKS CLASSES **GIVES UP EASILY**

SELF-MEDICATE

DROPS OUT OF CLASSES

TESTS & **ASSIGNMENTS**

LOSES ATTENTION **SPANS**

AVOIDS

STUDYING

ASKS FOR HELP

CHEATS FOR

AVOID DIFFICULT TASKS