

**Project Design Phase-I
Proposed Solution Template**

Date	18-10-2023
Team ID	Team-591299
Project Name	Depression a Common Mental Disorder
Maximum Marks	4

Proposed Solution Template:

S.No	Parameter	Description
1.	Problem Statement (Problem to be solved)	Depression's impact goes beyond the individual, straining healthcare systems, workplaces, and relationships. It can hinder productivity, increase healthcare costs, and contribute to social isolation.
2.	Idea / Solution description	The solution is to build an application in which the person could easily interact with a therapist based on his/her problems ;it will match you to a therapist related to your specific problem area from the comfort of their home.
3.	Novelty / Uniqueness	Customizable Therapy Plans: Allow users to tailor their therapy plans, choosing from a menu of evidence-based therapeutic modalities to best suit their needs. Reduction of Trial and Error: Traditional therapy often involves a trial-and-error process of finding the right therapist. This system minimises the frustration and time spent on unsuccessful matches by using the pre-quiz to make an initial well-informed match.
4.	Social Impact / Customer Satisfaction	Reduced Stigma: Some individuals may hesitate to seek therapy due to the perceived stigma. By providing an online platform that respects user preferences and matches them with therapists discreetly, the system can help reduce the stigma associated with seeking mental health support.

5.	Business Model (Revenue Model)	<p>-Our primary customer segment includes individuals who are looking for therapy, counselling, or mental health support.</p> <p>-Therapists and mental health professionals are another critical segment. They can register and offer their services through our platform.</p> <p>Subscription Model: Users can access basic features for free, but we offer premium subscription packages that provide additional benefits, such as priority matching, extended session lengths, and access to a broader network of therapists.</p> <p>Transaction Fees: We charge therapists a fee for each session conducted through our platform.</p>
6.	Scalability of the Solution	<p>Scalability depends on the user demand as it will have a significant impact on scalability.</p> <p>Scalability becomes crucial to ensure that the application can accommodate increased demand.</p> <p>The application's architecture will support horizontal scaling.</p>