# Visualizing And Predicting Heart Diseases with An Interactive Dashboard

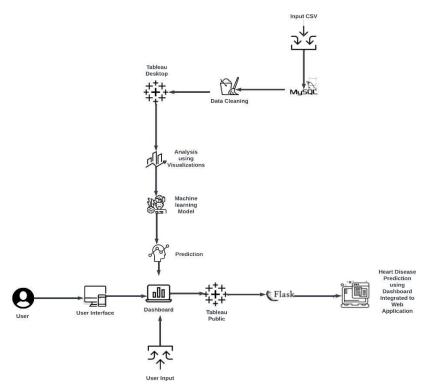
#### **Introduction:**

Our project, "Visualizing and Predicting Heart Diseases with an Interactive Dashboard," seeks to address the critical global health issue of cardiovascular diseases. These diseases, which encompass conditions like heart attacks and strokes, are the leading cause of mortality worldwide, imposing a substantial burden on healthcare systems and society at large. The key challenge is the timely identification and accurate prediction of heart diseases to enable effective intervention and prevention.

To tackle this problem, our project employs a multifaceted approach that combines advanced technology with medical expertise. At its core is an interactive dashboard, meticulously designed to integrate cutting-edge data visualization, sophisticated machine learning algorithms, and real-time health monitoring. This innovative tool not only empowers healthcare professionals with advanced diagnostic capabilities but also enables individuals to actively engage in their own cardiovascular health management.

Within the following pages, this document provides a comprehensive examination of our project. We delve into the technology underpinning our initiative, elucidate the sources of data used, describe the development of predictive models, and explore the design and functionality of the interactive dashboard. By the conclusion of this report, readers will have gained profound insights into how our groundbreaking solution contributes to the early identification and prevention of heart diseases, potentially saving numerous lives and offering a significant contribution to mitigating the global burden of cardiovascular diseases.

#### **Technical Architecture:**



## **Project Objectives:**

By the end of this project you will:

- 1. Develop an interactive dashboard for data visualization.
- 2. Create accurate predictive models for heart diseases.
- 3. Implement real-time health monitoring features.
- 4. Utilize advanced data visualization techniques.
- 5. Enhance accessibility and provide educational resources.

## **Project Flow:**

To accomplish this, we have to complete all the activities listed below,

- Define Problem / Problem Understanding
  - Specify the business problem
  - Business requirements
  - Literature Survey
  - Social or Business Impact
- Data Collection & Extraction from Database
  - Collect the dataset,
  - Storing Data in DB
  - Perform SQL Operations
  - Connect DB with Tableau
- Data Preparation
  - Prepare the Data for Visualization
- Data Visualizations
  - No of Unique Visualizations
- Dash board
  - · Responsive and Design of Dashboard
- Story
  - No of Scenes of Story
- Performance Testing
  - Amount of Data Rendered to DB
  - Utilization of Data Filters
  - No of Calculation Fields
  - No of Visualizations/ Graphs
- Web Integration
  - Dashboard and Story embed with UI With Flask
- Project Demonstration & Documentation
  - Record explanation Video for project end to end solution
  - Project Documentation-Step by step project development procedure

#### Milestone 1: Define Problem

Heart disease (heart disease) is a group of diseases related to cardiovascular diseases, manifested by a violation of the normal functioning of the heart. May be caused by damage to the epicardium, pericardium, myocardium, endocardium, valvular apparatus of the heart, heart vessels.

According to the National Heart, Lung and Blood Institute in Framingham (USA), the most important factors in the development of cardiovascular disease in humans are obesity, sedentary lifestyle and smoking.

In this project we are trying to analyse the Heart Disease related data and be able to extract some insights from the data using Business Intelligence tools. To Extract the Insights from the data and put the data in the form of visualizations, Dashboards and Story we employed Tableau tool.

#### Milestone 2: Data Collection

Data collection for this project involves gathering medical records, patient demographics, and real-time health data. We acquire anonymized patient records from healthcare institutions, integrate wearable device data, and utilize surveys to collect lifestyle information. This multifaceted approach ensures a comprehensive dataset for accurate heart disease prediction and visualization.

Data set: link

#### **Column Description of the Dataset:**

- 1. Heart Disease target trait.
- 2. BMI A value that allows you to assess the degree of correspondence between a person's mass and his height, and thereby indirectly judge whether the mass is insufficient, normal or excessive. It is important in determining the indications for the need for treatment.
- 3. Smoking: It is a major risk factor for cardiovascular disease. When smoke from a cigarette is inhaled, the reaction of the cardiovascular system immediately follows: within one minute, the heart rate begins to rise, increasing by 30% within ten minutes of smoking. The bad habit also increases blood pressure, fibrinogen and platelet levels, making blood clots more likely.
- 4. Alcohol Drinking alcohol causes not only temporary disturbances in the functioning of the heart, but also permanent ones. Heart pain after alcohol is not the only health problem associated with alcohol consumption.
- 5. Stroke Ischemic stroke occurs 4 times more often than hemorrhagic. One of the leading causes of this suffering is heart disease, which impairs its functioning, as a result of which the blood flow in the arteries is disturbed and the blood supply to the brain is reduced. Another cause of stroke in heart disease is thromboembolism, when clots form in the cavities of the heart (most often with heart failure) blood clots.
- 6. Physical Health how many days in a month did you feel poor physical health.
- 7. Mental Health how many days in a month did you feel poor mental health.
- 8. Diff Walking difficulty climbing stairs.
- 9. Sex gender of a person.
- 10. Age Category age category of the subjects.
- 11. Race- Race is a complex social construct that categorizes people into distinct groups based on certain physical and genetic characteristics
- 12. Diabetic Person suffering from Diabetes
- 13. Physical Activity adults who reported doing physical activity or exercise during the past 30 days other than their regular job
- 14. Gen Health well-being.

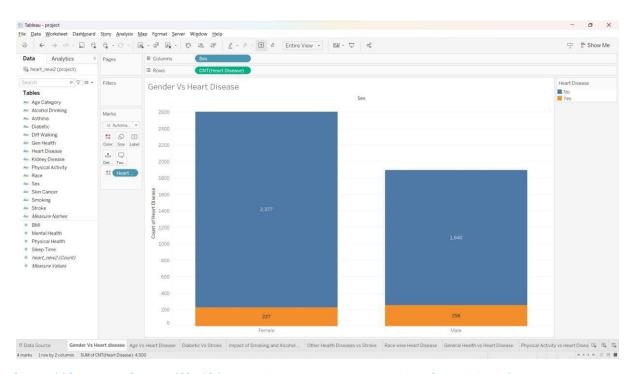
- 15. Sleep Time number of hours of sleep.
- 16. Asthma- Asthma is a chronic respiratory condition due to breathing Issue
- 17. Kidney Disease Disease related to Kidney
- 18. Skin Cancer People suffering from Skin Cancer

#### **Milestone 3: Data Preparation**

The data preparation process for visualization involves several key steps. First, we clean the raw data by addressing missing values, outliers, and inconsistencies. Next, we perform feature engineering to extract relevant variables and create new features for predictive models. Then, we normalize and scale the data to ensure consistency and remove any biases. Subsequently, we apply dimensionality reduction techniques, such as PCA (Principal Component Analysis), to simplify complex datasets. Finally, the prepared data is ready for visualization, where we employ advanced techniques like data aggregation, encoding, and transformation to create informative and user-friendly visual representations in our interactive dashboard. This meticulous data preparation ensures accurate and meaningful insights for heart disease analysis.

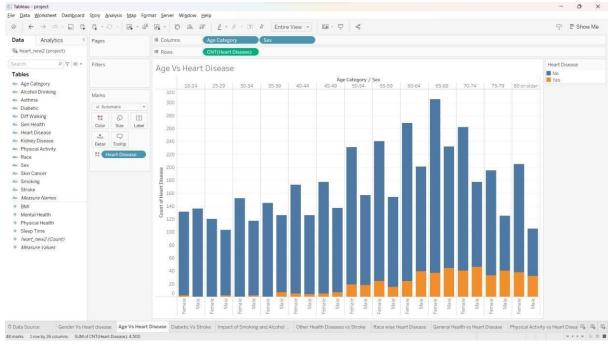
#### **Milestone 4: Data Visualization**

#### **Gender vs Heart Disease**



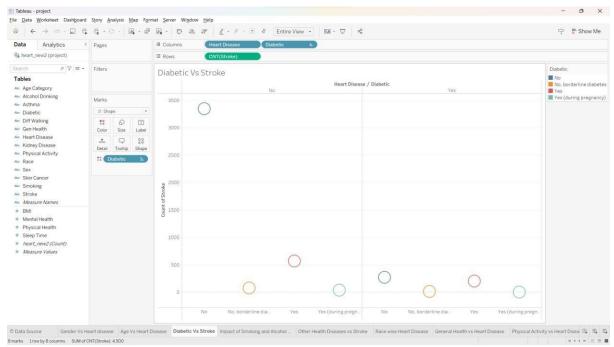
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## **Age vs Heart Disease**



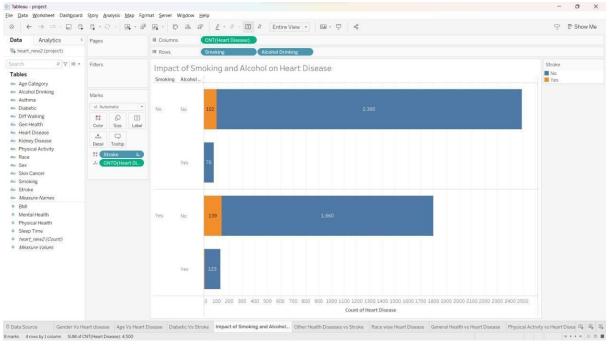
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#### **Diabetic vs Stroke**



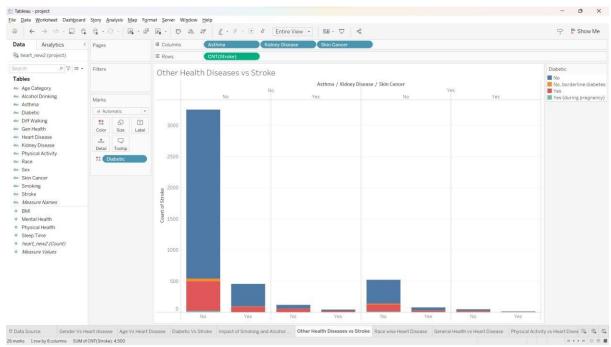
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## Impact of Smoking and Alcohol on Heart Disease



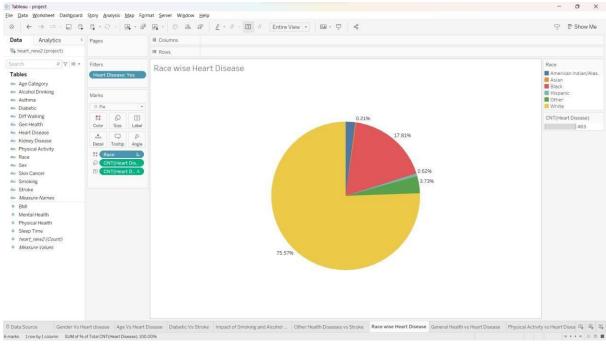
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#### Health disease vs Stroke



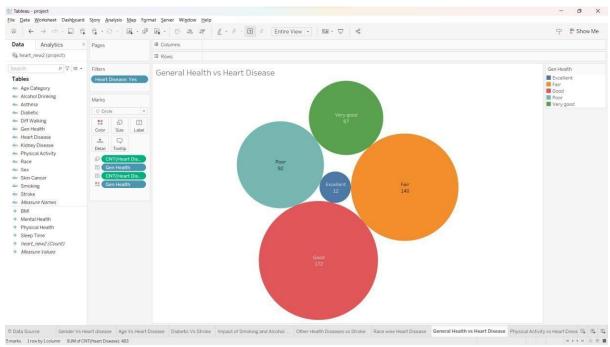
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#### **Race Wise Heart Disease**



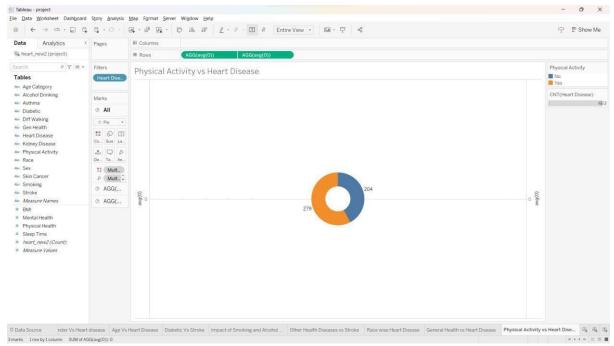
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#### General Health vs Heart Disease



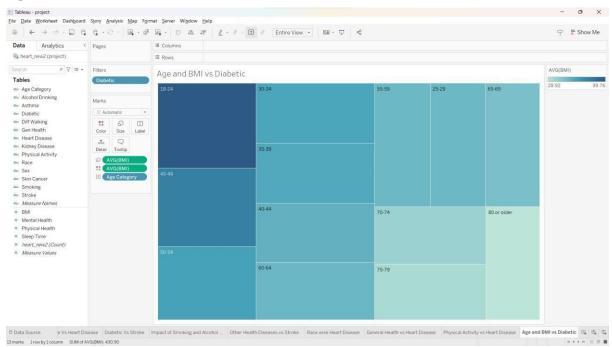
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#### Physical Activity vs Heart disease



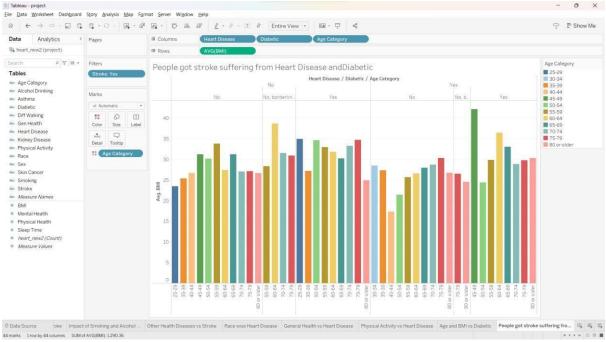
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#### Age and BMI vs Diabetic



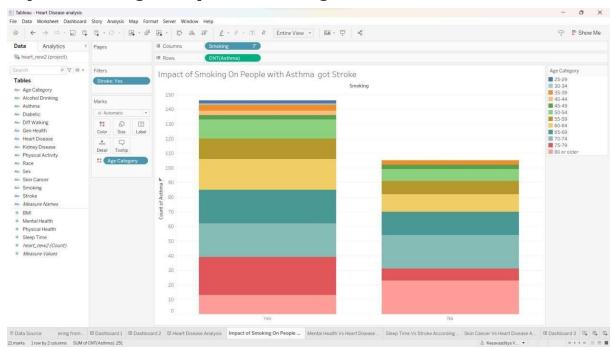
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# People got Storke suffering from Heart Disease and Diabetic



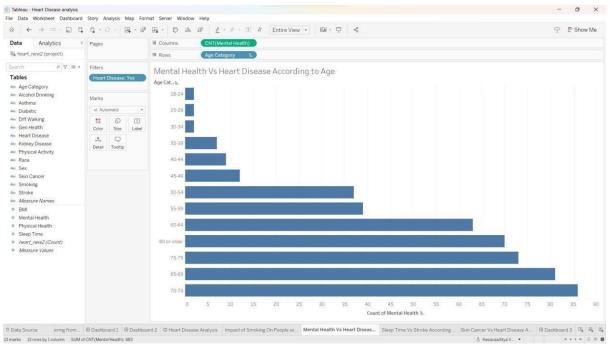
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## Impact of Smoking on People with Asthma got Stroke



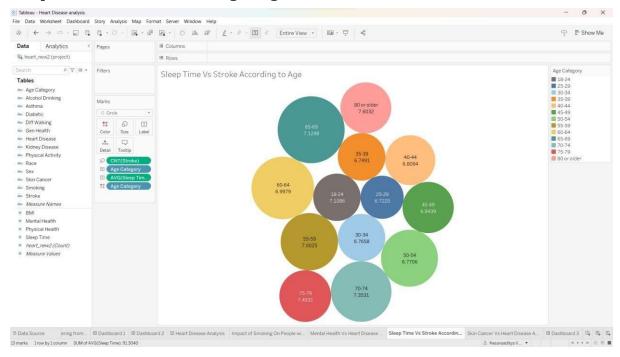
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#### Mental health vs Heart Disease according to Age



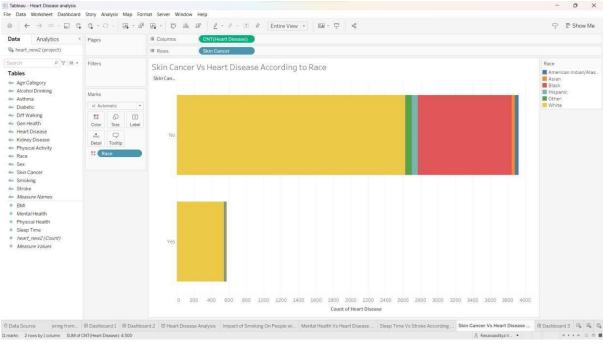
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## Sleep Time vs Stroke according to Age



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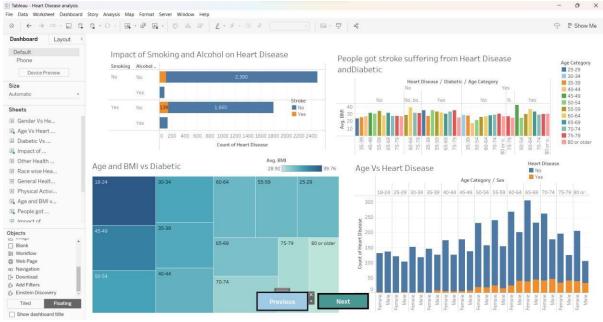
#### Skin Cancer vs Heart Disease according to Race



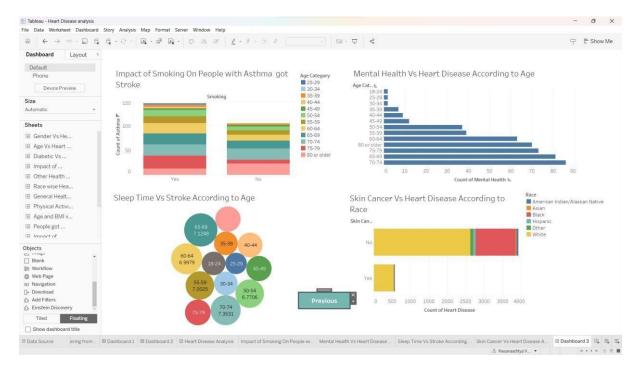
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#### Milestone 5: Dashboard

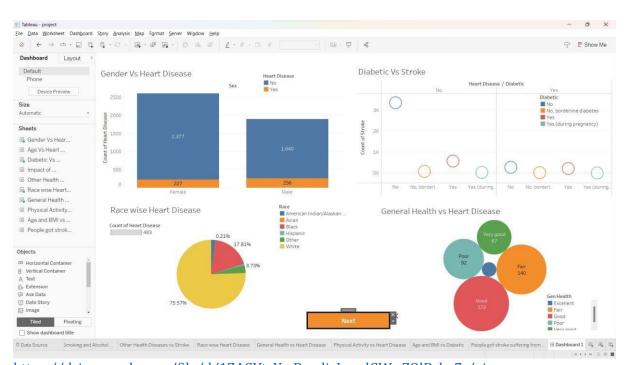
A dashboard is a graphical user interface (GUI) that displays information and data in an organized, easy-to-read format. Dashboards are often used to provide real-time monitoring and analysis of data and are typically designed for a specific purpose or use case. Dashboards can be used in a variety of settings, such as business, finance, manufacturing, healthcare, and many other industries. They can be used to track key performance indicators (KPIs), monitor performance metrics, and display data in the form of charts, graphs, and tables.



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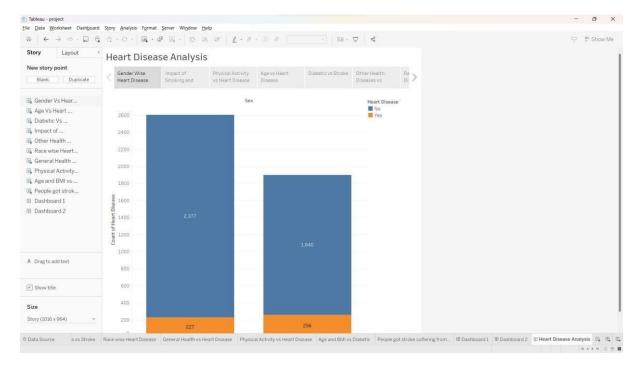
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# Milestone 6: Story

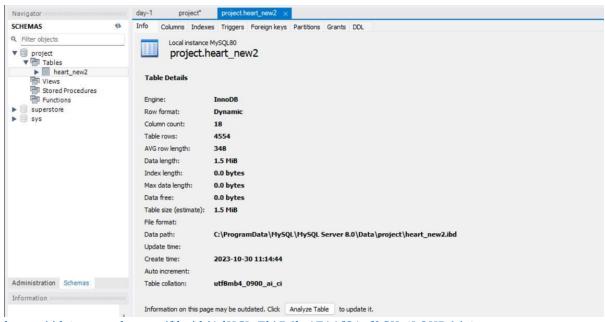
A data story is a way of presenting data and analysis in a narrative format, intending to make the information more engaging and easier to understand. A data story typically includes a clear introduction that sets the stage and explains the context for the data, a body that presents the data and analysis logically and systematically, and a conclusion that summarizes the key findings and highlights their implications. Data stories can be told using a variety of mediums, such as reports, presentations, interactive visualizations, and videos.



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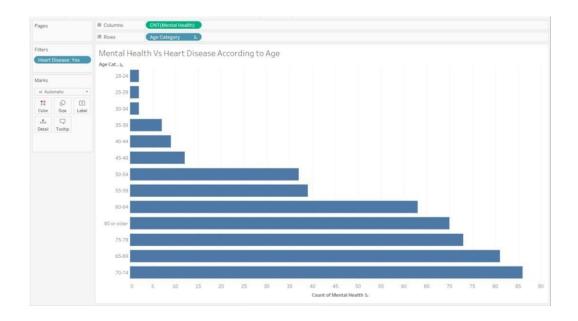
## **Milestone 7: Performance Testing**

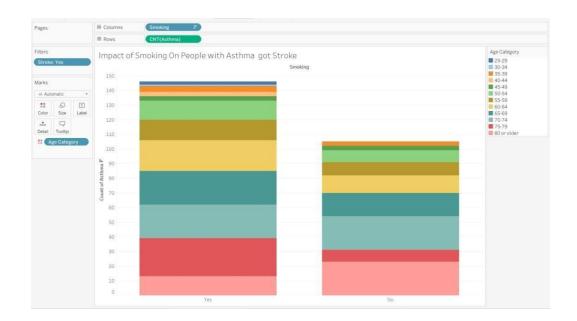
#### Amount of Data rendered to DB



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# **Utilization of Data Filters**





#### No. of Visualizations

- 1. Gender vs Heart Disease
- 2. Age vs Heart Disease
- 3. Diabetic vs Stroke
- 4. Impact of Smoking and Alcohol on Heart Disease
- 5. Health disease vs Stroke
- 6. Race Wise Heart Disease
- 7. General Health vs Heart Disease
- 8. Physical Activity vs Heart disease
- 9. Age and BMI vs Diabetic
- 10. People got Storke suffering from Heart Disease and Diabetic
- 11. Impact of Smoking on People with Asthma got Stroke
- 12. Mental health vs Heart Disease according to Age
- 13. Sleep Time vs Stroke according to Age
- 14. Skin Cancer vs Heart Disease according to Race

## **Milestone 8: Web Integration**

