

# Project Report

## Diabetes prediction using Machine Learning

### 1. INTRODUCTION

#### 1.1 Project Overview

The Diabetes Prediction project is geared towards crafting a precision-driven system capable of accurately assessing the probability of an individual developing diabetes. Central to the project is an in-depth analysis of a diverse health dataset, encompassing critical parameters such as blood sugar levels, BMI, age, and familial medical history. Leveraging the power of machine learning algorithms, the project focuses on training a robust predictive model that can distil meaningful patterns and associations within the dataset. By delving into advanced techniques such as supervised learning, the model is equipped to make informed predictions when presented with novel input parameters. Throughout this process, a commitment to data integrity, model interpretability, and ethical considerations remains paramount, ensuring the reliability and ethical deployment of the predictive system. Ultimately, the Diabetes Prediction project aspires to revolutionize early diabetes detection, offering a valuable tool for both healthcare professionals and individuals seeking proactive health management.

#### 1.2 Purpose

This project serves a critical purpose in combating the escalating global prevalence of diabetes by developing a dependable and precise prediction system. By furnishing healthcare professionals with this tool, the project aims to facilitate early identification of individuals at risk of developing diabetes. This early recognition paves the way for timely implementation of preventive measures and personalized healthcare interventions, significantly enhancing the overall management of diabetes and its associated health risks on a global scale.

### 2. LITERATURE SURVEY

#### 2.1 Existing problem

A review of existing literature reveals that diabetes has become a global health concern, affecting millions of people worldwide and Discuss the challenges associated with diabetes prediction, such as the reliance on manual diagnostic methods, limited accessibility to healthcare facilities for screening, and the need for early detection to improve patient outcomes. Highlight the shortcomings of existing prediction models and emphasize the significance of developing an accurate and reliable diabetes prediction system.

#### 2.2 References

Gill, N.S.; Mittal, P. A computational hybrid model with two level classification using SVM and neural network for predicting the diabetes disease. *J. Theor. Appl. Inf. Technol.* **2016**, *87*, 1–10.

Kavakiotis I., Tsave O., Salifoglou A., Maglaveras N., Vlahavas I., Chouvarda I. Machine Learning and Data Mining Methods in Diabetes Research Computational and Structural Biotechnology Journal, 15

(2017), pp. 104-116

Nai-Arun N., Moungrmai R. Comparison of Classifiers for the Risk of Diabetes Prediction Procedia Computer Science, 69 (2015), pp. 132-142

### **2.3 Problem Statement Definition**

The problem at hand involves the widespread lack of early detection and preventive measures for individuals at high risk of developing diabetes. This issue extends across diverse demographics, impacting the well-being of affected individuals and communities. The urgency lies in addressing this problem promptly to avert potential health complications, reduce healthcare costs, and enhance overall quality of life. Failure to solve this problem could lead to an increased incidence of diabetes-related complications, exacerbating healthcare burdens and compromising the well-being of those at risk.

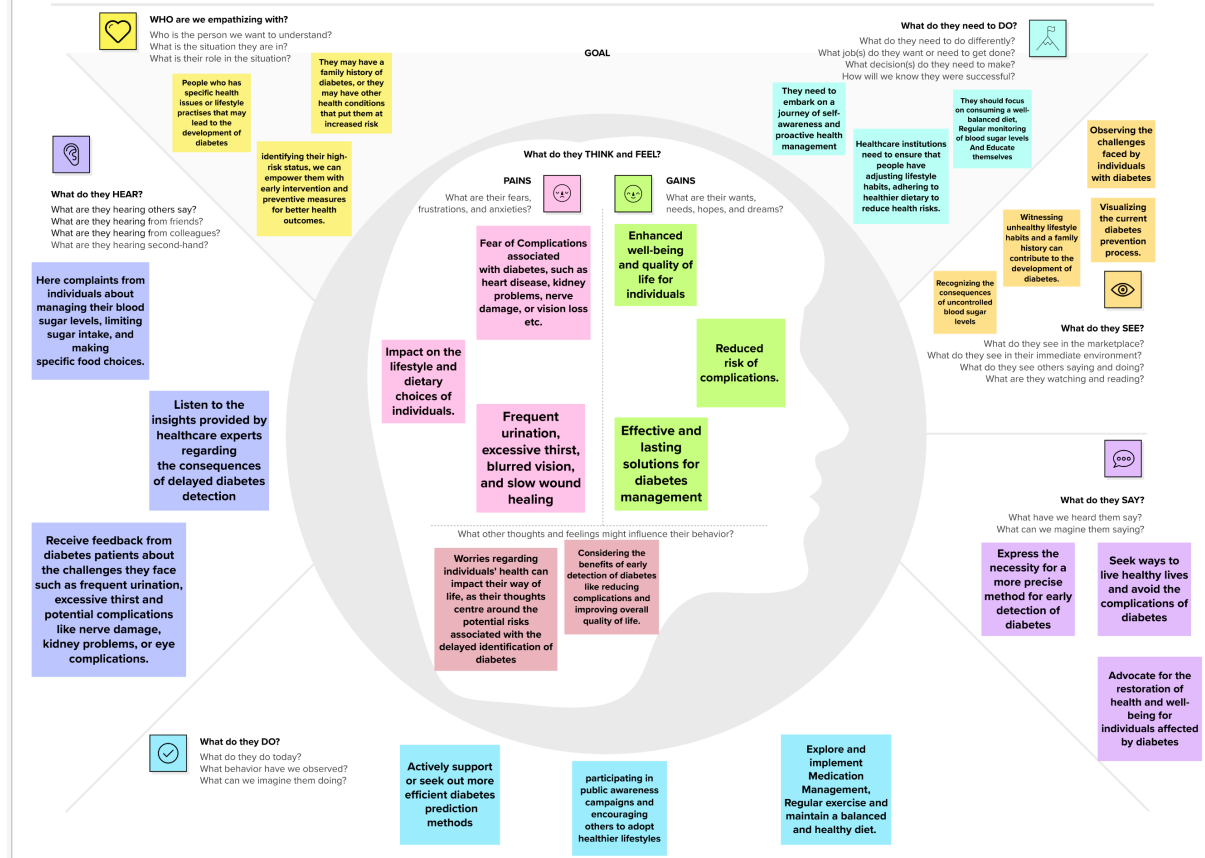
## **3. IDEATION & PROPOSED SOLUTION**

### **3.1 Empathy Map Canvas**



## Diabetes Prediction Using Machine Learning

aims to provide an effective solution for early detection and prevention of diabetes using advanced data analysis techniques. This technology-driven approach aims to empower healthcare professionals to intervene early, provide personalized recommendations, and improve patient outcomes. Ultimately, the project aims to contribute to better disease management, reduced healthcare costs, and improved quality of life for individuals living with or at risk of diabetes.



## 3.2 Ideation & Brainstorming



## Brainstorm & idea prioritization

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

🕒 10 minutes to prepare

🕒 1 hour to collaborate

👤 2-8 people recommended



### Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

🕒 10 minutes



#### Team gathering

Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.



#### Set the goal

Think about the problem you'll be focusing on solving in the brainstorming session.



#### Learn how to use the facilitation tools

Use the Facilitation Superpowers to run a happy and productive session.

[Open article](#) →



### Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

🕒 5 minutes

#### PROBLEM

The issue at hand is that many people at high risk of developing diabetes aren't getting the early detection and preventive measures they need. This affects various communities and can lead to health complications, increased healthcare costs, and a lower quality of life. It's urgent to address this problem promptly to improve the well-being of individuals at risk and the overall health of communities.



#### Key rules of brainstorming

To run a smooth and productive session



Stay in topic.



Encourage wild ideas.



Defer judgment.



Listen to others.



Go for volume.



If possible, be visual.

2

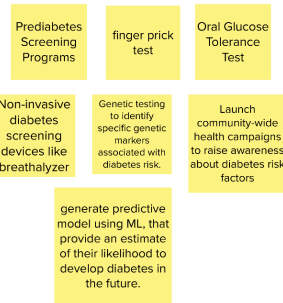
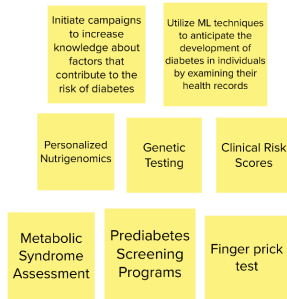
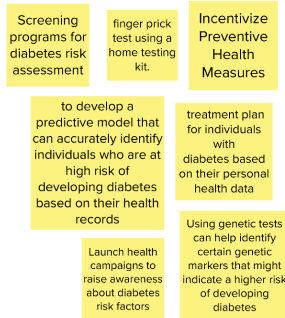
**Brainstorm**

Write down any ideas that come to mind that address your problem statement.

🕒 10 minutes

**TIP**

You can select a sticky note and hit the pencil (switch to sketch) icon to start drawing!

**Tasneem****Prasuna****Shreya****Harini**

3

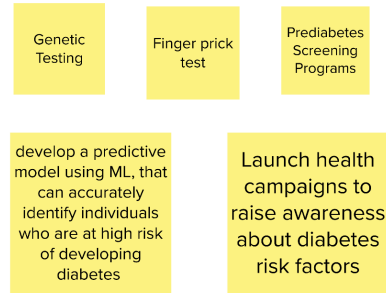
**Group ideas**

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

🕒 20 minutes

**TIP**

Add customizable tags to sticky notes to make it easier to find, browse, organize, and categorize important ideas as themes within your mind.



4

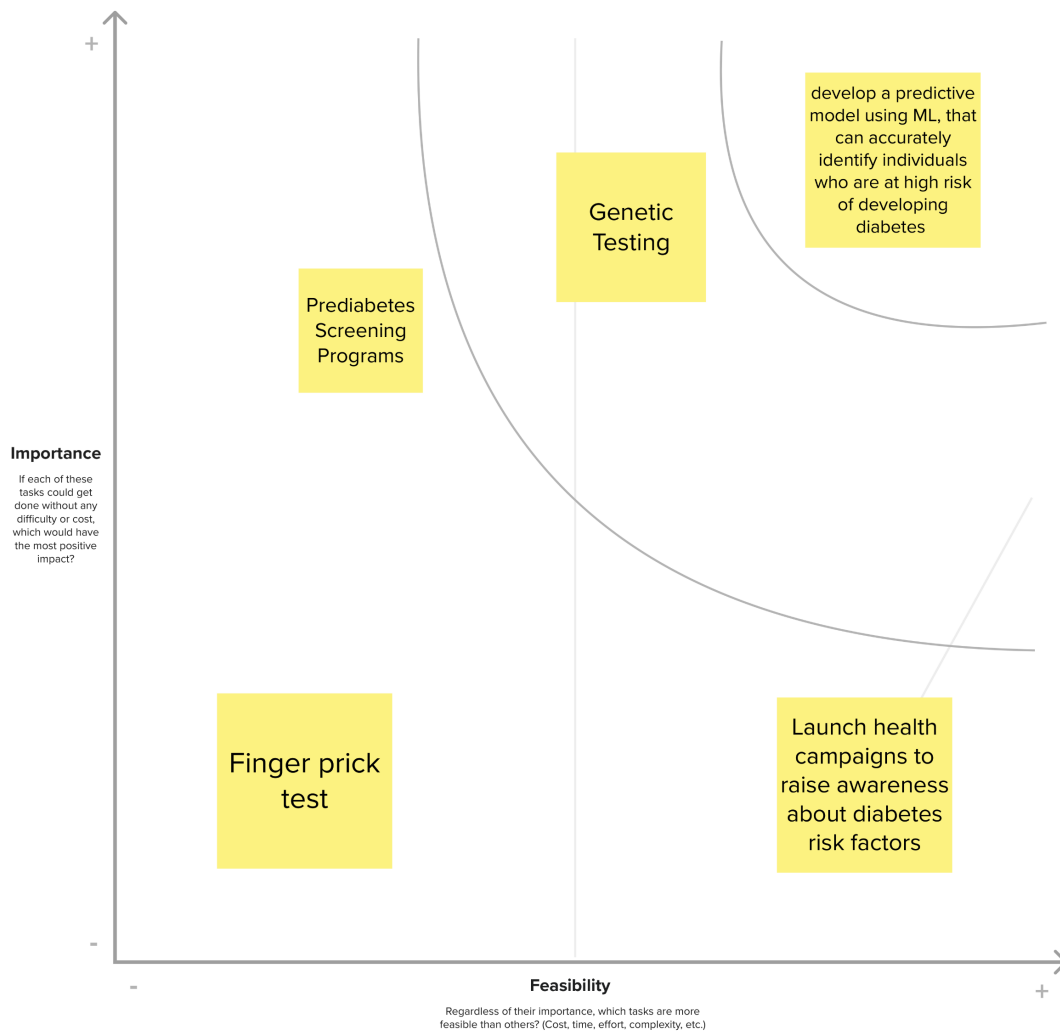
## Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

🕒 20 minutes

### TIP

Participants can use their cursors to point at where sticky notes should go on the grid. The facilitator can confirm the spot by using the laser pointer holding the **H** key on the keyboard.



## 4. REQUIREMENT ANALYSIS

### 4.1 Functional requirement

The functional requirements for the diabetes prediction project include:

- Data collection and preprocessing: Collecting relevant health-related data and preprocessing it to remove any inconsistencies or missing values.

- Model development: Developing a predictive model using machine learning algorithms such as logistic regression, decision trees, or support vector machines.
- Model evaluation: Evaluating the performance of the developed model using appropriate evaluation metrics such as accuracy, sensitivity, specificity, and area under the ROC curve.
- User interface: Designing a user-friendly interface that allows users to input their health-related features and obtain the predicted likelihood of developing diabetes.

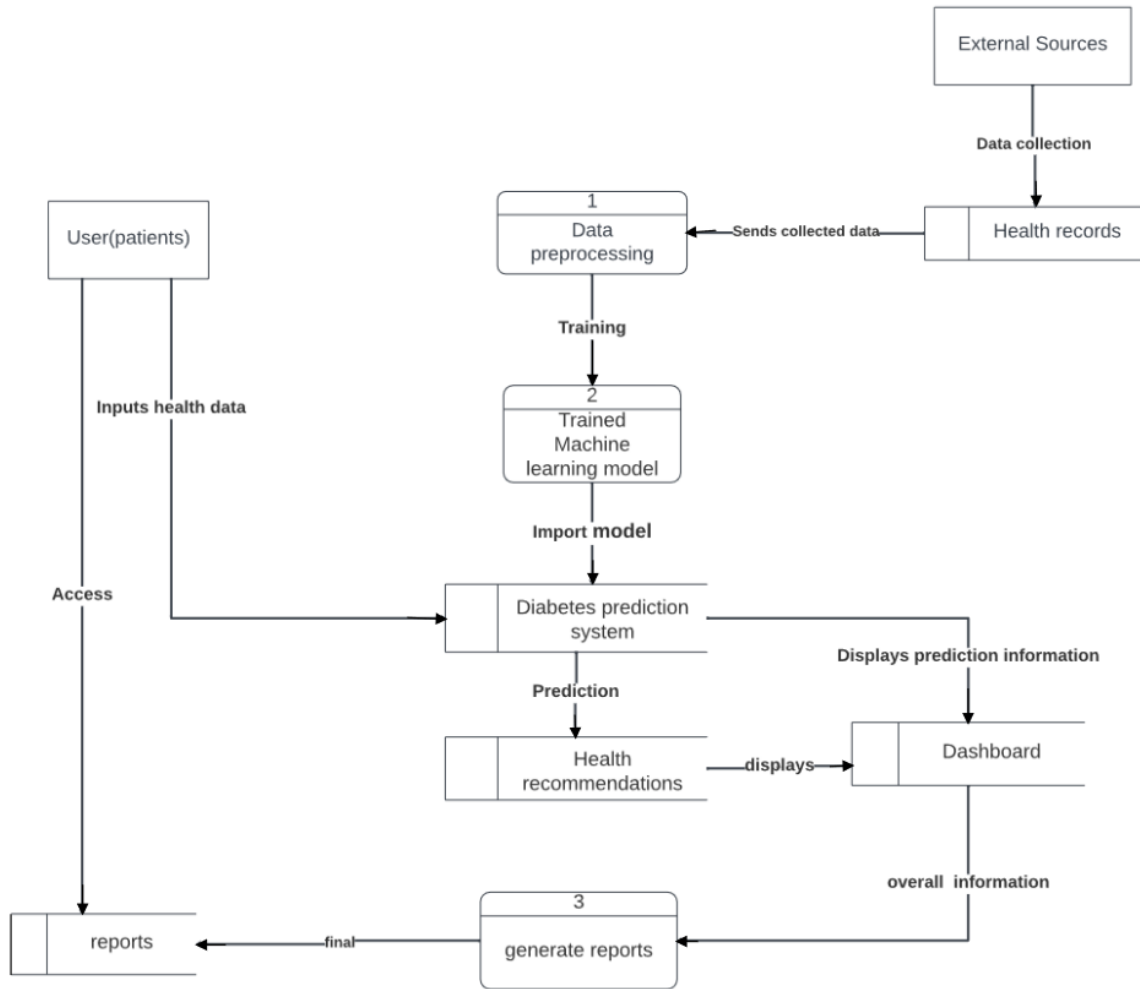
#### **4.2 Non-Functional requirements**

The non-functional requirements for the diabetes prediction project include:

- Accuracy: The predictive model should achieve a high level of accuracy in predicting the likelihood of diabetes.
- Performance: The system should be able to process input data and provide predictions in a timely manner.
- Usability: The user interface should be intuitive and easy to use, requiring minimal technical expertise.
- Security: The system should ensure the confidentiality and privacy of user data.
- Scalability: The system should be able to handle a large volume of data and accommodate future growth.

### **5. PROJECT DESIGN**

#### **5.1 Data Flow Diagrams & User Stories**

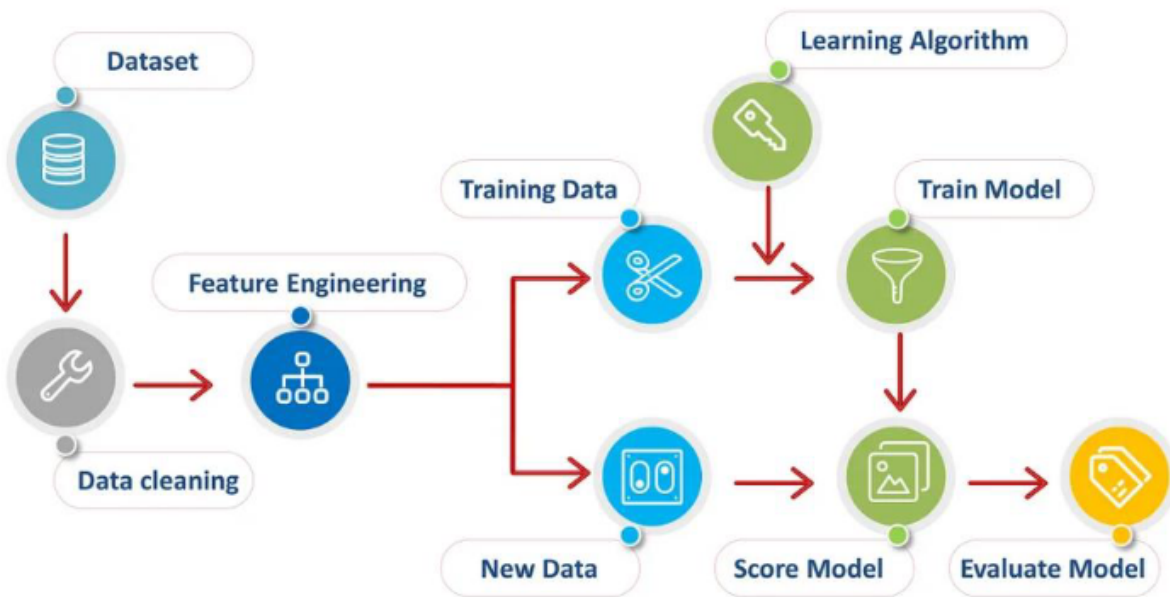


#### User Stories

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Healthcare Professionals	Predict Diabetes Onset	USN-1	As a healthcare professional, I want to input patient health records and relevant parameters to predict the onset of diabetes.	The system should accept input data including blood pressure, BMI, heart diseases, cholesterol levels, age, family history, and lifestyle habits.	High	Sprint 1
Healthcare Institutions and local government	Data collection	USN-2	As a health care institutions, I want to collect and Gather a comprehensive dataset of health records and relevant parameters for training the diabetes prediction model.	Collect a diverse and representative dataset containing information such as blood pressure, BMI, heart diseases, cholesterol levels, age, family history, and lifestyle habits	High	Sprint 1
Researchers and Academics	data preprocessing	USN-3	Preprocess the collected dataset by cleaning, normalizing, and splitting it into training and validation sets.	Successfully clean and preprocess the dataset, handling missing values, outliers, and data inconsistencies.	High	Sprint 2
Healthcare Professionals	Model Development & Training	USN-4	select the most suitable model for predicting diabetes onset and Train the selected machine learning model using the preprocessed dataset.	Train the model using the preprocessed dataset. Monitor and optimize the model's performance on the validation set	High	Sprint 3
System Administrators	Model Deployment & Integration	USN-5	As a system Administrator, I want to Deploy the trained machine learning model as a service or API and integrate it into a user-friendly interface.	Develop a user interface for individuals to input their health records and receive diabetes prediction results.	medium	Sprint 4
Individuals/Patients	Personalized Risk Assessment	USN-6	As an individual, I want to input my health data into the system to receive a personalized risk assessment for diabetes onset.	The report should explain the factors that contribute to their risk of diabetes, and provide recommendations for reducing their risk	medium	Sprint 5
Researchers And Academics	Model Evaluation and Enhancement	USN-7	As a researcher, I want tools to evaluate the effectiveness of the diabetes prediction model and continuously enhance its performance.	Implement model evaluation metrics (e.g., accuracy, precision, recall).	medium	Sprint 5

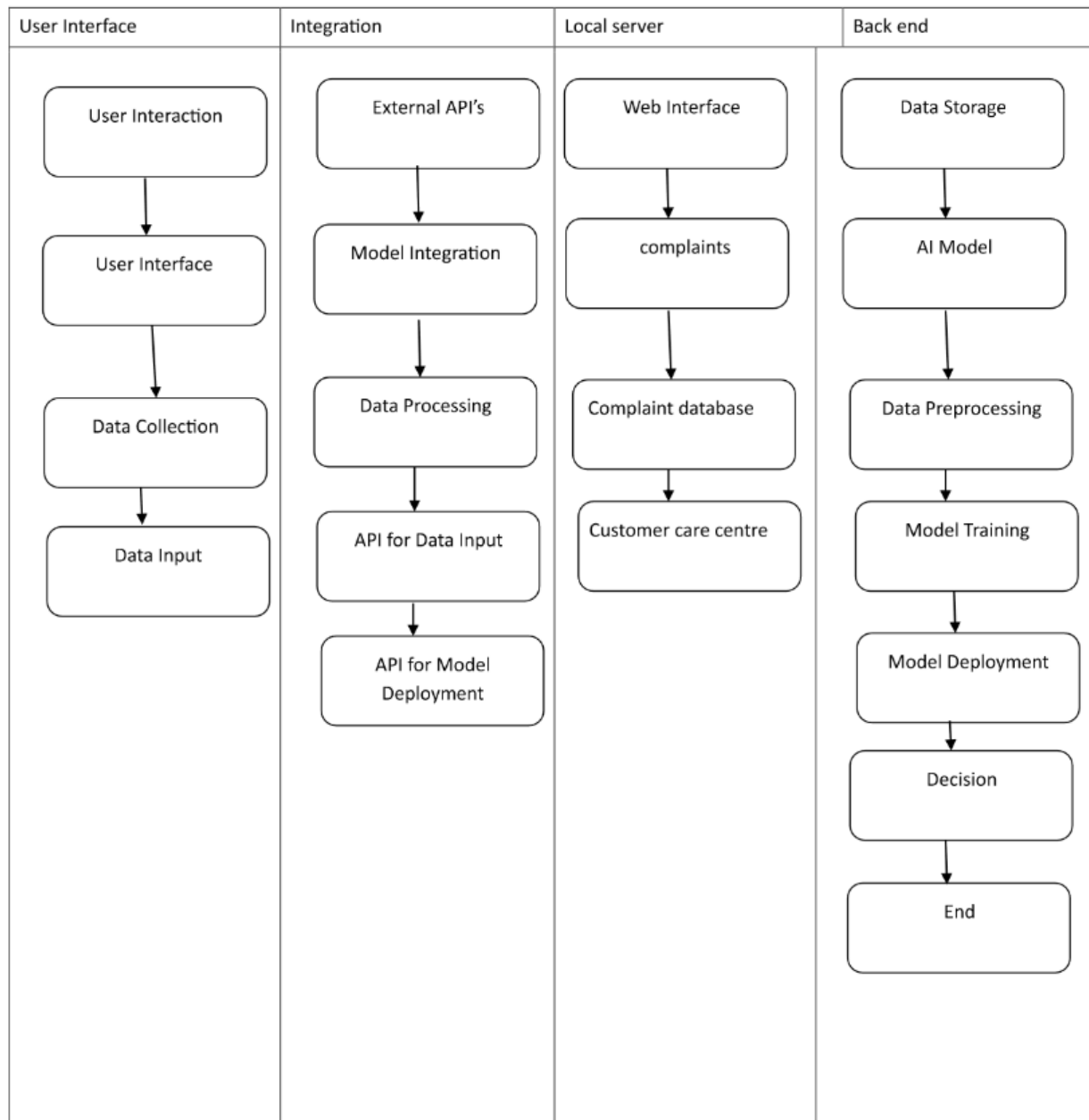


## 5.2 Solution Architecture



## 6. PROJECT PLANNING & SCHEDULING

### 6.1 Technical Architecture



## 6.2 Sprint Planning & Estimation

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Project Initialization & Infrastructure Setup	USN-1	As a healthcare professional, I want Set up the development environment with the required tools and frameworks to start the diabetes prediction project.	1	High	Tasneem
Sprint-1	Data collection	USN-2	As a health care institutions, I want to collect and Gather a comprehensive dataset of health records and relevant parameters for training the diabetes prediction model.	2	High	Prasuna
Sprint-2	data preprocessing	USN-3	Preprocess the collected dataset by cleaning, normalizing, and splitting it into training and validation sets.	3	High	Prasuna
Sprint-3	Model Development & Training	USN-4	select the most suitable model for predicting diabetes onset and Train the selected machine learning model using the preprocessed dataset.	5	High	Shreya
Sprint-4	model deployment & Integration	USN-5	As a system Administrator, I want to Deploy the trained machine learning model as a service or API and integrate it into a user-friendly interface.	6	High	Harini
Sprint-5	Personalized Risk Assessment	USN-6	As an individual, I want to input my health data into the system to receive a personalized risk assessment for diabetes onset.	1	medium	Tasneem
Sprint-5	Model Evaluation and Enhancement	USN-7	As a researcher, I want tools to evaluate the effectiveness of the diabetes prediction model and continuously enhance its performance.	2	High	Tasneem

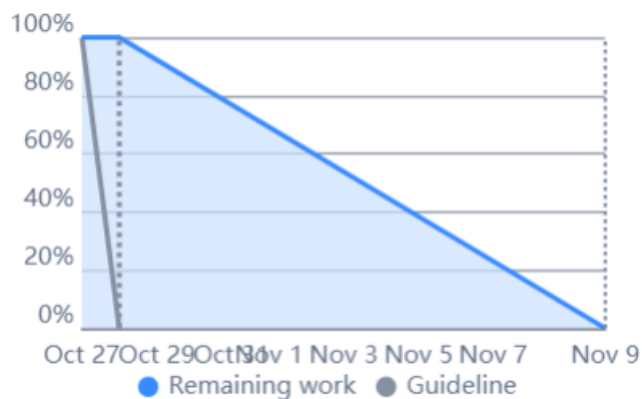
## 6.3 Sprint Delivery Schedule

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date(Actual)
Sprint-1	3	1 Day	28 oct 2023	28 oct 2023	3	28 oct 2023
Sprint-2	3	1 Day	29 oct 2023	29 oct 2023	3	29 oct 2023
Sprint-3	5	3 Days	30 oct 2023	1 nov 2023	5	1 nov 2023
Sprint-4	6	3 Days	2 nov 2023	4 nov 2023	6	4 nov 2023
Sprint-5	3	2 Days	5 nov 2023	6 nov 2023	3	6 nov 2023

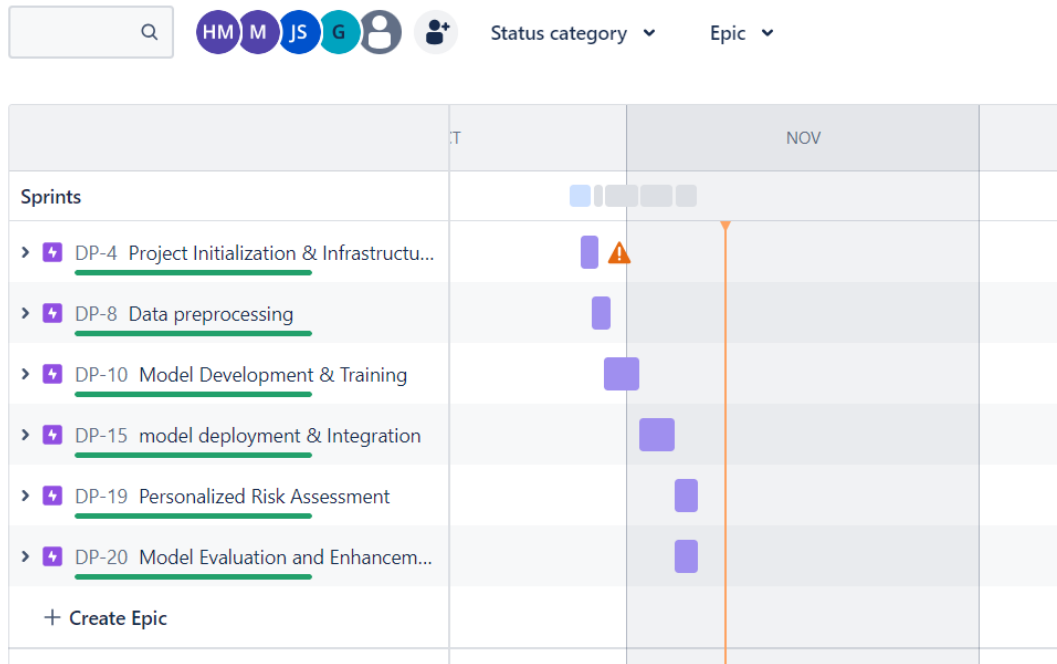
## Sprint burndown

BETA ? v

3 points done, 0 points to go



## Timeline



## Sprint 1

want Set up the development environment with the required tools and frameworks to start the diabetes prediction project



HM G M
Epic
GROUP BY Epic
In

TO DO	IN PROGRESS	DONE 2
<div> <div> DP-4 Project Initialization &amp; Infrastructure Setup and Data collection 2 issues </div> <div>TO DO</div> </div> <div> <div> As a health care institutions, I want to collect and Gather a comprehensive dataset of health records and relevant parameters for training the diabetes prediction model. </div> <div> DP-7 2 G </div> </div> <div> <div> As a healthcare professional, I want Set up the development environment with the required tools and frameworks to start the diabetes prediction project. </div> <div> DP-6 1 M </div> </div>		

## 7. CODING & SOLUTIONING (Explain the features added in the project along with code)

### 7.1 Feature 1

data analysis, data preprocessing, model deployment:

```
import pandas as pd
import numpy as np
import seaborn as sns
import matplotlib.pyplot as plt
from sklearn.preprocessing import MinMaxScaler
from sklearn.model_selection import train_test_split
from imblearn.over_sampling import SMOTE
from sklearn.linear_model import LogisticRegression
from sklearn.neighbors import KNeighborsClassifier
from sklearn.naive_bayes import GaussianNB
from sklearn.tree import DecisionTreeClassifier
from sklearn.ensemble import RandomForestClassifier
from sklearn.svm import SVC
from sklearn.metrics import accuracy_score,
confusion_matrix, classification_report

#load the dataset
df=pd.read_csv('/content/diabetes_012_health_indicators_BRFSS2015.csv')
df.head()
# descriptive statistics
# statistical analysis of the data
df.describe()
#comparing all attributes with Diabetes_012
for i in attributes:
    plt.figure(figsize=(5, 3))

pd.crosstab(df[i],df.Diabetes_012).plot(kind="bar",figsize=(30,12),color=['
green', 'yellow','red' ])

plt.show()
up_outlier =['Stroke',
'HeartDiseaseorAttack', 'HvyAlcoholConsump', 'NoDocbcCost', 'GenHlth',
```

```

'MentHlth', 'PhysHlth', 'DiffWalk']]
low_outlier = ['CholCheck', 'PhysActivity', 'Veggies', 'AnyHealthcare']
#outlier removal by replacement with median
q1=df.BMI.quantile(0.25) # q1
q3=df.BMI.quantile(0.75) # q3
IQR=q3-q1

upper_limit=q3+1.5*IQR # upper limit value

lower_limit=q1-1.5*IQR

df['BMI']=np.where(df['BMI']>upper_limit,27,df['BMI'])
df['BMI']=np.where(df['BMI']<lower_limit,27,df['BMI'])

#outlier removal by replacement with median
for i in up_outlier:
    q1=df[i].quantile(0.25) # q1
    q3=df[i].quantile(0.75) # q3
    IQR=q3-q1
    upper_limit=q3+1.5*IQR # upper limit value
    lower_limit=q1-1.5*IQR
    df[i]=np.where(df[i]>upper_limit,df[i].median(),df[i])

for i in low_outlier:
    q1=df[i].quantile(0.25) # q1
    q3=df[i].quantile(0.75) # q3
    IQR=q3-q1
    upper_limit=q3+1.5*IQR # upper limit value
    lower_limit=q1-1.5*IQR
    df[i]=np.where(df[i]<lower_limit,df[i].median(),df[i])

q1=df['PhysHlth'].quantile(0.25) # q1
q3=df['PhysHlth'].quantile(0.75) # q3
IQR=q3-q1
upper_limit=q3+1.5*IQR # upper limit value
lower_limit=q1-1.5*IQR

```

```

df['PhysHlth']=np.where(df['PhysHlth']>upper_limit,df['PhysHlth'].median(),df['PhysHlth'])

q1=df['MentHlth'].quantile(0.25) # q1
q3=df['MentHlth'].quantile(0.75) # q3
IQR=q3-q1
upper_limit=q3+1.5*IQR # upper limit value
lower_limit=q1-1.5*IQR

df['MentHlth']=np.where(df['MentHlth']>upper_limit,df['MentHlth'].median(),df['MentHlth'])
x=df.iloc[:,1:]
x.head()
y=df.Diabetes_012
y.head()
#balancing the data
smote=SMOTE()
x_smote,y_smote = smote.fit_resample(x,y)
# train test split
x_train,x_test,y_train,y_test =
train_test_split(x_smote,y_smote,test_size=0.3,random_state=47)
# scaling independent variables
scale = MinMaxScaler()
x_train_scaled=
pd.DataFrame(scale.fit_transform(x_train),columns=x_train.columns)
x_test_scaled=

## Model building

modell = LogisticRegression()

modell.fit(x_train_scaled,y_train)
y_pred1 = modell.predict(x_test_scaled)
y_pred1_train = modell.predict(x_train_scaled)
print('Testing Accuracy = ', accuracy_score(y_test,y_pred1))
print('Training Accuracy = ', accuracy_score(y_train,y_pred1_train))

```

```

# model building -2

model2 = KNeighborsClassifier()
model2.fit(x_train_scaled,y_train)

y_pred2= model2.predict(x_test_scaled)
y_pred2_train = model2.predict(x_train_scaled)
print('Testing Accuracy = ', accuracy_score(y_test,y_pred2))
print('Training Accuracy = ', accuracy_score(y_train,y_pred2_train))
model3 = GaussianNB()

model3.fit(x_train_scaled,y_train)

y_pred3 = model3.predict(x_test_scaled)

y_pred3_train = model3.predict(x_train_scaled)

print("Test accuracy", accuracy_score(y_test,y_pred3))
print("Train accuracy", accuracy_score(y_train,y_pred3_train))
model4 = DecisionTreeClassifier(max_depth=12)
model4.fit(x_train_scaled,y_train)
y_pred4 = model4.predict(x_test_scaled)

y_pred4_train = model4.predict(x_train_scaled)
print("Test accuracy", accuracy_score(y_test,y_pred4))
print("Train accuracy", accuracy_score(y_train,y_pred4_train))
pd.DataFrame(scale.fit_transform(x_test),columns=x_test.columns)model5.fit(x
_train_scaled,y_train)
y_pred5 = model5.predict(x_test_scaled)

y_pred5_train = model5.predict(x_train_scaled)
print("Test accuracy", accuracy_score(y_test,y_pred5))
print("Train accuracy", accuracy_score(y_train,y_pred5_train))

pd.crosstab(y_test, y_pred5)
print(classification_report(y_test, y_pred5))

```



```

from sklearn.metrics import confusion_matrix, classification_report
# Plot the confusion matrix using Seaborn's heatmap
cm5 = confusion_matrix(y_test, y_pred5)
sns.heatmap(cm5, annot=True, fmt='d', cmap='Blues', cbar=True)

plt.show()

import pickle
pickle.dump(model5, open('db_prediction.pkl', 'wb'))

```

```

model5 = RandomForestClassifier(max_depth = 12, n_estimators = 10,
random_state=47)

```

## 7.2 Feature 2

Flask file code:

```

from flask import Flask, render_template, request
import pickle
import numpy as np
import pandas as pd
app = Flask(__name__)

# Load the model from the pickle file
model = pickle.load(open('db_prediction.pkl', 'rb'))

@app.route('/')
def start():
    return render_template('index.html')

@app.route("/login", methods=['POST'])
def login():
    Sex = request.form['Sex']
    if (Sex=='Male'):
        Sex=1
    else:
        Sex=0

```

```
HighBP = request.form['HighBP']
```

```
if (HighBP=='yes'):
```

```
    HighBP=1
```

```
else:
```

```
    HighBP=0
```

```
Fruits = request.form['Fruits']
```

```
if (Fruits=='yes'):
```

```
    Fruits=1
```

```
else:
```

```
    Fruits=0
```

```
Veggies = request.form['Veggies']
```

```
if (Veggies=='yes'):
```

```
    Veggies=1
```

```
else:
```

```
    Veggies=0
```

```
AnyHealthcare = request.form['AnyHealthcare']
```

```
if (AnyHealthcare=='yes'):
```

```
    AnyHealthcare=1
```

```
else:
```

```
    AnyHealthcare=0
```

```
Highchol =request.form['Highchol']
```

```
if (Highchol=='yes'):
```

```
    Highchol=1
```

```
else:
```

```
    Highchol=0
```

```
Age= request.form['Age']
```

```
if (Age=='1'):
```

```
    Age=1
```

```
elif (Age=='2'):
```

```
    Age=2
```

```
elif (Age=='3'):
```

```
    Age=3
```

```
elif (Age=='4'):
```

```
    Age=4
```

```
elif (Age=='5'):
```

```
    Age=5
```

```
elif (Age=='6'):
```

```
    Age=6
```

```
elif (Age=='7'):
```

```
    Age=7
```

```
elif (Age=='8'):
```

```
    Age=8
```

```
elif (Age=='9'):
```

```
    Age=9
```

```
elif (Age=='10'):
```

```
    Age=10
```

```
elif (Age=='11'):
```

```
    Age=11
```

```
elif (Age=='12'):
```

```
    Age=12
```

```
else:
```

```
    Age=13
```

```
BMI = request.form['BMI']
```

```
Smoker = request.form['Smoker']
```

```
if (Smoker=='yes'):
```

```
    Smoker=1
```

```
else:
```

```
    Smoker=0
```

```
CholCheck = request.form['CholCheck']
```

```
if (CholCheck=='yes'):
```

```
    CholCheck=1
```

```
else:
```

```
    CholCheck=0
```

```
Stroke = request.form['Stroke']
```

```
if (Stroke=='yes'):
```

```
    Stroke=1
```

```
else:
```

```
    Stroke=0
```

```
HvyAlcoholConsump= request.form['HvyAlcoholConsump']
```

```
if (HvyAlcoholConsump=='yes'):
```

```
    HvyAlcoholConsump=1
```

```
else:
```

```
    HvyAlcoholConsump=0
```

```
Diffwalk= request.form['Diffwalk']
```

```
if (Diffwalk=='yes'):
```

```
    Diffwalk=1
```

```
else:
```

```
    Diffwalk=0
```

```
HeartDiseaseorAttack = request.form['HeartDiseaseorAttack']
```

```
if (HeartDiseaseorAttack=='yes'):
```

```
    HeartDiseaseorAttack=1
```

```
else:
```

```
    HeartDiseaseorAttack=0
```

```
PhysActivity= request.form['PhysActivity']
```

```
if (PhysActivity=='yes'):
```

```
    PhysActivity=1
```

```
else:
```

```
    PhysActivity=0
```

```
NoDocbcCost = request.form['NoDocbcCost']
```

```
if (NoDocbcCost=='yes'):
```

```
    NoDocbcCost=1
```

```
else:
```

```
    NoDocbcCost=0
```

```
GenHlth =request.form['GenHlth']
```

```
if (GenHlth=='1'):
```

```
    GenHlth=1
```

```
elif (GenHlth=='2'):
```

```
    GenHlth=2
```

```
elif (GenHlth=='3'):
```

```
    GenHlth=3
```

```
elif (GenHlth=='4'):
```

```
    GenHlth=4
```

```
else:
```

```
    GenHlth=5
```

```
MentHlth = request.form['MentHlth']
```

```
PhysHlth =request.form['PhysHlth']
```

```
Education =request.form['Education']
```

```
if (Education=='1'):
```

```
    Education=1
```

```
elif (Education=='2'):
```

```
    Education=2
```

```
elif (Education=='3'):
```

```
    Education=3
```

```
elif (Education=='4'):
```

```
    Education=4
```

```
else:
```

```
    Education=5
```

```
Income =request.form['Income']
```

```
if (Income=='1'):
```

```
    Income=1
```

```
elif (Income=='2'):
```

```
    Income=2
```

```
elif (Income=='3'):
```

```
    Income=3
```

```
elif (Income=='4'):
```

```

        Income=4
    elif (Income=='5'):
        Income=5
    elif (Income=='6'):
        Income=6
    elif (Income=='7'):
        Income=7
    else:
        Income=8

input_data = [[float(HighBP) ,float(Highchol) ,
float(CholCheck),float(BMI),float(Smoker),float(Stroke),float(HeartDiseaseorAtt
ack),float(PhysActivity),float(Fruits),float(Veggies),
float(HvyAlcoholConsump), float(AnyHealthcare), float(NoDocbcCost),
float(GenHlth),float(PhysHlth),float(MentHlth),float(Diffwalk),float(Sex),float(A
ge),float(Education),float(Income) ]]

output= model.predict(input_data)

if (output == 0):
    return render_template('result.html', result='Good News, Diabetes
not present',rec="According to our prediction model, there is currently no
indication that you have diabetes. However, it's important to view this as
a snapshot, and maintaining a healthy lifestyle is key to ongoing well-
being.",rec1="To continue minimizing the risk of diabetes, we recommend
staying active, eating a balanced diet rich in fruits and vegetables, and
maintaining a healthy weight. Regular exercise and a nutritious diet
contribute to overall health and well-being.")
    elif (output == 1):
        return render_template('result.html', result='there is a risk of
getting diabetes',rec="Our analysis suggests that there is a potential
risk for developing diabetes in the future. It's essential to understand
that this is not a definite prediction but an indication to be mindful of
your health.",rec1="To reduce the risk of developing diabetes, consider

```

```

adopting preventive measures. Focus on maintaining a balanced diet,
engaging in regular physical activity, and scheduling routine health
check-ups. These lifestyle changes can play a significant role in
minimizing the risk.")
    else:
        return render_template('result.html', result='Oh no! you are
suffering from diabetes.', rec="Based on our analysis, it appears that you
currently have diabetes. We understand that this may be concerning, but
it's important not to panic. This prediction is not a diagnosis, and we
strongly recommend consulting with a healthcare professional for a
comprehensive evaluation.", rec1="To address this concern promptly, we
recommend scheduling a check-up with your healthcare provider. They can
provide personalized advice and guidance. Additionally, consider making
immediate lifestyle changes such as adjusting your diet and incorporating
regular exercise into your routine.")

if __name__ == '__main__':
    app.run(debug=True)

```

## 8. PERFORMANCE TESTING

### 8.1 Performace Metrics

logistic regression:

```
print('Testing Accuracy = ', accuracy_score(y_test,y_pred1))
print('Training Accuracy = ', accuracy_score(y_train,y_pred1_train))
```

```
Testing Accuracy = 0.5076663911029309
Training Accuracy = 0.5078034475996934
```

```
pd.crosstab(y_test,y_pred1)
```

col_0	0.0	1.0	2.0
Diabetes_012			
0.0	42438	8602	13177
1.0	17822	14855	31431
2.0	11428	12232	40348

```
print(classification_report(y_test,y_pred1))
```

	precision	recall	f1-score	support
0.0	0.59	0.66	0.62	64217
1.0	0.42	0.23	0.30	64108
2.0	0.47	0.63	0.54	64008
accuracy			0.51	192333
macro avg	0.49	0.51	0.49	192333
weighted avg	0.49	0.51	0.49	192333

Knn:



```
print('Testing Accuracy = ', accuracy_score(y_test,y_pred2))
print('Training Accuracy = ', accuracy_score(y_train,y_pred2_train))
```

```
Testing Accuracy =  0.8205664134599887
Training Accuracy =  0.8816759363245806
```

```
pd.crosstab(y_test,y_pred2)
```

col_0	0.0	1.0	2.0
Diabetes_012			
0.0	51158	2716	10343
1.0	1285	61188	1635
2.0	9534	8998	45476

```
print(classification_report(y_test,y_pred2))
```

	precision	recall	f1-score	support
0.0	0.83	0.80	0.81	64217
1.0	0.84	0.95	0.89	64108
2.0	0.79	0.71	0.75	64008
accuracy			0.82	192333
macro avg	0.82	0.82	0.82	192333
weighted avg	0.82	0.82	0.82	192333

Naïve bayes:

```
print("Test accuracy", accuracy_score(y_test,y_pred3))
print("Train accuracy", accuracy_score(y_train,y_pred3_train))
```

Test accuracy 0.5113059121419621  
Train accuracy 0.5119591956789133

```
pd.crosstab(y_test,y_pred3)
```

col_0	0.0	1.0	2.0
Diabetes_012			
0.0	42975	7094	14148
1.0	18040	13005	33063
2.0	11843	9804	42361

```
print(classification_report(y_test,y_pred3))
```

	precision	recall	f1-score	support
0.0	0.59	0.67	0.63	64217
1.0	0.43	0.20	0.28	64108
2.0	0.47	0.66	0.55	64008
accuracy			0.51	192333
macro avg	0.50	0.51	0.49	192333
weighted avg	0.50	0.51	0.49	192333

Decision tree:

```
print("Test accuracy", accuracy_score(y_test,y_pred4))
print("Train accuracy", accuracy_score(y_train,y_pred4_train))
```

```
Test accuracy 0.6845471135998502
Train accuracy 0.6935910119970765
```

```
pd.crosstab(y_test,y_pred4)
```

col_0	0.0	1.0	2.0
Diabetes_012			
0.0	50924	1947	11346
1.0	5532	43746	14830
2.0	10585	16432	36991

```
print(classification_report(y_test,y_pred4))
```

	precision	recall	f1-score	support
0.0	0.76	0.79	0.78	64217
1.0	0.70	0.68	0.69	64108
2.0	0.59	0.58	0.58	64008
accuracy			0.68	192333
macro avg	0.68	0.68	0.68	192333
weighted avg	0.68	0.68	0.68	192333

Random forest :

```
print("Test accuracy", accuracy_score(y_test,y_pred5))
print("Train accuracy", accuracy_score(y_train,y_pred5_train))
```

```
Test accuracy 0.7291364456437532
Train accuracy 0.7413475765192434
```

```
pd.crosstab(y_test,y_pred5)
```

col_0	0.0	1.0	2.0
Diabetes_012			
0.0	50611	586	13020
1.0	2988	47276	13844
2.0	8231	13427	42350

```
print(classification_report(y_test,y_pred5))
```

	precision	recall	f1-score	support
0.0	0.82	0.79	0.80	64217
1.0	0.77	0.74	0.75	64108
2.0	0.61	0.66	0.64	64008
accuracy			0.73	192333
macro avg	0.73	0.73	0.73	192333
weighted avg	0.73	0.73	0.73	192333

## 9. RESULTS

## 9.1 Output Screenshots

The screenshot shows a web browser window titled "Diabetes Predictor" with the URL "127.0.0.1:5000". The application has a sidebar menu with three options: "Section 1-Medical records" (selected), "Section 2-Lifestyle", and "Section 3-Healthcare". The main content area is titled "Section 1- Medical Records" and contains the following form fields:

Field	Value
Age	18-24
Sex	Female
High Blood Pressure	No
High Cholesterol	No
Cholesterol Check	No
BMI	22
Stroke	No

Below each dropdown menu, there is a small text instruction: "If you have high BP, that is over 130 mm Hg, then select Yes." for High Blood Pressure; "If you have high Cholesterol, that is over 240mg/dl, then select Yes." for High Cholesterol; "If you have done Cholesterol check in this past 5 years, then select Yes." for Cholesterol Check; and "Enter your BMI." for BMI.

The screenshot shows the same web browser window, but the "Section 2- LifeStyle" option is selected in the sidebar menu. The main content area is titled "Section 2- LifeStyle" and contains the following form fields:

Field	Value
Heart Diseases or Attack	No
Smoker	No
Physical Activity	No
Fruits	Yes
Veggies	Yes

Below each dropdown menu, there is a small text instruction: "If you have Coronary Heart Diseases or Myocardial Infarctions, select Yes." for Heart Diseases or Attack; "If you have smoked atleast 100 cigarettes in the entire life time, then select Yes." for Smoker; "If you have done any physical activity in the past 30 days, then select Yes." for Physical Activity; and "If you consume fruits one or more times in a day, then select Yes." for Fruits.



## Diabetes Prediction

Veggies

Yes

If you consume vegetables one or more times in a day, then select Yes.

Heavy Alcohol Consumption

No

If you are a person who consumes Alcohol more than 14 drinks per week for men, and 7 drinks per week for women, then select Yes.

Education level

College 1 year to 3 years (Some college or technical school)

Income

less than \$10,000

### Section 3- Healthcare

Any Health care

No

If you have any kind of health care coverage, then select Yes.



## Diabetes Prediction

If you have any kind of health care coverage, then select Yes.

General Health care

Good

Mental Health care

2

How many days during the past 30 days, your mental health was not good?

Physical Health care

2

How many days during the past 30 days, your physical health was not good?

Walking difficulty

No

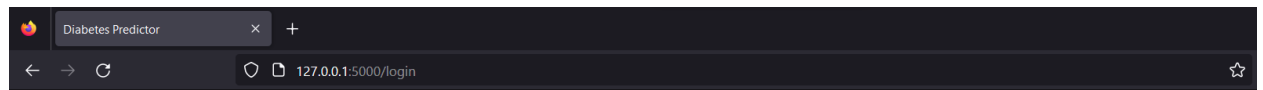
If you face any difficulties while climbing stairs or walking, then select Yes.

No doctor because of cost

No

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

Submit



## Diabetes Prediction Result

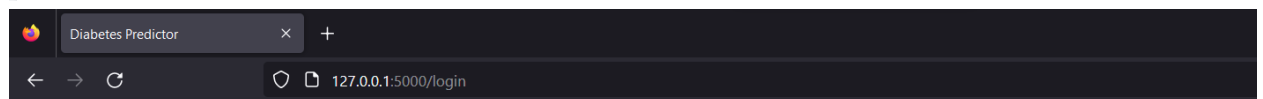
### Menu

#### Result

#### Recommendations

### Result

Good News, Diabetes not present



## Diabetes Prediction Result

### Recommendations

According to our prediction model, there is currently no indication that you have diabetes. However, it's important to view this as a snapshot, and maintaining a healthy lifestyle is key to ongoing well-being.

To continue minimizing the risk of diabetes, we recommend staying active, eating a balanced diet rich in fruits and vegetables, and maintaining a healthy weight. Regular exercise and a nutritious diet contribute to overall health and well-being.

## 10. ADVANTAGES & DISADVANTAGES

### Advantages:

- Early detection: The diabetes prediction project allows for the early identification of individuals at risk of developing diabetes, enabling preventive measures and lifestyle modifications.
- Improved outcomes: By predicting the likelihood of diabetes, healthcare professionals

can intervene early, leading to better management of the condition and improved health outcomes for patients.

- Personalized care: Predictive models can help tailor treatment plans based on individual risk factors, leading to more targeted and effective interventions.
- Cost-effective: Identifying high-risk individuals for diabetes early on can help healthcare systems allocate resources more efficiently and reduce the economic burden associated with the condition.

#### Disadvantages:

- False positives/negatives: Predictive models may occasionally produce false-positive or false-negative results, leading to unnecessary interventions or missed opportunities for early intervention.
- Privacy concerns: Collecting and analyzing personal health data for predictive purposes raises privacy concerns, requiring stringent data protection measures and patient consent.
- Limited accuracy: While predictive models have shown promising results, their accuracy may vary based on the quality and quantity of available data, as well as the complexity of individual risk factors.
- Ethical considerations: The utilization of predictive models for diabetes prediction necessitates careful ethical considerations, such as ensuring equity, transparency, and avoiding discrimination based on predicted risk profiles.

## **11. CONCLUSION**

The diabetes prediction project holds significant potential in improving public health by enabling early detection and prevention of diabetes. By leveraging advanced data analytics and personalized approaches, the project can empower individuals to take control of their health and make informed decisions. However, it is crucial to address the project's limitations, such as data quality, privacy concerns, and equitable access, to maximize its benefits. With proper implementation and continuous refinement, the diabetes prediction project can contribute to reducing the burden of diabetes and improving overall health outcomes.

## **12. FUTURE SCOPE**

The future scope of the diabetes prediction project is promising and can be expanded in several ways:

- Refinement of Prediction Models: Continuous improvement of the prediction models can enhance accuracy and reliability by incorporating new data sources, advanced machine learning algorithms, and feedback from real-world implementations.
- Integration with Wearable Devices: Integrating the prediction project with wearable



devices, such as fitness trackers or continuous glucose monitors, can provide real-time health data for more accurate predictions and personalized interventions.

- **Behavioral and Lifestyle Interventions:** The project can integrate behavioral and lifestyle interventions to support individuals in making healthier choices, such as personalized diet plans, exercise recommendations, and stress management techniques.
- **Telemedicine and Remote Monitoring:** Leveraging telemedicine technologies and remote monitoring systems can enable individuals to receive timely interventions, monitor their health remotely, and provide healthcare professionals with valuable data for continuous assessment.
- **Collaborative Efforts:** Collaboration between healthcare providers, researchers, and technology companies can facilitate the development of comprehensive and standardized prediction models, ensuring wider adoption and impact.

### **13. APPENDIX**

#### **Source Code:**

[https://colab.research.google.com/drive/1wPh6-\\_4UH4ObWey0zqqS4wEcOyvg0HQY?usp=sharing](https://colab.research.google.com/drive/1wPh6-_4UH4ObWey0zqqS4wEcOyvg0HQY?usp=sharing)

#### **GitHub & Project Demo Link:**

[https://drive.google.com/file/d/1QJUrKCo\\_sheAa5ALW2-UWwF7DucO\\_q87/view?usp=sharing](https://drive.google.com/file/d/1QJUrKCo_sheAa5ALW2-UWwF7DucO_q87/view?usp=sharing)