



Diabetes Prediction Using Machine

Learning

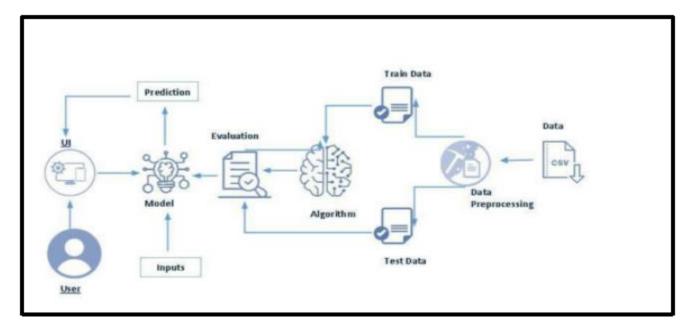
Diabetes Prediction Using Machine Learning

In this project, we aim to use machine learning algorithms to predict the onset of diabetes in individuals based on their health records and other relevant factors such as age, BMI, family history, and lifestyle habits. The dataset used in this project will include information on various clinical parameters such as blood pressure, BMI, Heart diseases and cholesterol levels.

Our goal is to develop a predictive model that can accurately identify individuals who are at high risk of developing diabetes, thereby allowing for early intervention and prevention of the disease. By using machine learning techniques to analyse large amounts of data, we can identify patterns and make accurate predictions that could potentially save lives.

Overall, this project has the potential to contribute to the field of healthcare by improving early detection and prevention of diabetes, ultimately leading to better health outcomes for individuals and communities.

Technical Architecture:



Project Flow:

www.smartinternz.com Page 2 of 22

- User interacts with the UI to enter the input.
- Entered input is analyzed by the model which is integrated.
- Once model analyses the input the prediction is showcased on the UI

To accomplish this, we have to complete all the activities listed below,

- Define Problem / Problem Understanding O Specify the business problem O Business requirements O Literature Survey O Social or Business Impact.
- Data Collection & Preparation O Collect the dataset O Data Preparation
- Exploratory Data Analysis o Descriptive statistical o Visual Analysis
- Model Building o Training the model in multiple algorithms o Testing the model
- Performance Testing o Testing model with multiple evaluation metrics
- Model Deployment o Save the best model o Integrate with Web Framework

Prior Knowledge:

You must have prior knowledge of following topics to complete this project.

ML Concepts

Supervised learning: https://www.javatpoint.com/supervised-machine-learning
Unsupervised learning: https://www.javatpoint.com/unsupervised-machine-learning
Decision tree: https://www.javatpoint.com/machine-learning
classificationalgorithm

• Random forest: https://www.javatpoint.com/machine-learning-random-forest-algorithm

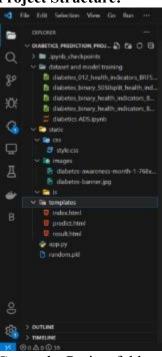
www.smartinternz.com Page 3 of 22

- KNN: https://www.javatpoint.com/k-nearest-neighbor-algorithm-for-machine-learning
 Xgboost: https://www.javatpoint.com/k-nearest-neighbor-algorithm-for-machine-learning
 Xgboost: https://www.analyticsvidhya.com/blog/2018/09/an-end-to-end-guide-tounderstand-the-math-behind-xgboost/
- Evaluation metrics: https://www.analyticsvidhya.com/blog/2019/08/11-important-modelevaluation-error-metrics/

 $NLP:-https://www.tutorialspoint.com/natural_language_processing/natural_language_processing_python.htm$

• Flask Basics: https://www.youtube.com/watch?v=lj4I CvBnt0

Project Structure:



Create the Project folder which contains files as shown below

- We are building a flask application which needs HTML pages stored in the templates folder and a python script app.py for scripting.
- Random.pkl is our saved model. Further we will use this model for flask integration.
- Training folder contains a model training file.

Milestone 1: Define Problem / Problem Understanding

Activity 1: Specify the business problem

The business problem addressed in this project is the early detection and prediction of diabetes using machine learning algorithms. The goal is to develop a predictive model that can accurately identify individuals at high risk of developing diabetes based on their health records and other relevant factors. Early detection and management of diabetes can improve healthcare

www.smartinternz.com Page 4 of 22

outcomes, reduce costs, and benefit healthcare providers and insurance companies. Therefore, developing an accurate and reliable predictive model for diabetes detection can have a significant impact on healthcare outcomes and costs.

Activity 2: Business requirements

Business requirements are the specific needs and expectations of the business stakeholders regarding the desired outcome of the project. In the case of the diabetes prediction project, the following are the key business requirements:

- Accurate prediction: The predictive model should be accurate in identifying individuals
 who are at high risk of developing diabetes based on their health records and other
 relevant factors.
- Efficiency: The model should be efficient and fast in analyzing large amounts of data to provide timely predictions.
- Scalability: The model should be scalable to handle large datasets and accommodate future growth in data volume.
- Flexibility: The model should be flexible and adaptable to accommodate changes in data sources or input parameters.
- User-friendliness: The model should be user-friendly, easy to use, and understand by healthcare providers and insurance companies.
- Integration: The model should be easily integrated with existing healthcare systems and processes.
- Security: The model should be secure and protect patient data privacy.
- Compliance: The model should comply with relevant healthcare regulations and standards.

Activity 3: Literature Survey

A literature survey is an essential step in any diabetes prediction using machine learning:

- "Machine Learning for Diabetes Prediction: A Review" by E. Şahin et al. This paper provides a comprehensive review of the latest research on machine learning for diabetes prediction. The authors discuss the challenges, approaches, and evaluation metrics used in various studies.
- "Predicting Type 2 Diabetes Mellitus Using Machine Learning Techniques" by S. Chakraborty et al. This paper proposes a machine learning approach for predicting the risk of developing type 2 diabetes mellitus based on demographic and clinical data. The authors compare various algorithms and feature selection techniques and evaluate their performance.
- "Deep Learning for Diabetes Prediction: A Review" by Y. Zhao et al. This paper provides a review of the latest research on deep learning for diabetes prediction, with a focus on the use of convolutional neural networks (CNNs) and recurrent neural networks (RNNs).
- "Diabetes Prediction Using Machine Learning Techniques: A Comparative Study" by S. B. Gawali and R. K. Kamat. This paper compares the performance of various machine

www.smartinternz.com Page 5 of 22

- learning algorithms, including logistic regression, decision trees, and neural networks, for diabetes prediction using clinical and demographic data.
- "Machine Learning for Early Detection of Diabetic Retinopathy" by A. Gulshan et al. This paper proposes a deep learning approach for the early detection of diabetic retinopathy based on retinal images. The authors use a CNN to classify images into different stages of the disease and achieve high accuracy.

Activity 4: Social or Business Impact

Accurate diabetes prediction using machine learning can have a significant social and business impact. It can help identify individuals at high risk of developing diabetes, leading to earlier intervention and prevention efforts. From a business perspective, accurate prediction can help healthcare providers and insurers manage healthcare costs and resources better. Additionally, it can lead to more personalized healthcare, improving patient outcomes and adherence to treatment plans. In conclusion, accurate diabetes prediction using machine learning can improve patient outcomes, reduce healthcare costs, and lead to more personalized healthcare.

Milestone 2: Data Collection & Preparation

ML depends heavily on data. It is the most crucial aspect that makes algorithm training possible. So, this section allows you to download the required dataset.

Activity 1: Collect the dataset

There are many popular open sources for collecting the data. Eg: kaggle.com, UCI repository, etc.In this project we have used .csv data. This data is downloaded from kaggle.com. Please refer to the link given below to download the dataset.

Link: Diabetes Health Indicators Dataset | Kaggle

As the dataset is downloaded. Let us read and understand the data properly with the help of some visualization techniques and some analyzing techniques.

Note: There are a number of techniques for understanding the data. But here we have used some of it. In an additional way, you can use multiple techniques.

Activity 1.1: Importing the libraries

Import the necessary libraries as shown in the image.

www.smartinternz.com Page 6 of 22

```
pands pands property of the second part of the second pands of the second pands property of the second pands pands
```

Activity 1.2: Read the Dataset

Our dataset format might be in .csv, excel files, .txt, .json, etc. We can read the dataset with the help of pandas. In pandas we have a function called read_csv() to read the dataset. As a parameter we have to give the directory of the csv file.

	IN	/IPOR	ΓΙΝ	G DA	TASI	ΕT	AN	D I	PREPROC	ESSII	٧G	1	THE DA	ATA
[140]	<pre>df=pd.read_csv("diabetes_binary_health_indicators_BRFSS2015.csv") df.head() Py</pre>													Python
		Diabetes_binary	HighBP	HighChol	CholCheck	вмі	Smoker	Stroke	HeartDiseaseorAttack	PhysActivity	Fruits		AnyHealthcare	NoDocbcCost (
		0.0	1.0	1.0	1.0	40.0	1.0	0.0	0.0	0.0	0.0		1.0	0.0
٨٨	1	vity 2. D0.0	0.0	0.0	0.0	25.0	1.0	0.0	0.0	1.0	0.0		0.0	1.0
AL	2	11y 2. D	1.0	CP 41 41.0	1.0	28.0	0.0	0.0	0.0	0.0	1.0		1.0	1.0
		0.0	1.0	0.0	1.0	27.0	0.0	0.0	0.0	1.0	1.0		1.0	0.0
As	4	e have uff	derste	od h <mark>%</mark> v	v the 1 82	24.0	is, 1 2 ?	s pfe	-process the 0.2	ollecteld	data		1.0	0.0
Th	5 rg	ws × 22 columns	data s	set is no	ot suital		for tra		g the machine	learning	mo	de	l as it mig	ght have

so much randomness so we need to clean the dataset properly in order to fetch good results. This activity includes the following steps.

- Handling missing values
- Handling categorical data
- Handling Outliers

Note: These are the general steps of pre-processing the data before using it for machine learning. Depending on the condition of your dataset, you may or may not have to go through all these steps.

Activity 2.1: Handling missing values

• Let's know the info and describe of our dataset first. To find the shape of our data, the df.shape method is used. To find the data type, df.info() function is used

www.smartinternz.com Page 7 of 22



• For checking the null values, df.isnull() function is used. To sum those null values we use .sum() function. From the below image we found that there are no null values present in our dataset. So we can skip handling the missing values step.

```
df.isnull().sum()
Diabetes_binary
                          0
HighBP
                          0
HighChol
                          0
Cho1Check
                          0
BMI
                          0
Smoker
                          0
Stroke
                          0
HeartDiseaseorAttack
                          0
PhysActivity
                          0
Fruits
                          0
Veggies
                          0
HvyAlcoholConsump
                          0
AnyHealthcare
                          0
NoDocbcCost
                          0
GenHlth
                          0
MentHlth
                          0
PhysHlth
                          0
DiffWalk
                          0
Sex
                          1
                          1
Age
Education
                          1
Income
                          1
```

www.smartinternz.com Page 8 of 22

```
for i in bin_col:
        df[i]=df[i].fillna(df[i].mode()[0])
      for i in val col:
        df[i]=df[i].fillna(df[i].mean())
      df.isnull().any()
10]
   Diabetes binary
                             False
   HighBP
                             False
   HighChol
                             False
   Cho1Check
                             False
   BMI
                             False
                             False
   Smoker
   Stroke
                             False
   HeartDiseaseorAttack
                             False
   PhysActivity
                             False
   Fruits
                             False
   Veggies
                             False
   HvyAlcoholConsump
                             False
   AnyHealthcare
                             False
   NoDocbcCost
                             False
   GenHlth
                             False
```

Activity 2.2: Handling Categorical Values

As we can see our dataset has categorical data, we must convert the categorical data to integer encoding or binary encoding.

To convert the categorical features into numerical features we use encoding techniques. There are several techniques but in our project we are using Label encoding with the help of list comprehension.

• In our project, categorical features are in many columns Label encoding is done

Activity 2.3: Handling Imbalance Data

With the help of boxplot, outliers are visualized. And here we are going to find upper bound and lower bound of some columns feature with some mathematical formula

• From the below diagram, we could visualize that some of the feature has outliers Boxplot from seaborn library is used here.

www.smartinternz.com Page 9 of 22

```
#CHECKING FOR OUTLIERS AND REMOVING IF ANY

def rem_ut(df,col,threshold=1.5):
    cleaned_df=df.copy()
    for column in col:
        ql=df[column].quantile(0.25)
        q3=df[column].quantile(0.75)
        iqr=q3-q1
        upper_limit=q3+threshold*iqr
        lower_limit=q1-threshold*iqr
        cleaned_df=cleaned_df[(cleaned_df[column] >= lower_limit) &(cleaned_df[column] <= lower_limit)]
        return cleaned_df

Milestone 3: Exploratory Data Analysis
```

Activity 1: Descriptive statistical

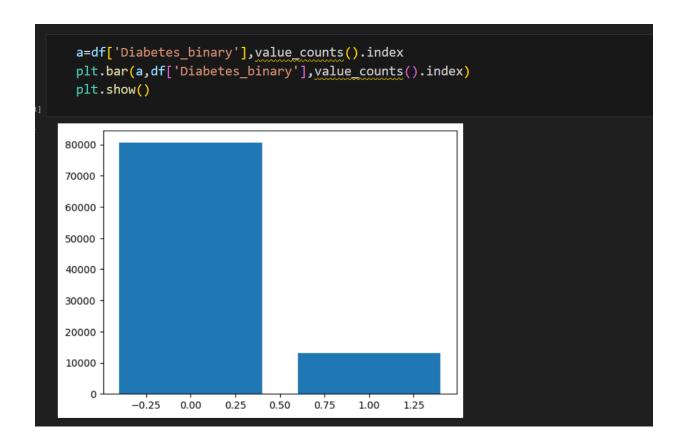
Descriptive analysis is to study the basic features of data with the statistical process. Here pandas has a worthy function called describe. With this describe function we can understand the unique, top and frequent values of categorical features. And we can find mean, std, min, max and percentile values of continuous features

	Diabetes_012	HighBP	HighChol	CholCheck	BMI	Smoker	Stroke	HeartDiseaseorAttack	k	PhysActivi
count	253880.000000	253680,000000	253880.000000	253680.000000	253680.000000	253880.000000	253680.000000	253880.000000		93579.00000
mean	0.296921	0.429001	0.424121	0.962670	28.382364	0.443169	0.040571	0.094186	2	0.76197
std	0.698169	0.494934	0.494210	0,189571	6.608694	0.496761	0.197294	0.292087		0.42587
min	0.000000	0.000000	0.000000	0.000000	12.000000	0.000000	0.000000	0.000000	0	0.00000
25%	0.000000	0.000000	0.000000	1.000000	24,000000	0.000000	0.000000	0.000000		
50%	0.000000	0.000000	0.000000	1.000000	27.000000	0.000000	0.000000	0.000000	0	1.00000
75%	0.000000	1.000000	1.000000	1.0000000	31.000000	1.000000	0.000000	0.000000	0	1.00000
max	2.000000	1.000000	1.000000	1,000000	98.000000	1.000000	1.000000	1.000000		1.00000
	a 22 oslumns								0	1.00000

Activity 2: Visual analysis

Visual analysis is the process of using visual representations, such as charts, plots, and graphs, to explore and understand data. It is a way to quickly identify patterns, trends, and outliers in the data, which can help to gain insights and make informed decisions.

www.smartinternz.com Page 10 of 22

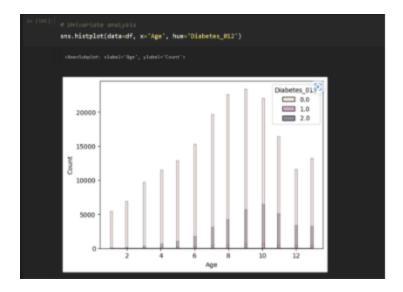


Activity 2.1: Univariate analysis

In simple words, univariate analysis is understanding the data with single feature. Here we have displayed two different graphs such as distplot and count plot.

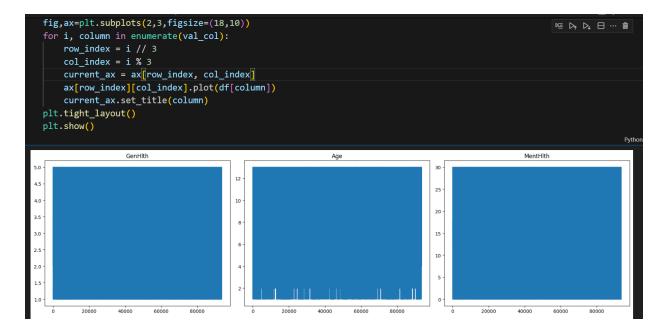
In our dataset we have some categorical features. With the count plot function, we are going to count the unique category in those features.

www.smartinternz.com Page 11 of 22



Activity 2.2: Bivariate analysis

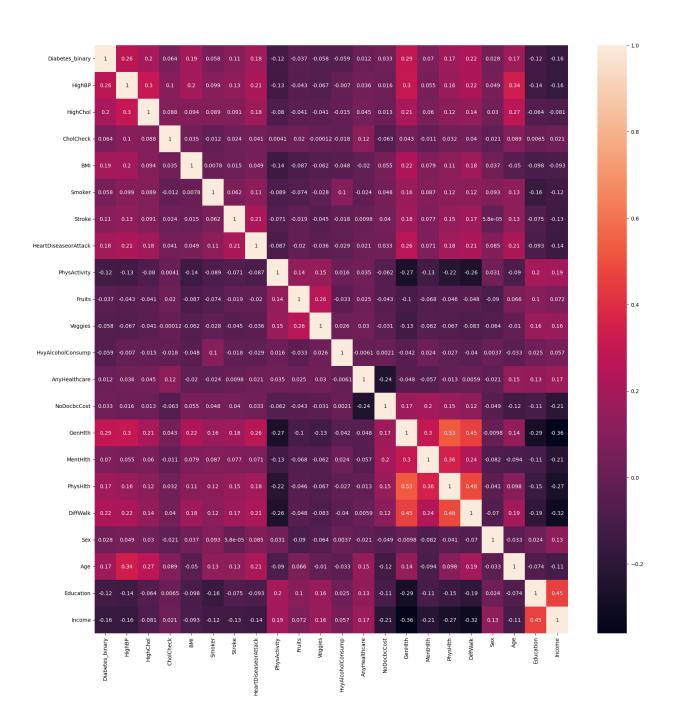
To find the relation between two features we use bivariate analysis. Here we are visualizing. Countplot is used here. As a 1st parameter we are passing x value and as a 2nd parameter we are passing hue value.



www.smartinternz.com Page 12 of 22

Activity 2.3: Multivariate analysis

In simple words, multivariate analysis is to find the relation between multiple features. Here we have used heatmap from seaborn package.



www.smartinternz.com Page 13 of 22

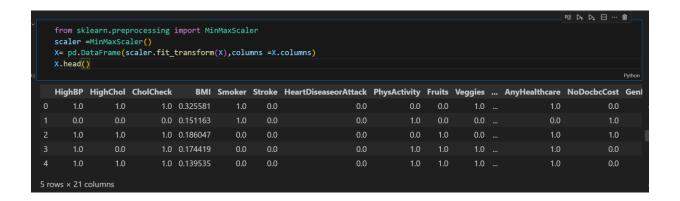
Applying PCA in a Machine Learning Pipeline for Diabetes Prediction:

Applying PCA (Principal Component Analysis) in a pipeline that includes hyperparameter tuning using GridSearchCV, data preprocessing using Standard Scaler, and applying a classifier can improve the performance of a machine learning model for cost prediction by reducing the dimensionality of the data, optimizing the hyperparameters of the classifier, and improving the accuracy of the predictions. StandardScaler scales the data, while PCA reduces dimensionality by identifying the most important features in the data. GridSearchCV helps to optimize the hyperparameters of the classifier, and finally, a suitable classifier is applied to the preprocessed and dimensionality-reduced data to evaluate the performance using appropriate metrics.

Splitting data into train and test:

Now let's split the Dataset into train and test sets. First split the dataset into x and y and then split the data set

Here x and y variables are created. On x variable, df is passed with dropping the target variable. And on y target variable is passed. For splitting training and testing data we are using train_test_split() function from sklearn. As parameters, we are passing x, y, test_size, random state.



Milestone 4: Model Building

Activity 1: Training the model in multiple algorithms

Now our data is cleaned and it's time to build the model. We can train our data on different algorithms. For this project, we are applying three classification algorithms. The best model is saved based on its performance.

www.smartinternz.com Page 14 of 22

Activity 1.1: Random Forest Regressor

A function named random forest regressor is created and train and test data are passed as the parameters. Inside the function, random forest regressor algorithm is initialized and training data is passed to the model with the fit() function. Test data is predicted with predict () function and saved in a new variable. For evaluating the model with R2_score.

```
rf = RandomForestClassifier(max_depth=12 ,n_estimators =10, random_state=42 )

# fitting the model on the train data
rf.fit(X_train, Y_train)

RandomForestClassifier(max_depth=12, n_estimators=10, random_state=42)

in [661]

# make predictions on test set
y_pred=rf.predict(X_test)

print('Training set score: (:.4f)'.format(rf.score(X_train, Y_train)))

print('Test set score: (:.4f)'.format(rf.score(X_test, Y_test)))

Training set score: (:.4f)'.format(rf.score(X_test, Y_test)))

Training set score: 0.7640

In [67]: #Check MSE & RMSE

mse =mean_squared_error(Y_test, y_pred)
print('Mean Squared Error : '+ str(mse))

Print('Root Mean Squared Error : '+ str(rmse))

Mean Squared Error : 0.858839581646523
```

Activity 1.2: Decision Tree Regressor

A function named decision Tree regressor is created and train and test data are passed as the parameters. Inside the function, decision Tree regressor algorithm is initialized and training data is passed to the model with fit() function. Test data is predicted with predict () function and saved in a new variable. For evaluating the model, For evaluating the model with R2_score

```
from sklearn.tree import DecisionTreeClassifier
model_2 = DecisionTreeClassifier(max_depth=6,splitter='best',criterion='entropy')
model_2.fit(x_train,y_train)

DecisionTreeClassifier

DecisionTreeClassifier(criterion='entropy', max_depth=6)

train_pred_2=model_2.predict(x_train)
y_pred_2=model_2.predict(x_test)

print("train accuracy",accuracy_score(y_train,train_pred_2))
print("test accuracy",accuracy_score(y_test,y_pred_2))

train accuracy 0.8096807067162085
test accuracy 0.8108640392058076
```

www.smartinternz.com Page 15 of 22

Activity 1.3: Logistic Regressor

To evaluate the performance of a logistic regression model, we need to test it on a separate dataset that it has not seen during training. This separate dataset is called the test data. We typically split the available data into two parts, the training data and the test data. The model is trained on the training data, and then tested on the test data to see how well it generalizes to new, unseen data.

Activity 2: Testing the model

Here we have tested with Logistic regression and SVM algorithms. With the help of predict () function.

```
in [70]:)
    from sklearn.svm import SVC

    # define the model
    clf = SVC(kernel='rbf', C=1.0)

# train the model
    clf.fit(X_train, Y_train)

y_pred=clf.predict(X_test)

print('Training set score: {:.4f}'.format(clf.score(X_train, Y_train)))

print('Test set score: {:.4f}'.format(clf.score(X_test, Y_test)))

Training set score: 0.7392
Test set score: 0.7392
Test set score: 0.7298

In [71]: #check MSE & RMSE
    mse = mean_squared_error(Y_test, y_pred)
    print('Mean Squared Error : '+ str(mse))
    ruse = math.sqrt(mean_squared_error(Y_test, y_pred))
    print('Root Mean Squared Error : '+ str(mse))

Hour Squared Error : 0.7756179505639549
Boot Mean Squared Error : 0.8806917454641705
```

www.smartinternz.com Page 16 of 22

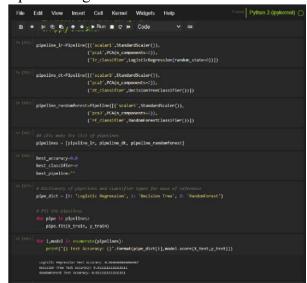
Milestone 5: Performance Testing

Activity 1: Testing model with multiple evaluation metrics

Multiple evaluation metrics means evaluating the model's performance on a test set using different performance measures. This can provide a more comprehensive understanding of the model's strengths and weaknesses. We are using evaluation metrics for classification tasks including accuracy, precision, recall, support and F1-score.

Activity 1.1: Compare the model

For comparing the below two models, with their R_2 score on training and testing data. the results of models are displayed as output. From the below three models random forest regressor is performing well



Activity 2: Comparing model accuracy before & after applying hyperparameter tuning After seeing, the results of models are displayed as output. From the three models the random

www.smartinternz.com Page 17 of 22

forest regressor model is performing well & Hyperparameter tuning For this model (it is not required)

Milestone 6: Model Deployment

Activity 1: Save the best model

Saving the best model after comparing its performance using different evaluation metrics means selecting the model with the highest performance This can be useful in avoiding the need to retrain the model every time it is needed and also to be able to use it in the future.

```
import pickle
pickle.dump(model_2,open('Diabetes_prediction.pkl','wb'))
pickle.dump(model_2,open('Diabetes_prediction.pkl','wb'))
```

Activity 2: Integrate with Web Framework

In this section, we will be building a web application that is integrated to the model we built. A UI is provided for the uses where he has to enter the values for predictions. The enter values are given to the saved model and prediction is showcased on the UI.

This section has the following tasks

- Building HTML Pages
- Building server-side script
- Run the web application

www.smartinternz.com Page 18 of 22

Activity 2.1: Building Html Pages:

For this project create two HTML files namely index.html prediction.html result.html

and save them in the templates folder. Refer this <u>ENTER THE LINK</u> for templates, static and python file

Activity 2.2: Build Python code:

Import the libraries in python file

Load the saved model. Importing the flask module in the project is mandatory. An object of Flask class is our WSGI application. Flask constructor takes the name of the current module (name) as argument.

Render HTML page:

Here we will be using a declared constructor to route to the HTML page which we have created earlier.

www.smartinternz.com Page 19 of 22

```
app = Flask(__name__)

# Load the pre-trained model and scaler
with open('Diabetes_prediction.pkl', 'rb') as model_file:
    model = pickle.load(model_file)
```

In the above example, '/' URL is bound with the index.html function. Hence, when the home page of the web server is opened in the browser, the html page will be rendered. Whenever you enter the values from the html page the values can be retrieved using POST Method.

Retrieves the value from UI:

```
# Define a route for the home page
@app.route('/')
def home():
    return render_template('index.html')
```

Here we are routing our app to prediction () function. This function retrieves all the values from the HTML page using Post request. That is stored in an array. This array is passed to the model Predict() function. This function returns the prediction. And this prediction value will be rendered to the text that we have mentioned in the submit.html page earlier.

Main Function:

www.smartinternz.com Page 20 of 22

```
def predict():
    input_data = []
    for column in ['Diabetes_binary', 'HighBP', 'HighChol', 'CholCheck', 'BMI', 'Smoker',
                   'Stroke', 'HeartDiseaseorAttack', 'PhysActivity', 'Fruits', 'Veggies',
                   'HvyAlcoholConsump', 'AnyHealthcare', 'NoDocbcCost', 'GenHlth',
                   'MentHlth', 'PhysHlth', 'DiffWalk', 'Sex', 'Age', 'Education',
                   'Income']:
        input_data.append(float(request.form[column]))
    # Scale the input data using the MinMaxScaler
    input data = np.array(input data).reshape(1, -1)
    scaled_input = scaler.transform(input_data)
    # Make a prediction using the pre-trained model
    prediction = model.predict(scaled_input)
    return f'Predicted Diabetes Probability: {prediction[0]}'
if __name__ == '__main__':
   app.run(debug=True)
```

Activity 2.3: Run the web application

- Open anaconda prompt from the start menu Navigate to the folder where your python script is.
- Now type "python app.py" command
- Navigate to the localhost where you can view your web page.
- Click on the predict button from the top left corner, enter the inputs, click on the submit button, and see the result/prediction on the web.

```
PROBLEMS 10 OUTPUT DEBUG CONSOLE TERMINAL

D PS D:\ads\Diabetics_Prediction_Project> & C:\Users\siddh\AppData\Local\Programs\Python\Python39\python.exe d:\ads\Diabetics_Prediction_Project\app.py

* Serving Flask app 'app'

* Debug mode: on
WARNING: This is a development server. Do not use it in a production deployment. Use a production WSGI server instead.

* Running on http://127.0.0.1:5000
Press CTRL-C to quit

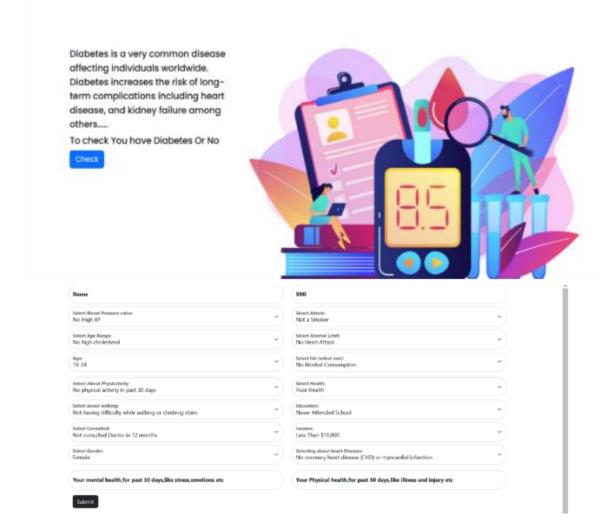
* Restarting with stat

* Debugger is active!

* Debugger PIN: 400-570-382
```

Now, Go the web browser and write the localhost url (http://127.0.0.1:5000) to get the below result

www.smartinternz.com Page 21 of 22



Name:test123 Sex:Female Having Diabetes or NotNot having Diabetes

www.smartinternz.com Page 22 of 22