## **Brainstorming**

## **Brainstorming Predicting Mental Health Illness**

The objective of this brainstorming session is to generate creative and practical ideas to address the issue of mental illness effectively. We aim to Promote a culture of openness and support regarding mental health, and encourage community to take mental health seriously.

- ❖ AI-powered chatbot for real-time mental health support
- Create a machine learning model to predict mental health risks based on employee behaviour and work-related data
- ❖ Design a mobile app that uses machine learning to provide personalized stress management recommendations for working professionals
- ❖ Implement machine learning algorithms to create predictive models for employee burnout and offer preventive measures.
- Create a dashboard for HR managers to monitor employee well-being using machine learning insights from anonymous survey data.
- ❖ Develop an AI-powered mental health assessment tool for employees to self-evaluate their well-being and receive personalized recommendations.

## Inplement machine learning model to predict mental health risks based on employee burnout and safer preventive measures Impact Approximate of riving the same of ri

Feasibility
of their impact, which tasks are more feathers? (Cost, time, effort, complexity, etc.)

"Create a Machine Learning Model to Predict Mental Health Risks" is chosen over others because of following reasons:

- High impact: Predicting mental health risks is a critical aspect of supporting employees' well-being. It enables early intervention, which can prevent more severe issues later.
- Moderate feasibility: This idea is moderately feasible, as it requires data collection, data preprocessing, model development, and continuous model maintenance.
- Moderate resource requirement: You'll need data scientists, data sources, and a system for collecting data.
- Alignment with project goal: This idea strongly aligns with the project's goal of predicting and addressing mental health issues.