

Ideation Phase

Brainstorm & Idea Prioritization Template

Date	18 October 2023
Team ID	Team-592795
Project Name	Predicting Mental Health Illness Of Working Professionals Using Machine Learning
Maximum Marks	4 Marks

Brainstorm & Idea Prioritization Template:


Brainstorming provides a free and open environment that encourages everyone within a team to participate in the creative thinking process that leads to problem solving. Prioritizing volume over value, out-of-the-box ideas are welcome and built upon, and all participants are encouraged to collaborate, helping each other develop a rich amount of creative solutions.

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

Reference: <https://www.mural.co/templates/empathy-map-canvas>




Step-1: Team Gathering, Collaboration


Template



Brainstorm & idea prioritization


Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

 10 minutes to prepare
 1 hour to collaborate
 2-8 people recommended



Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

 10 minutes

A

Team gathering

Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.

B


Set the goal

Think about the problem you'll be focusing on solving in the brainstorming session.

C

Learn how to use the facilitation tools

Use the Facilitation Superpowers to run a happy and productive session.

[Open article](#) 

Step-2: Select the Problem Statement ,Brainstorm and Idea Listing

1

Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

🕒 5 minutes

WHO:
WORKING IT
EMPLOYEES

WHEN
EMPLOYEES
GO TO
WORK

Where:
employees go
to company
for work

WHAT:
How can we predict
an individual's need
for mental health
treatment based on
a predictive system?

why:
enhances employee
well-being productive
free work
environment,
ultimately benefiting
both individuals and
the organization

PROBLEM

How can we implement mental health support programs and a Mental Health Prediction system to promote employee well-being, reduce stigma, and ensure timely access to treatment, benefiting workplace environment?

2

Brainstorm

Write down any ideas that come to mind that address your problem statement.

🕒 10 minutes

TIP

You can select a sticky note and hit the pencil icon to start drawing!

Person 1

Develop a user-friendly interface where employees can provide give their mental well-being. This could questionnaires about their emotional state, stress levels, work-related pressures

Ensure the highest level of data privacy and security, as sensitive personal information is being collected.

Use the analysis results to create an early warning system. When certain risk factors distress are identified, the system can trigger alerts to the individual like HR.

Person 2

Provide personalized recommendations for mental health resources. This includes Employee Assistance Programs, mental health apps, wellness programs, for professionals and therapists.

Offer access to educational materials about mental health and wellness. This can help increase mental health literacy among employees and reduce the stigma associated with mental health issues.

Implement a chat or messaging feature for employees to connect with mental health professionals or counselors in real-time

Person 3

Collect and store user-provided data. Implement data analytics and machine learning algorithms to analyze this data for patterns and trends that may indicate mental health concerns.

Include a feedback mechanism for users to share their experiences with the system, which can be used to continually improve its effectiveness and user-friendliness.

Conduct training sessions and awareness programs for employees, managers, and HR teams to educate

Person 4

Regularly assess the system's impact on the workplace environment and the mental health of employees. Make adjustments based on feedback and outcomes.

Ensure seamless integration with existing HR systems to make it a part of the organization's broader mental health and wellness initiatives.

Consider the cultural diversity within the organization and ensure that the system is culturally sensitive in its approach.

Step-3: Grouping

3

Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

🕒 20 minutes

TIP

Add customizable tags to sticky notes to make it easier to find, browse, organize, and categorize important ideas as themes within your mural.

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Step-4: Idea Prioritization



Link to our Mural:

<https://app.mural.co/t/empathymapmentalhealthillnes3486/m/empathymapmentalhealthillnes3486/1697608667886/9c045fa2b3c12330939ab1e2ec80d9688d425041?sender=u57ceb047551fc3d40eba124>