

Predicting mental health illness of working professionals using ML

Mental illness is a health problem that undoubtedly impacts emotions, reasoning, and social interaction of a person. These issues have shown that mental illness gives serious consequences across societies and demands new strategies for prevention and intervention. The increase of mental health problems and the need for effective medical health care have led to an investigation of machine learning that can be applied in mental health problems. This project presents a recent systematic review of machine learning approaches in predicting mental health problems. Machine learning is a technique that aims to construct systems that can improve through experience by using advanced statistical and probabilistic techniques. It is believed to be a significantly useful tool to help in predicting mental health.

