

Empathy map canvas

Use this framework to empathize with a customer, user, or any person who is affected by a team's work.

Document and discuss your observations and note your assumptions to gain more empathy for the people you serve.

Originally created by Dave Gray at





Develop shared understanding and empathy

Summarize the data you have gathered related to the people that are impacted by your work. It will help you generate ideas, prioritize features, or discuss decisions.



WHO are we empathizing with?

Public health efforts, medical professionals, and community support play vital roles in managing monkeypox, and empathy toward individuals affected by the disease can contribute to a more compassionate and effective response.



what do they need to DO?

Virus Characterization, Understanding how monkeypox is transmitted, both from animals to humans and between humans, Researchers investigate the prevalence and distribution of monkeypox in different regions, identifying patterns of infection and potential sources of outbreaks, developing and testing vaccines is a key area of research, investigating potential antiviral drugs, Researchers collaborate internationally to share data, resources, and expertise.



what is at risk of mpox?

The primary risk factors include direct contact with animals that carry the virus, consumption of undercooked bushmeat, human-to-human transmission, weakened immune systems, lack of vaccination, and global travel from endemic areas. Public health awareness, preventive measures, and vaccination are crucial in reducing the risk and impact of monkeypox.

SYMPTOMS

- Monkeypox often
 begins with a fever,
 which may be
 accompanied by chills
 and sweats.
- 2. Headaches are a common symptom and can contribute to the overall discomfort experienced by individuals with monkeypox.
- 3. Muscle aches and pains, making movement and daily activities uncomfortable.
- 4. Feeling tired and lethargic is common with monkeypox
- 5. Enlarged lymph nodes are a characteristic feature of monkeypox.
 6. The skin lesions caused by monkeypox can be painful. As the rash progresses, the lesions may become filled with

fluid, leading to

discomfort and pain.

CONCERNS

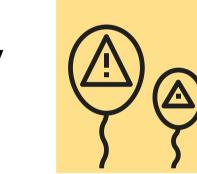
- Monkeypox is primarily transmitted to humans from animals, and it can also spread from person to person.
 Although monkeypox is usually a self-limiting
- disease, complications can arise, particularly in individuals with weakened immune systems.

 3. Early diagnosis is crucial for managing monkeypox effectively. Concerns may arise about the availability
- the disease is not well-known.

of diagnostic tools,

especially in regions where

Risks of mpox during pregnancy



Contracting mpox during pregnancy can be dangerous for the fetus or newborn infant and can lead to loss of the pregnancy, stillbirth or complications for the parent. If you are pregnant, avoid close contact with anyone who has mpox. Anyone who has close contact with someone who is infectious can get mpox, regardless of who they are. If you think you have been exposed to or are showing symptoms that could be mpox, contact your healthcare provider. They will help you get tested and access the care you need.

who is at risk of mpox?



Anyone living with someone who has mpox should take steps to reduce the risk of becoming infected. A person who has been diagnosed with mpox should be assessed by a health care provider to determine if they are well enough to be cared for at home and if isolation can be safely managed at home.



Avoid Contact with Animals, Practice Good Hand Hygiene, Avoid Contact with Sick Individuals, Use Personal Protective Equipment, Vaccination, Seek Medical Attention

