

# **Project Report**

<b>Date</b>	<b>19 NOVEMBER 2023</b>
<b>Team ID</b>	<b>Team-591645</b>
<b>Project Name</b>	<b>Diabetes Prediction Using Machine Learning</b>

## **1. INTRODUCTION**

### **1.1 Project Overview**

Objective: Develop a machine learning model to predict diabetes onset, enabling early intervention and prevention.

Dataset: Comprehensive health records including blood pressure, BMI, heart diseases, cholesterol levels, age, and family history.

Methodology:

1. Data Preprocessing: Clean and handle missing values.
2. Feature Selection: Identify key predictive features.
3. Model Selection: Experiment with logistic regression, decision trees, random forests, and support vector machines.
4. Training: Optimize model accuracy using a subset of the dataset.
5. Validation: Ensure model generalizability and assess performance.

Expected Outcomes:

1. Accurate Predictions: High accuracy in identifying individuals at risk.
2. Risk Factor Identification: Insights into key contributors to diabetes onset.
3. Early Intervention: Facilitate targeted preventive measures through early identification.

Impact: Improve public health outcomes by revolutionizing diabetes prevention through early detection and intervention.

### **1.2 Purpose**

The Purpose of this project is to identify individuals who may develop diabetes at an early age by using computer programs and data analysis. Primary objectives are:

1. Early Identification: Develop a method to identify individuals who are at risk of developing diabetes before they exhibit any symptoms.
2. Preventive Action: Assist medical professionals and individuals in taking proactive measures to avoid or control diabetes.
3. Data analysis: Look for trends that point to a higher risk of diabetes by utilizing data on blood pressure, weight, and family history.
4. Healthcare Improvement: By figuring out how to anticipate and prevent diabetes, you may help make healthcare better and eventually help people live healthier lives.
5. Machine Learning Application: Investigate how machine learning methods can be used to evaluate big health data sets, producing precise forecasts that may even save lives.

To put it another way, the goal is to employ technology to identify diabetes early on so that people may take preventative measures to stay well. It's all about leveraging data to identify trends and support physicians in making better choices for their patients. The project's overall goal is to improve diabetes detection and prevention, which will benefit healthcare.

## **2. LITERATURE SURVEY**

### **2.1 Existing problem**

Background:

Diabetes poses a significant global health challenge, with its prevalence on the rise. Early detection and preventive measures are crucial for managing this chronic condition effectively. However, the existing healthcare landscape faces challenges in identifying individuals at risk of developing diabetes in a timely manner.

Challenges:

1. Late-stage Diagnosis: Nowadays, a large number of diabetes patients are identified when symptoms become noticeable. As a result, intervention is delayed and preventive measures' efficacy is reduced.
2. Limited Predictive Tools: Accurately forecasting diabetes risk is difficult with the incomplete tools available to traditional healthcare practices. This makes it more difficult to put preemptive initiatives for high-risk individuals into action.
3. Data Overload: Clinical measurements and lifestyle data are among the many types of patient data that healthcare systems produce in enormous quantities. Nevertheless, it is challenging to draw significant conclusions and patterns from this data due to a lack of advanced research techniques.
4. Resource Constraints: Healthcare workers frequently encounter time and technological resource limitations that impede their capacity to evaluate large datasets and generate early forecasts.

5. Ineffective Risk Communication: The current system struggles to effectively communicate the risk of diabetes to individuals, limiting their awareness and understanding of preventive actions.

#### Project Rationale:

The aforementioned challenges highlight the need for a more proactive and data-driven approach to diabetes prediction. This project seeks to address these issues by leveraging machine learning techniques to develop a predictive model. The aim is to overcome the limitations of current practices, enabling early identification of individuals at high risk and facilitating timely preventive interventions. Through the implementation of this project, we aspire to contribute to a paradigm shift in diabetes management, enhancing the overall effectiveness of healthcare strategies and improving health outcomes for individuals and communities.

## 2.2 References

1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10107388/>
2. <https://iopscience.iop.org/article/10.1088/1742-6596/1684/1/012062/pdf>
3. Health Organization, World. (Year). "Guidelines for Diabetes Prediction and Prevention." *World Health Organization Publications*, Publication Number.
4. <https://www.analyticsvidhya.com/blog/2022/01/diabetes-prediction-using-machine-learning/>
5. Python Software Foundation. (Year). "Scikit-learn Documentation." *Scikit-learn Version*
6. [Kaggle. \(Year\). "Diabetes Prediction Dataset." \*Kaggle Datasets\*](#)

## 2.3 Problem Statement Definition

#### Problem:

The delayed recognition of individuals susceptible to diabetes is a significant concern in healthcare, resulting in missed opportunities for early intervention and prevention.

#### Challenges:

1. Conventional diagnostic methods often identify diabetes only when symptoms are apparent, limiting the effectiveness of preventive measures.
2. Analyzing a diverse array of health data, including blood pressure, BMI, and family history, poses a challenge in detecting subtle yet critical risk patterns.
3. The absence of advanced predictive tools in healthcare hinders the accuracy and efficiency of predicting the risk of developing diabetes.

#### Project Significance:

This project seeks to address these challenges by harnessing the power of machine learning to predict diabetes early. The ultimate goal is to transform healthcare practices, enabling timely and targeted interventions that have the potential to significantly improve health outcomes for individuals at risk of diabetes.

### 3. IDEATION & PROPOSED SOLUTION

#### 3.1 Empathy Map Canvas

An empathy map is a simple, easy-to-digest visual that captures knowledge about a user's behaviors and attitudes.

It is a useful tool to help teams better understand their users.

Creating an effective solution requires understanding the true problem and the person who is experiencing it. The exercise of creating the map helps participants consider things from the user's perspective along with his or her goals and challenges.

Problem Statement:

Improving the early detection of diabetes using machine learning to enhance patient outcomes and simplify monitoring and management.

In this project, we aim to use machine learning algorithms to predict the onset of diabetes in individuals based on their health records and other relevant factors such as age, BMI, family history, and lifestyle habits. The dataset used in this project will include information on various clinical parameters such as blood pressure, BMI, Heart diseases and cholesterol levels.

Our goal is to develop a predictive model that can accurately identify individuals who are at high risk of developing diabetes, thereby allowing for early intervention and prevention of the disease. By using machine learning techniques to analyze large amounts of data, we can identify patterns and make accurate predictions that could potentially save lives.

Overall, this project has the potential to contribute to the field of healthcare by improving early detection and prevention of diabetes, ultimately leading to better health outcomes for individuals and communities.

Reference:

<https://app.mural.co/t/aiml3182/m/aiml3182/1698831903030/134f5459c44ae220956371faf91035f66ca5fb07?sender=u10d9bb41eecb4475d9751169>

Empathy Mapping:



### 3.2 Ideation & Brainstorming

Brainstorm & Idea Prioritization Template:

Brainstorming provides a free and open environment that encourages everyone within a team to participate in the creative thinking process that leads to problem solving. Prioritizing volume over value, out-of-the-box ideas are welcome and built upon, and all participants are encouraged to collaborate, helping each other develop a rich amount of creative solutions.

Step-1: Team Gathering, Collaboration and Select the Problem Statement



## Conducting a brainstorm

Executing a brainstorm isn't unique; holding a productive brainstorm is. Great brainstorms are ones that set the stage for fresh and generative thinking through simple guidelines and an open and collaborative environment. Use this when you're just kicking-off a new project and want to hit the ground running with big ideas that will move your team forward.

- ⌚ 15 minutes to prepare
- 🕒 30-60 minutes to collaborate
- 👤 3-6 people recommended

Created in partnership with



### Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

⌚ 15 minutes



#### Choose your best "How Might We" Questions

Create 5 HMW statements before the activity to propose them to the team.



#### Set the stage for creativity and inclusivity

Go over the brainstorming rules and keep them in front of your team while brainstorming to encourage collaboration, optimism, and creativity.

1. **Encourage wild ideas** (If none of the ideas sound a bit ridiculous, then you are filtering yourself too much.)
2. **Defer judgement** (This can be as direct as harsh words or as subtle as a condescending tone or talking over one another.)
3. **Build on the ideas of others** (I want to build on that idea or the one of you and...)
4. **Stay focused on the topic at hand**
5. **Have one conversation at a time**
6. **Be visual** (Draw and/or upload to show ideas, whenever possible.)
7. **Go for quantity**



#### Interested in learning more?

Check out the Meta Think Kit website for additional tools and resources to help your team collaborate, innovate and move ideas forward with confidence.

[Open the website](#) →



### Choose your best "How Might We" Questions

Share the top 5 brainstorm questions that you created and let the group determine where to begin by selecting one question to move forward with based on what seems to be the most promising for idea generation in the areas you are trying to impact.

⌚ 10 minutes

QUESTION

How might we improve the accuracy of diabetes risk prediction models?

QUESTION

How might we integrate AI-driven diabetes risk prediction into existing healthcare systems and workflows?

QUESTION

How might we make diabetes risk prediction accessible to underserved communities?

QUESTION

1. How might we personalize diabetes risk predictions for each individual's unique circumstance?

QUESTION

How might we engage and motivate individuals to adopt healthier lifestyles based on diabetes risk predictions?

## Step-2: Brainstorm, Idea Listing and Grouping

2

**Brainstorm solo**

Have each participant begin in the "solo brainstorm space" by silently brainstorming ideas and placing them into the template. This "silent-storming" avoids group-think and creates an inclusive environment for introverts and extroverts alike. Set a time limit. Encourage people to go for quantity.

⌚ 10 minutes

**Person 1****Person 2****Person 3****Person 4**

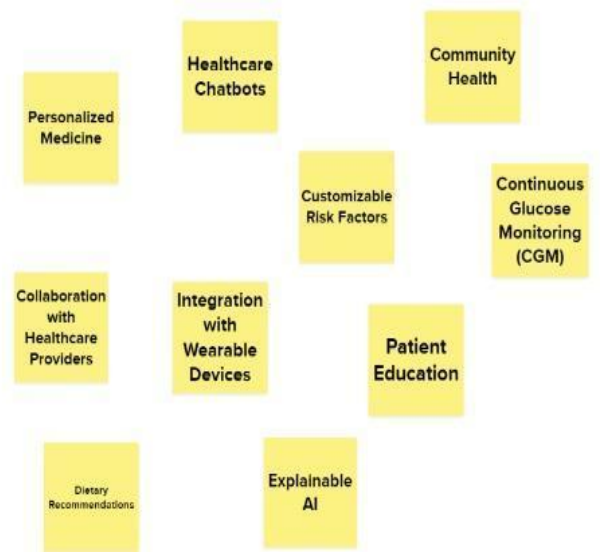
3

**Brainstorm as a group**

Have everyone move their ideas into the "group sharing space" within the template and have the team silently read through them. As a team, sort and group them by thematic topics or similarities. Discuss and answer any questions that arise. Encourage "Yes, and..." and build on the ideas of other people along the way.

⌚ 15 minutes

**TIP**  
You can use the Voting session tool above to focus on the strongest ideas.



Step-3: Idea Prioritization Reference:

4

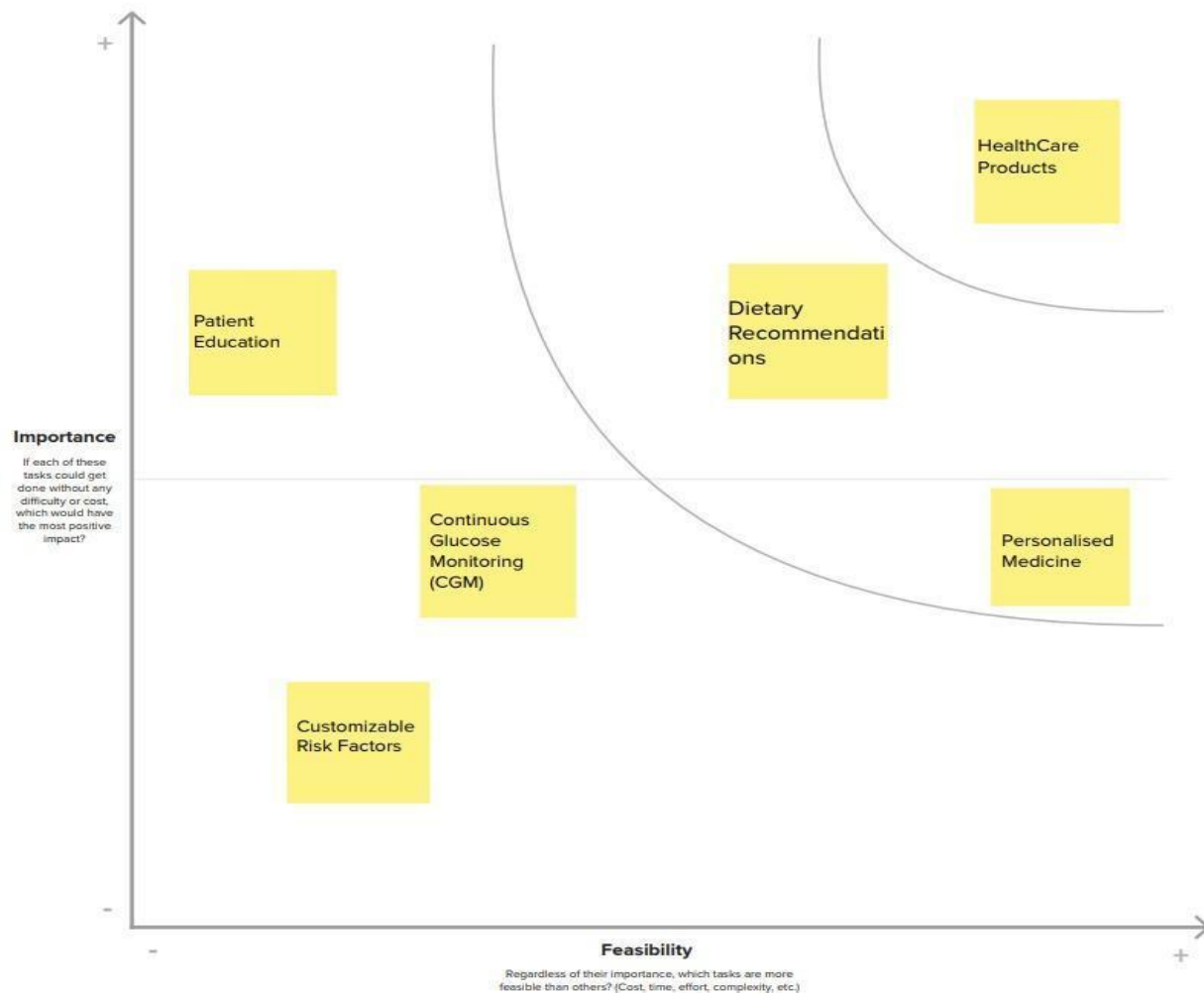
## Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

⌚ 20 minutes

### TIP

Participants can use their cursors to point at where sticky notes should go on the grid. The facilitator can confirm the spot by using the laser pointer holding the **H** key on the keyboard.



<https://app.mural.co/t/vitapuniversity7296/m/vitapuniversity7296/1698841045421/1b15491df4a6a16542c7ad9ec9d0c1ff313d1385?sender=u623bf941642d1646117b6659>

<https://app.mural.co/t/project5088/m/project5088/1698845618841/be378332c291f8b51c0229a2160268a8b1e2e969?sender=u90a5584c59485c7f9fd98440>

## 4. REQUIREMENT ANALYSIS

### 4.1 Functional requirement



Functional requirements describe the specific features and capabilities that the system must have to meet its intended purpose. For the "Diabetes Prediction Using Machine Learning" project, the functional requirements include:

1. Data Input:

The system accepts diverse health data, including blood pressure, BMI, heart diseases, cholesterol levels, age, and family history.

2. Data Preprocessing:

Implementing data cleaning and preprocessing algorithms to handle missing values, outliers, and ensure data consistency.

Validating and standardizing input data to prepare it for analysis.

3. Feature Selection:

Identifying and selecting relevant features contributing to diabetes prediction.

Implement algorithms for automatic feature selection to enhance model efficiency.

4. Model Training:

Utilizing machine learning algorithms to train the predictive model.

Optimizing the model for accuracy using a subset of the dataset.

5. Prediction Output:

Generating accurate predictions for individuals at risk of developing diabetes.

Providing clear and interpretable results for healthcare practitioners.

6. Integration with Healthcare Systems:

Ensuring seamless integration with existing healthcare information systems.

Allowing for easy interoperability with electronic health records.

## **4.2 Non-Functional requirements**

Non-functional requirements specify criteria that do not directly relate to the system's functionalities but are crucial for its overall effectiveness and performance. For this project, the non-functional requirements include:

1. Accuracy and Reliability:

The predictive model has a high level of accuracy in identifying individuals at risk of diabetes.

2. Scalability:

The system has a scalable to handle an increasing volume of health data as the dataset grows over time.

### 3. Interpretability:

Ensuring that the machine learning model's predictions are interpretable by healthcare practitioners.

Providing explanations for the factors influencing the model's predictions to build trust among users.

### 4. Security and Privacy:

Implements robust security measures to protect sensitive health data from unauthorized access.

Adheres to privacy regulations and standards, ensuring compliance with data protection requirements.

### 5. User Interface Design:

Designed an intuitive and user-friendly interface for healthcare practitioners to input and retrieve patient information easily.

Ensure that the interface facilitates effective communication of the model's predictions.

### 6. Performance:

The system processes data efficiently and delivers predictions in a timely manner.

Minimizes latency to support real-time or near-real-time decision-making.

### 7. Training:

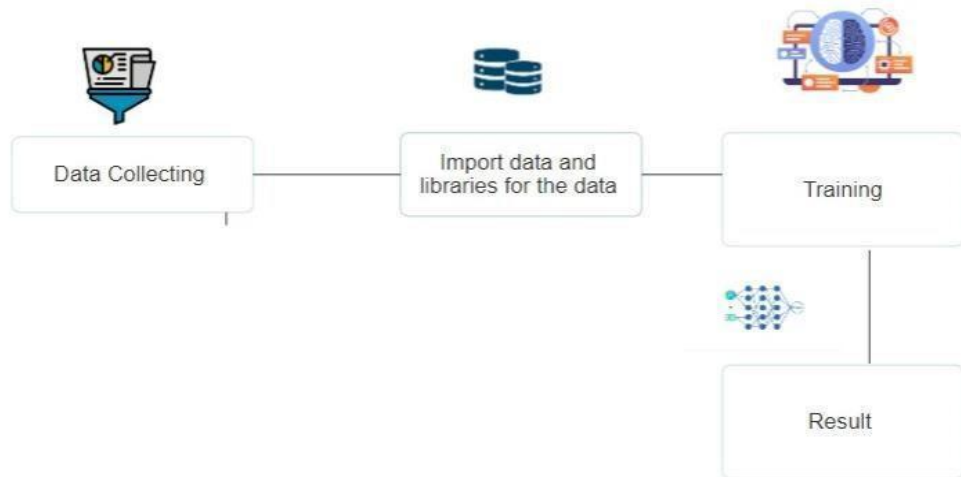
Provides training materials and support for healthcare practitioners to effectively use the system.

By defining these functional and non-functional requirements, the project team establishes a clear framework for developing a robust and effective Diabetes Prediction system using machine learning. These requirements guide the design, implementation, and evaluation of the system throughout the development lifecycle.

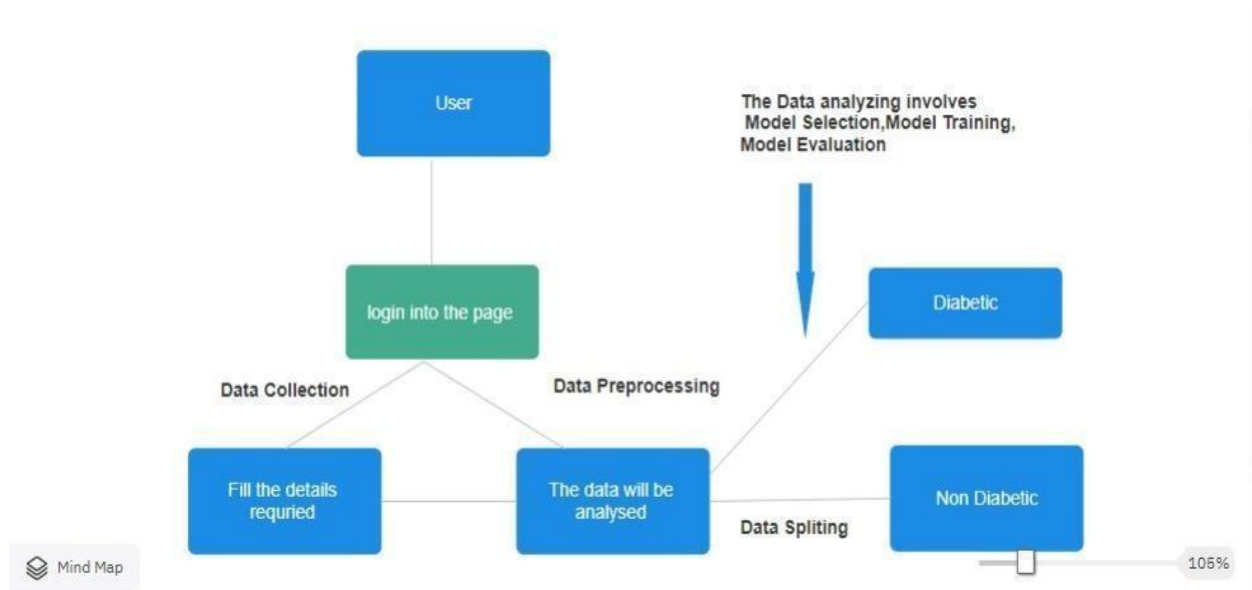
## 5. PROJECT DESIGN

### 5.1 Data Flow Diagrams & User Stories

A Data Flow Diagram (DFD) is a traditional visual representation of the information flows within a system. A neat and clear DFD can depict the right amount of the system requirement graphically. It shows how data enters and leaves the system, what changes the information, and where data is stored.



1. User figure out the symptoms available in the application
2. Gives the details of family history, food habits and common symptoms
3. The data is sent for processing to evaluation.
4. Finally the result is extracted and passed to application.
5. The Finalized data is visualized in the UI using the result.



User Stories

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Healthcare Provider	Data Input and Risk Assessment	USN-1	As a user, I can take Input from Patient Data for Diabetes Risk Assessment	<p>~The system should provide a user-friendly interface for healthcare providers to input patient data, including age, gender, family history, BMI, blood pressure, glucose levels, and cholesterol.</p> <p>~Upon data input, the system should accurately calculate and display the patient's risk of developing diabetes within a specified time frame.</p> <p>~The system should make treatment recommendations based on the risk assessment.</p>	High	Sprint-1
Patient	Self-Monitoring and Risk Assessment	USN-2	As a user, I will have Self-Monitoring and take Diabetes Risk Assessment	<p>~Patients should be able to input their medical history and current health data into the system.</p> <p>~The system should provide a diabetes risk assessment score based on the patient's input.</p> <p>~Patients should receive personalized recommendations for lifestyle changes, diet, and exercise to reduce their diabetes risk.</p>	Medium	Sprint-1
Data Scientist	Data Access and Model Training	USN-3	As a user, I can Access and Use Historical Data for Model Training	<p>~Data scientists should have access to a diverse dataset with patient profiles and historical diabetes diagnosis records.</p> <p>~The system should allow data scientists to extract, preprocess, and use this data for training and</p>	High	Sprint-1

				validating machine learning models. ~The system should provide APIs or tools for data scientists to interact with the dataset and model training.		
Researcher	Result Analysis and Research	USN-4	As a user, I can Access and Analyze Prediction Results	~Researchers should have access to prediction results for further study and analysis. ~The system should provide relevant statistical information and visualization tools to help researchers understand factors influencing diabetes risk. ~The system should allow researchers to download prediction data for their studies.	High	Sprint-1
All Users (General)	Login	USN-5	As a user, I can log into the application by entering email & password	~Users who forget their passwords should be able to reset them securely through a password recovery process. ~The system should track login attempts and provide security measures against brute-force attacks.	Medium	Sprint-1
All Users (General)	Dashboard	USN-6	Create User Dashboards	~After successful login, each user should have access to a personalized dashboard. ~The dashboard should display relevant information based on the user's role and access rights, providing an overview of key features and data. Healthcare providers should see patient-related information and risk assessment tools. ~Data scientists should have access to data extraction and model training tools.	High	Sprint-1

Customer (Web user)	User Registration and Profile	USN-7	Register and Create User Profile	<p>~Customers should be able to register on the platform by providing necessary information, including name, email, and password.</p> <p>~After registration, customers should have the ability to create and edit their user profiles, which may include personal information, medical history, and preferences</p> <p>~Customers should receive a verification email to confirm their registration.</p>	High	Sprint-1
Customer Care Executive	Customer Management	USN-8	Manage Customer Profiles	<p>~Customer care executives should be able to search for and view customer profiles.</p> <p>~Executives should have the ability to update customer information and medical data as provided by the customers.</p> <p>~Customer care executives should be able to assist customers in using the system, including registration, risk assessment, and profile management.</p>	High	Sprint-1
Administrator	Security and Compliance	USN-9	As a user, I can Ensure Data Security and Compliance	<p>The system should implement robust security measures to protect patient data, including encryption, access controls, and regular security audits.</p> <p>The system should comply with data privacy regulations such as GDPR, ensuring that patient data is handled in a legally compliant manner.</p>	High	Sprint-1

## 5.2 Solution Architecture

Our diabetes detection project leverages cutting-edge AI and machine learning techniques to revolutionize the way diabetes is diagnosed and managed. Our architecture combines data science, healthcare expertise, and technology to create a comprehensive solution that

benefits patients, healthcare providers, and the environment.

Designing a solution architecture for a diabetes detection project using machine learning involves multiple components and considerations. Below is a high-level architecture for such a project:

Data collection, cleaning, and preprocessing.

Feature engineering and selection.

Model selection and training (e.g., logistic regression, decision trees, or deep learning).

Hyperparameter tuning for optimal performance.

Model evaluation using appropriate metrics.

Model deployment (e.g., API, containers, or cloud-based solutions).

Continuous monitoring, maintenance, and retraining.

User-friendly interface development.

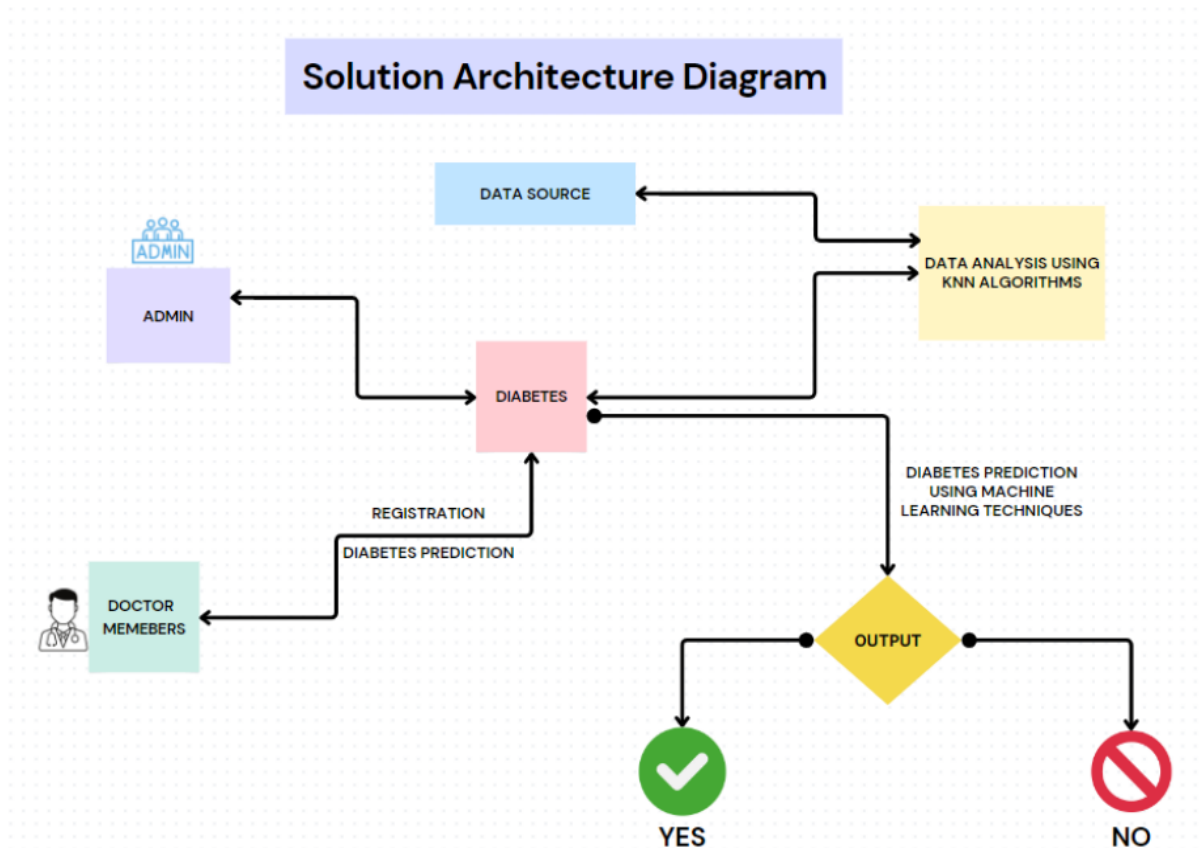
Security and compliance with healthcare regulations.

Documentation and integration with healthcare systems.

Scalability and performance optimization.

Feedback loop for continuous improvement.

Solution Architecture Diagram:



## 6. PROJECT PLANNING & SCHEDULING

### 6.1 Technical Architecture

S.No	Component	Description	Technology
1.	User Interface	Users can access the application through a web browser on their desktop or laptop.	HTML, CSS
2.	Application Logic-1	User Input Handling: When a user accesses the web application, display the homepage. Data Validation and Preprocessing: Preprocess the input data, such as normalizing and scaling numeric values, handling categorical data, and ensuring completeness	Python
3.	Application Logic-2	Machine Learning Model Integration: Load the trained machine learning model into the web application.	HTML,CSS

		Results Display: Display the prediction result to the user along with relevant information about the risk level.	
4.	Application Logic-3	Built a web application using flask	Flask
5.	Database	A simple website is made using web development and any servers can be added based on requirement	MySQL or SQLite
6.	Cloud Database	We have the flexibility to choose for any cloud Databases	Amazon RDS (Relational Database Service etc
7.	File Storage	Dataset storage, Model Storage	Local Filesystem
8.	External API-1	Health data APIs act as bridges between applications and diverse health-related information sources, fostering the development of applications that support users in monitoring and improving their health and well-being.	Health Data API <a href="#">at Supp</a>
9.	External API-2	Medical Data API provides access to relevant research findings, clinical trial data, or the latest information on diabetes treatments and medications. This additional data could enhance the project's accuracy and relevance, contributing to more informed predictions and recommendations.	Medical Data API
10.	Machine Learning Model	It uses machine learning models (K Nearest Neighbors, Support Vector Machine, and Naive Bayes) to analyze patterns in the data and make predictions. The goal is to identify people at high risk of diabetes early, allowing for timely intervention and prevention. The project contributes to healthcare by enhancing the early detection of diabetes, leading to	K Nearest Neighbors (KNN),Support Vector Machine (SVM) and Naive Bayes

		better health outcomes for individuals and communities.	
11.	Infrastructure (Server)	Application Deployment on Local System Local Server Configuration: <a href="http://127.0.0.1:5000/">http://127.0.0.1:5000/</a>	Local

### 6.2 Sprint Planning & Estimation



Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Form filling	USN-1	As a user, I can fill the form with details like age, insulin levels, BMI Index for the prediction.	2	High	Sadhia
Sprint-1		USN-2	As a user, I can give all the information for analysis of diabetes.	1	High	Purnima
Sprint-2		USN-3	As a user, I will click the predict button, so that the system proceeds.	2	Low	Meghana
Sprint-1		USN-4	As a user, I can get the results with in minutes.	2	Medium	Lalitha
Sprint-1	Results	USN-5	As a user, I will know whether I am having chances of diabetes or not.	1	High	Purnima

### 6.3 Sprint Delivery Schedule

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	20	4 Days	31 Oct 2023	03 Nov 2023	20	19 Nov 2023
Sprint-2	20	6 Days	04 Nov 2023	09 Nov 2023		
Sprint-3	20	4 Days	10 Nov 2023	13 Nov 2023		
Sprint-4	20	6 Days	14 Nov 2023	19 Nov 2023		

#### Velocity:

Imagine we have a 10-day sprint duration, and the velocity of the team is 20 (points per sprint). Let's calculate the team's average velocity (AV) per iteration unit (story points per day)

$$AV = \frac{\text{sprint duration}}{\text{velocity}} = \frac{20}{10} = 2$$

## 7. CODING & SOLUTIONING (Explain the features added in the project along with code)

### 7.1 Feature 1

In the provided code, the features used for predicting diabetes are limited to the following five input fields in the HTML form:

1. Glucose Level:

Input field for the glucose level of the individual.

2. Insulin:

Input field for the insulin level of the individual.

3. MI (Body Mass Index):

Input field for the Body Mass Index of the individual.

4. Diabetes PF (Diabetes Pedigree Function):

Input field for the Diabetes Pedigree Function, which provides a measure of diabetes heredity.

5. Age:

Input field for the age of the individual.

## 7.2 Feature 2

1. Pregnancies

The number of pregnancies the individual has had. This can be an important factor in understanding the individual's health history.

2. Blood Pressure:

Input field for the blood pressure of the individual. Blood pressure is a vital health metric and can contribute to diabetes risk assessment.

3. Skin Thickness:

Input field for the skin thickness of the individual. Skin thickness may be correlated with certain health conditions related to diabetes.

The selection of features depends on the dataset, the characteristics of the target population, and the specific goals of the predictive model. Adding more relevant features can potentially improve the accuracy and reliability of the diabetes prediction.

Source Code:

Ditect.html

```
<!DOCTYPE html>
<html>
  <head>
    <title>DITECT</title>
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet"
href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css">
  <style>
    body {
      font-family: Arial, Helvetica, sans-serif;
```

```
}
```

```
input[type=text], select {
```

```
width: 1180px;
```

```
padding: 12px 20px;
```

```
margin-left: 15px ;
```

```
margin-right: 15px ;
```

```
margin-top: 10px ;
```

```
margin-bottom: 10px ;
```

```
display: inline-block;
```

```
border: 1px solid #ccc;
```

```
border-radius: 4px;
```

```
box-sizing: border-box;
```

```
padding: 15px;
```

```
}
```

```
.registerbtn {
```

```
background-color: #e48912;
```

```
color: white;
```

```
padding: 16px 20px;
```

```
margin: 8px 0;
```

```
border: none;
```

```
cursor: pointer;
```

```
width: 100px;
```

```
opacity: 0.9;
```

```
text-align: center;
```

```
margin-left: 580px;
```

```
margin-top: 30px;
```

```
}
```

```
.homepage{
```

```
background-image: url('https://thumbs.dreamstime.com/b/digital-illustration-dna-structure-abstract-medical-background-technology-145822099.jpg') ;
```

```
height: 550px;
```

```
width: 1220px;
```

```
margin: 20px;
```

```
}

.registerbtn:hover {
opacity:1;
}

p{
color: rgb(58, 139, 11);
font-family:'Lucida Sans', 'Lucida Sans Regular', 'Lucida Grande', 'Lucida Sans Unicode',
Geneva, Verdana, sans-serif;
}


input[type=submit]:hover {
background-color: #17cce4;
}

.center {
margin: auto;
width: 60%;
border: 3px solid #ff9101c5;
padding: 10px;
}

.heading{
color:#ffffff;
text-align:center;
margin-top :30px;
font-size:25px;
font-weight:900;
}


</style>
</head>
<body>
<div class="homepage">
```

```

<h2> <p style="text-align:center;" class="heading" >Diabetes Prediction</p></h2>
<form action="/predict"method="post">
<!-- <input type="text" name="Pregnancies" placeholder="Pregnancies" required="required" /> -->
<input type="text" name="Glucose Level" placeholder="Glucose Level" required="required" />
<!-- <input type="text" name="Blood Pressure" placeholder="Blood Pressure" required="required"
/>
<input type="text" name="Skin Thickness" placeholder="Skin Thickness" required="required"
/>-->
<input type="text" name="Insulin" placeholder="Insulin" required="required" />
<input type="text" name="BMI" placeholder="BMI" required="required" />
<input type="text" name="Diabetes PF" placeholder="Diabetes PF" required="required" />
<input type="text" name="Age" placeholder="Age" required="required" />
<button type="submit" class="registerbtn">Predict</button>

</form>
</div>
</div>
</body>
</html>

```

## Result.html

```

<!DOCTYPE html>
<html>
<head>
  <title>DITECT</title>
<meta name="viewport" content="width=device-width, initial-scale=1">
<link rel="stylesheet"
href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css">

<style>
body {
  font-family: Georgia, serif;
}
h2 {

```

```
color: rgb(0, 0, 0);
    font-family: Georgia, serif;
    align-content: center;
    font-size: 2rem;
}

.center {
margin: auto;
width: 60%;
border: 3px solid #ccc;
padding: 20px;
}

input[type=text], select {
width: 100%;
padding: 12px 20px;
margin: 8px 0;
display: inline-block;
border: 1px solid #ccc;
border-radius: 4px;
box-sizing: border-box;
}

.registerbtn {
    font-family: "Open Sans", sans-serif, bold;
    font-size: 20px;
    letter-spacing: 3px;
    text-decoration: none;
    color: #000;
    cursor: pointer;
    border: 2px solid;
    padding: 0.75em 1em;
    position: relative;
    user-select: none;
    -webkit-user-select: none;
    touch-action: manipulation;
    width: 95%;
```

```

        box-sizing: border-box;
        margin-bottom: 15px;
        background-color: #254fc3
    }

    input[type=submit]:hover {
        background-color: #17cce4;
    }

    .center {
        margin: auto;
        width: 90%;
        border: 3px solid #000000c5;
        padding: 20px;
        text-align: center;
        background-color: rgb(208, 156, 83)
    }
</style>
</head>
<body>

<div class="center">
    <h2>Results: </h2>
    {% if prediction == 1%}
        <h2 style="color: rgb(189, 16, 16);">You have chance of having Diabetes, please consult a
Doctor.</h2>
        <p style="text-align:center;"> <a href="https://ibb.co/pyNgQJ6"></p>
        {% elif prediction == 0%}
            <h2 style="color: rgb(25, 31, 197);">No Worries, You don't have chance of having Diabetes.</h2>
            <p style="text-align: center;"></p> <a href="https://ibb.co/Sxk0dZx"></p>
            {% endif %}
        </div>

</body>

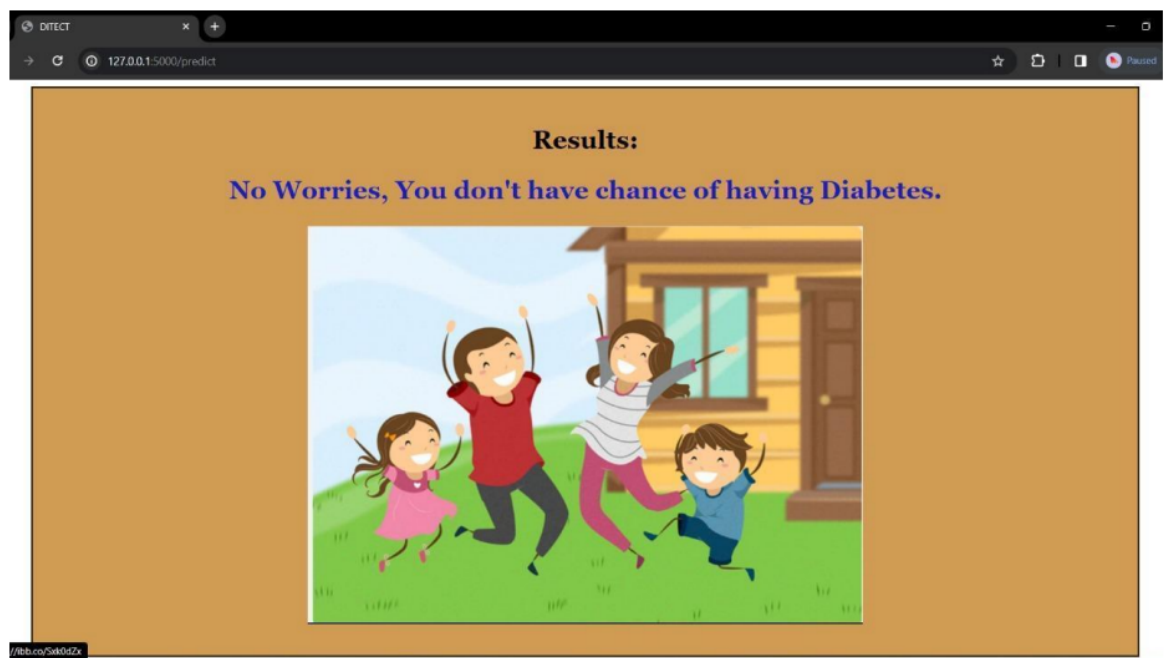
```

```
</html>
```

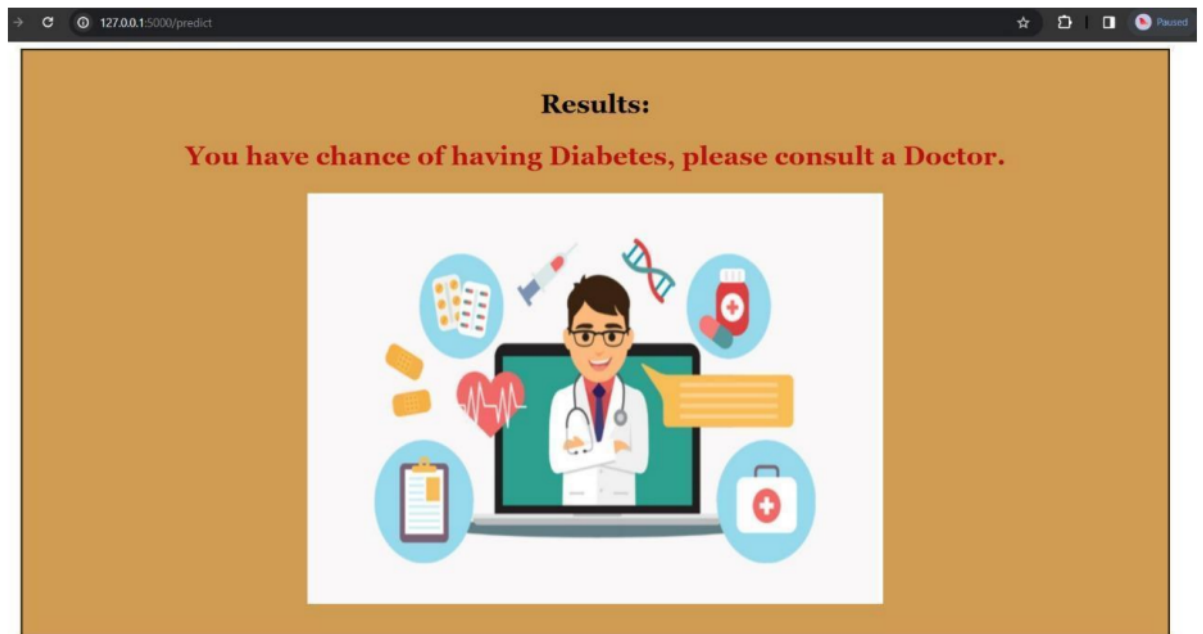
## Output



The image shows a web application titled "Diabetes Prediction". It features a dark blue background with a subtle pattern of binary code and a white ECG line. The application has five input fields: "Glucose Level", "Insulin", "BMI", "Diabetes PF", and "Age". Below these fields is an orange "Predict" button. The interface is clean and modern, with a focus on user input.








## 8. PERFORMANCE TESTING

### 8.1 Performance Metrics

S.No.	Parameter	Values	Screenshot																														
1.	Metrics	<p><b>Regression Model:</b> MAE - 0.1725 , MSE - 0.1725 , RMSE - 0.4153311931459037, R2 score - 0.2072610294117646</p> <p><b>Classification Model:</b> Confusion Matrix - [[239 33] [ 36 92]], Accuray Score- &amp; Classification Report - 0.8275</p> <table><thead><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr></thead><tbody><tr><td>0</td><td>0.87</td><td>0.88</td><td>0.87</td><td>272</td></tr><tr><td>1</td><td>0.74</td><td>0.72</td><td>0.73</td><td>128</td></tr></tbody></table> <table><tbody><tr><td>accuracy</td><td></td><td></td><td>0.83</td><td>400</td></tr><tr><td>macro avg</td><td>0.80</td><td>0.80</td><td>0.80</td><td>400</td></tr><tr><td>weighted avg</td><td>0.83</td><td>0.83</td><td>0.83</td><td>400</td></tr></tbody></table>		precision	recall	f1-score	support	0	0.87	0.88	0.87	272	1	0.74	0.72	0.73	128	accuracy			0.83	400	macro avg	0.80	0.80	0.80	400	weighted avg	0.83	0.83	0.83	400	 <pre># Regression Model Evaluation Metrics mae = mean_absolute_error(y_test, knn_y_pred) mse = mean_squared_error(y_test, knn_y_pred) rmse = np.sqrt(mse) r2 = r2_score(y_test, knn_y_pred) print("Regression Model Metrics (KNN):") print("MAE:", mae) print("MSE:", mse) print("RMSE:", rmse) print("R2 Score:", r2)  knn_cm = confusion_matrix(y_test, knn_y_pred) print("Classification Model Metrics (KNN):") print("Confusion Matrix (KNN):") print(knn_cm) accuracy_knn = accuracy_score(y_test, knn_y_pred) print("Accuracy Score (KNN):", accuracy_knn) classification_report_knn = classification_report(y_test, knn_y_pred) print("Classification Report (KNN):") print(classification_report_knn)  Classification Model Metrics (KNN): Confusion Matrix (KNN): [[239  33]  [ 36  92]] Accuracy Score (KNN): 0.8275 Classification Report (KNN): precision    recall  f1-score   support 0           0.87     0.88     0.87       272 1           0.74     0.72     0.73       128   accuracy          0.83       400  macro avg         0.80     0.80     0.80       400  weighted avg      0.83     0.83     0.83       400</pre>
	precision	recall	f1-score	support																													
0	0.87	0.88	0.87	272																													
1	0.74	0.72	0.73	128																													
accuracy			0.83	400																													
macro avg	0.80	0.80	0.80	400																													
weighted avg	0.83	0.83	0.83	400																													

2.	Tune the Model	Hyperparameter Tuning - Validation Method -	<div><div>Classification Model Metrics (SVM): Confusion Matrix (SVM): [[252 28] [ 56 72]] Accuracy Score (SVM): 0.81 Classification Report (SVM):</div><table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.82</td><td>0.93</td><td>0.87</td><td>272</td></tr><tr><td>1</td><td>0.78</td><td>0.56</td><td>0.65</td><td>128</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.81</td><td>400</td></tr><tr><td>macro avg</td><td>0.80</td><td>0.74</td><td>0.76</td><td>400</td></tr><tr><td>weighted avg</td><td>0.81</td><td>0.81</td><td>0.80</td><td>400</td></tr></table></div> <div><div>Classification Model Metrics (Naive Bayes): Confusion Matrix (Naive Bayes): [[242 30] [ 63 65]] Accuracy Score (Naive Bayes): 0.7675 Classification Report (Naive Bayes):</div><table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.79</td><td>0.89</td><td>0.84</td><td>272</td></tr><tr><td>1</td><td>0.68</td><td>0.51</td><td>0.58</td><td>128</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.77</td><td>400</td></tr><tr><td>macro avg</td><td>0.74</td><td>0.70</td><td>0.71</td><td>400</td></tr><tr><td>weighted avg</td><td>0.76</td><td>0.77</td><td>0.76</td><td>400</td></tr></table></div>		precision	recall	f1-score	support	0	0.82	0.93	0.87	272	1	0.78	0.56	0.65	128	accuracy			0.81	400	macro avg	0.80	0.74	0.76	400	weighted avg	0.81	0.81	0.80	400		precision	recall	f1-score	support	0	0.79	0.89	0.84	272	1	0.68	0.51	0.58	128	accuracy			0.77	400	macro avg	0.74	0.70	0.71	400	weighted avg	0.76	0.77	0.76	400
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weighted avg	0.76	0.77	0.76	400																																																											

## 9. RESULTS

### 9.1 Output Screenshots

Diabetes Prediction

Glucose Level

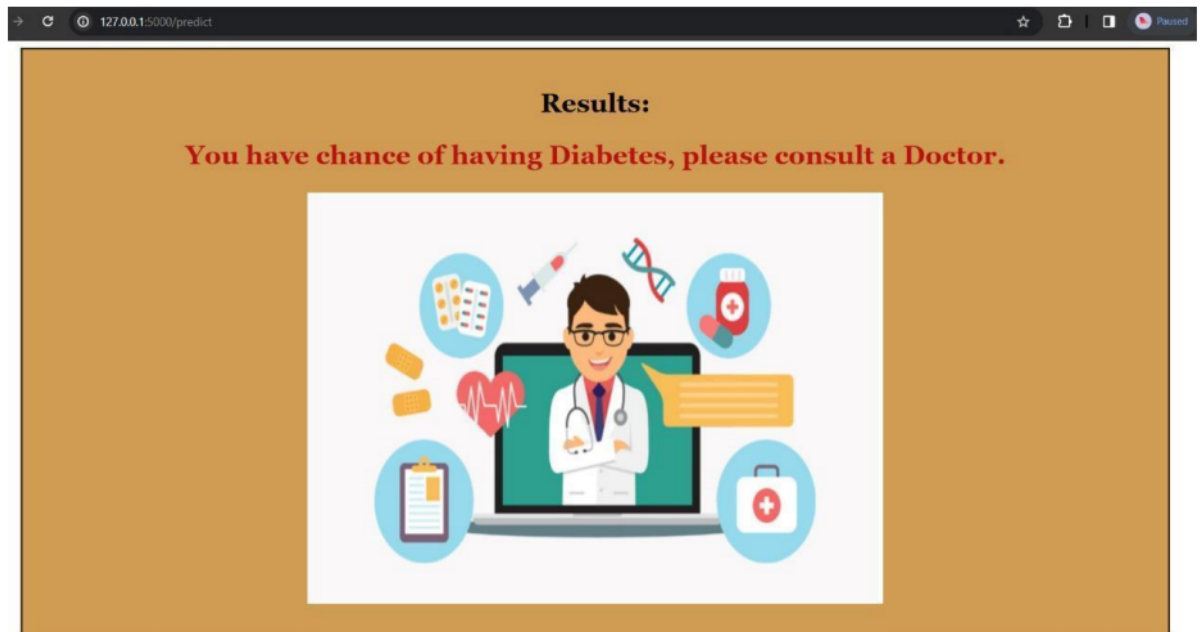
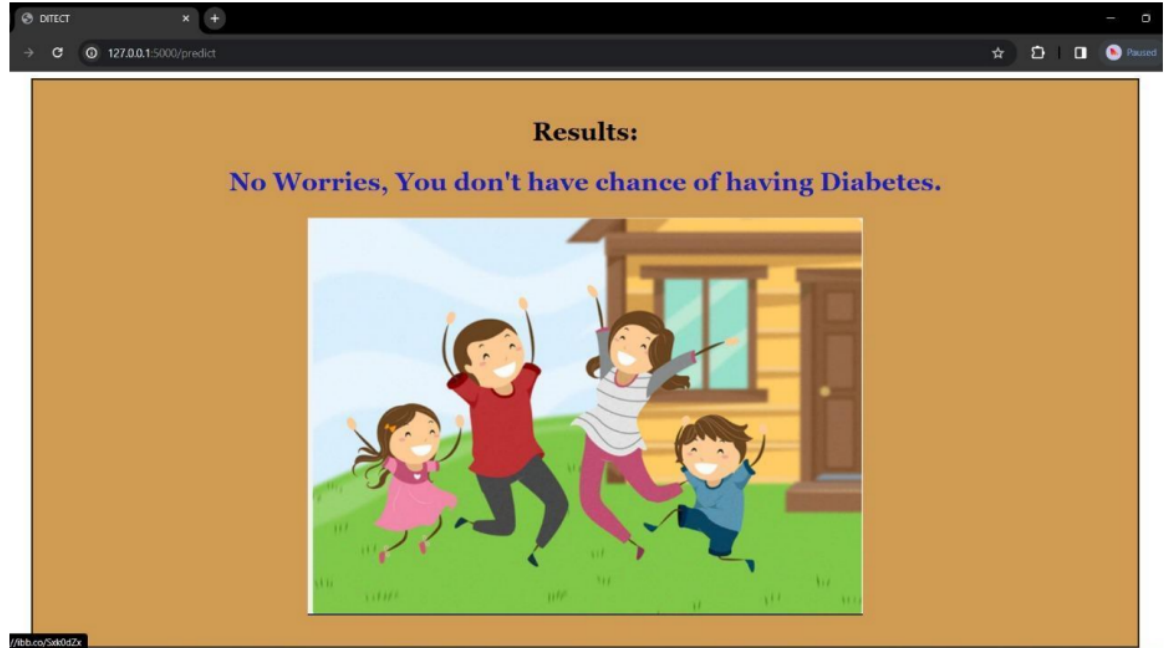
Insulin

BMI

Diabetes PF

Age

Predict



## 10. ADVANTAGES & DISADVANTAGES

**Advantages :**

- Early Detection:
  - Machine learning algorithms can analyze large datasets and identify patterns that might not be apparent to human observers. This can lead to the early detection of diabetes or prediabetes, allowing for timely intervention and management.
- Personalized Medicine:
  - ML models can take into account a wide range of variables, including genetics, lifestyle, and environmental factors, to create personalized predictions and treatment plans. This tailored approach can be more effective than one-size-fits-all solutions.
- Improved Accuracy:
  - Machine learning models can process vast amounts of data and learn complex relationships, potentially leading to more accurate predictions compared to traditional methods. This can help in identifying individuals at risk with higher precision.
- Cost-Effective:
  - Early detection and prevention of diabetes through machine learning can potentially reduce healthcare costs in the long run. By identifying high-risk individuals, resources can be directed towards targeted interventions, preventing complications and reducing the economic burden of diabetes.
- Continuous Monitoring:
  - Machine learning models can be used for continuous monitoring of individuals at risk. This real-time analysis can provide timely insights and alerts, enabling better disease management.

## **Disadvantages :**

- Data Quality and Bias:
  - The accuracy of machine learning models heavily depends on the quality and representativeness of the data used for training. If the data is biased or incomplete, the model may not generalize well to diverse populations, leading to inaccurate predictions.
- Interpretability:
  - Many machine learning models, especially complex ones like deep neural networks, are often considered "black boxes" because their decision-making processes are not easily interpretable. This lack of transparency can be a barrier to gaining trust from healthcare professionals and patients.
- Privacy Concerns:
  - Predictive models often require access to sensitive health data. Protecting patient privacy while utilizing this information for training models is a significant challenge. Striking the right balance between data access and privacy is crucial.
- Overfitting:
  - Machine learning models may be prone to overfitting, where they perform well on the training data but fail to generalize to new, unseen data. Ensuring the model's robustness and generalizability is essential for its practical utility.
- Ethical Considerations:
  - There are ethical considerations regarding the use of predictive models in

healthcare. For example, the potential for discrimination based on predictions could lead to unequal access to resources or stigmatization of certain individuals.

## 11. CONCLUSION

In conclusion, the use of machine learning for diabetes prediction presents both promising opportunities and challenges in the field of healthcare. The potential for early detection, personalized medicine, improved accuracy, and cost-effective interventions highlights the positive aspects of integrating machine learning into diabetes management. Efforts to enhance the transparency and interpretability of machine learning models, ensuring data privacy and security, and addressing biases in training data are crucial for the successful implementation of these predictive tools. Additionally, ethical guidelines and regulatory frameworks must be established to govern the responsible development and deployment of machine learning applications in healthcare. Overall, while machine learning has the potential to significantly contribute to diabetes prediction and prevention, a thoughtful and balanced approach is essential to maximize its benefits while minimizing potential risks and ensuring equitable access to healthcare resources.

## 12. FUTURE SCOPE

**The future scope of using machine learning for diabetes prediction and management is broad and holds the potential for transformative advancements in healthcare.**

Advanced Predictive Models:

- Ongoing research may lead to the development of more sophisticated and accurate predictive models. Incorporating advanced machine learning techniques, such as deep learning and ensemble methods, could improve the ability to detect early signs of diabetes and enhance risk stratification.

Integration with Wearable Devices:

- The integration of machine learning models with wearable devices and continuous monitoring technology could enable real-time tracking of health parameters. This integration could provide timely feedback to individuals at risk and enhance personalized interventions.

Blockchain for Data Security:

- Given the sensitivity of health data, the integration of blockchain technology for secure and decentralized storage of patient information could address privacy concerns. Blockchain can provide a transparent and secure way to manage health records and ensure data integrity.

Patient Empowerment and Education:

- Future applications may emphasize not only prediction but also patient education and empowerment. Machine learning models could be used to develop

user-friendly interfaces, providing individuals with actionable insights, lifestyle recommendations, and educational resources for diabetes prevention and management.

Global Health Impact:

- Machine learning models can be adapted for use in various global healthcare settings, particularly in regions with limited resources. The development of cost-effective and scalable solutions can contribute to the early detection and management of diabetes on a global scale.

## 13. APPENDIX

### Source Code

```
import pandas as pd
import matplotlib.pyplot as plt
import numpy as np
import seaborn as sns

from sklearn.model_selection import train_test_split, GridSearchCV
from sklearn.preprocessing import StandardScaler
from sklearn.neighbors import KNeighborsClassifier
from sklearn.svm import SVC
from sklearn.naive_bayes import GaussianNB
from sklearn.metrics import confusion_matrix, accuracy_score, classification_report
from sklearn.metrics import mean_absolute_error, mean_squared_error, r2_score
import pickle

# Extracting data
dataset = pd.read_csv('diabetes.csv')
dataset.head()

# Our dataset dimensions
dataset.shape

dataset.describe()

sns.countplot(x='Outcome', data=dataset)
```

```
dataset['Outcome'].value_counts()
```

```
dataset.groupby('Outcome').mean()
```

```
corr_mat = dataset.corr()  
sns.heatmap(corr_mat, annot=True)
```

```
dataset.isna().sum()
```

```
# Feature matrix - Taking all our independent columns into a single array and dependent  
values into another array
```

```
x = dataset.iloc[:, :-1].values # Independent matrix
```

```
y = dataset.iloc[:, -1].values
```

```
x.shape
```

```
y
```

```
#glucose for diabetic
```

```
fig = plt.figure(figsize=(16,6))
```

```
sns.distplot(dataset["Glucose"][dataset["Outcome"] == 1])
```

```
plt.xticks([i for i in range(0,201,15)],rotation = 45)
```

```
plt.ylabel("Glucose count")
```

```
plt.title("Glucose",fontsize = 20)
```

```
#insulin for diabetic
```

```
fig = plt.figure(figsize = (16,6))
```

```
sns.distplot(dataset["Insulin"][dataset["Outcome"]==1])
```

```
plt.xticks()
```



```
plt.title("Insulin", fontsize = 20)
```

```
#BMI for diabetic
```

```
fig = plt.figure(figsize =(16,6))
```

```
sns.distplot(dataset["BMI"][dataset["Outcome"]==1])
```

```
plt.xticks()
```

```
plt.title("BMI", fontsize = 20)
```

```
#diabeticpedigreefunction for diabetic
```

```
fig = plt.figure(figsize = (16,5))
```

```
sns.distplot(dataset["DiabetesPedigreeFunction"][dataset["Outcome"] == 1])
```

```
plt.xticks([i*0.15 for i in range(1,12)])
```

```
plt.title("diabetespedigreefunction")
```

```
#Age for diabetic
```

```
fig = plt.figure(figsize = (16,6))
```

```
sns.distplot(dataset["Age"][dataset["Outcome"] == 1])
```

```
plt.xticks([i*0.15 for i in range(1,12)])
```

```
plt.title("Age")
```

```
#Removing unnecessary columns
```

```
x = dataset.drop(["Pregnancies","BloodPressure","SkinThickness","Outcome"],axis = 1)
```

```
y = dataset.iloc[:, -1]
```

```
# Splitting dataset into training set and test set
```

```
x_train, x_test, y_train, y_test = train_test_split(x, y, test_size=0.2, random_state=0)
```

```
sc = StandardScaler()
```

```
x_train = sc.fit_transform(x_train)
```

```
x_test = sc.transform(x_test)
```

```

# K-Nearest Neighbors (KNN) Classifier with Hyperparameter Tuning
knn = KNeighborsClassifier()

knn_param_grid = {'n_neighbors': [5, 10, 15, 20, 25], 'metric': ['minkowski', 'euclidean',
'manhattan']}

knn_grid = GridSearchCV(knn, knn_param_grid, cv=5)
knn_grid.fit(x_train, y_train)
best_knn = knn_grid.best_estimator_

# Use the best model for predictions
knn_y_pred = best_knn.predict(x_test)

mae = mean_absolute_error(y_test, knn_y_pred)
mse = mean_squared_error(y_test, knn_y_pred)
rmse = np.sqrt(mse)
r2 = r2_score(y_test, knn_y_pred)
print("Regression Model Metrics (KNN):")
print("MAE:", mae)
print("MSE:", mse)
print("RMSE:", rmse)
print("R2 Score:", r2)

# Classification Model Evaluation Metrics for KNN
knn_cm = confusion_matrix(y_test, knn_y_pred)
print("Classification Model Metrics (KNN):")
print("Confusion Matrix (KNN):")
print(knn_cm)
accuracy_knn = accuracy_score(y_test, knn_y_pred)
print("Accuracy Score (KNN):", accuracy_knn)
classification_report_knn = classification_report(y_test, knn_y_pred)
print("Classification Report (KNN):")
print(classification_report_knn)

```

```
knn_cm = confusion_matrix(y_test, knn_y_pred)
sns.heatmap(knn_cm, annot=True)
```

```
# Support Vector Machine (SVM) Classifier with Hyperparameter Tuning
```

```
svc = SVC()
svc_param_grid = {'kernel': ['linear', 'poly', 'rbf', 'sigmoid']}
svc_grid = GridSearchCV(svc, svc_param_grid, cv=5)
svc_grid.fit(x_train, y_train)
best_svc = svc_grid.best_estimator_
```

```
# Use the best model for predictions
```

```
svc_y_pred = best_svc.predict(x_test)
```

```
svc_cm = confusion_matrix(y_test, svc_y_pred)
print("Classification Model Metrics (SVM):")
print("Confusion Matrix (SVM):")
print(svc_cm)
accuracy_svc = accuracy_score(y_test, svc_y_pred)
print("Accuracy Score (SVM):", accuracy_svc)
classification_report_svc = classification_report(y_test, svc_y_pred)
print("Classification Report (SVM):")
print(classification_report_svc)
```

```
# Naive Bayes (NB) Classifier
```

```
nb_classifier = GaussianNB()
nb_classifier.fit(x_train, y_train)
nb_y_pred = nb_classifier.predict(x_test)
```

```
# Classification Model Evaluation Metrics for Naive Bayes
```

```
nb_cm = confusion_matrix(y_test, nb_y_pred)
print("Classification Model Metrics (Naive Bayes):")
print("Confusion Matrix (Naive Bayes):")
```

```
print(nb_cm)
accuracy_nb = accuracy_score(y_test, nb_y_pred)
print("Accuracy Score (Naive Bayes):", accuracy_nb)
classification_report_nb = classification_report(y_test, nb_y_pred)
print("Classification Report (Naive Bayes):")
print(classification_report_nb)

# Save the best models and StandardScaler for future use
pickle.dump(best_svc, open('best_svc_classifier.pkl', 'wb'))
pickle.dump(best_knn, open('best_knn_classifier.pkl', 'wb'))
pickle.dump(sc, open('sc.pkl', 'wb'))
```

### **GitHub Link**

<https://github.com/sadhiasyed/Diabetes-Prediction-Using-Machine-Learning>

### **Project Demo Link**

<https://www.youtube.com/watch?v=N9oOUm0XO8k>