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| **1** | |  | **INTRODUCTION** | |  |  |  |
|  | |  | * 1. Overview   UrbanYogi is a platform created for yoga learners which gives fitness regime to be followed to make the life peaceful and stress free. | |  |  |  |
|  | |  | * 1. Purpose   The goal is to make the yoga reachable to masses by teaching simple steps of yoga. | |  |  |  |
| **2** | |  | **LITERATURE SURVEY** | |  |  |  |
|  | |  | 2.1 Existing problem  The various yoga websites have studios but millennials see this art as therapy or fitness for senior people. With yoga being carried with power steps along with creating regime for all age groups can make yoga simple but interesting. | | |  |  |
|  | |  | 2.2 Proposed solution  A new platform where to display available schedules and digital content on workouts | | |  |  |
| **3** | |  | **THEORITICAL ANALYSIS** | |  |  |  |
|  | |  | 3.1 Block diagram  User visits the website  Search for Trial classes, near you  Visit the publications/reaserched topics  See the blog and add some comments, if any | |  |  |  |
|  | |  | 3.2 Hardware / Software designing | | |  |  |
| **4** | |  | **EXPERIMENTAL INVESTIGATIONS** | | |  |  |
| **5** | |  | I have trained multiple people of young generations and found doing the yoga with tips and modifications interests the students, hence tried to showcase same with my designs and content on hosted website. | |  |  |  |
| **6** | |  | **RESULT**  **https://wzt.d19.myftpupload.com/** |  |  |  |  |
| **7** | |  | **ADVANTAGES & DISADVANTAGES** | | |  |  |
| **8** | |  | **Good to improve your lifestyle, making it more helathier with due diligence done for health wise benefits done.**  **APPLICATIONS** | |  |  |  |
| **9** | |  | Availability of yoga site with short and time bound videos, so that same can be used by people with busy schedules. Also use the site as learning portal for yogic practices.  **CONCLUSION** | |  |  |  |
| **10** | |  | **FUTURE SCOPE**  Health industry is an ever-growing industry and yoga is another interesting segment to same, this framework designed for yoga propagation and learning will not only help older but different generations. | | **`** |  |  |
| **11** | |  | **BIBILOGRAPHY** | |  |  |  |
|  | |  | **Patanjali Sutra for knowledge**  **Yogaforall website for content**  **APPENDIX** | |  |  |  |
|  |  | | A. Source code | |  |  |  |
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