

```
trigger RestrictContactByName on Contact (before insert, before update) {
```

```
    //check contacts prior to insert or update for invalid data
```

```
    For (Contact c : Trigger.New) {
```

```
        if(c.LastName == 'INVALIDNAME') {    //invalidname is invalid
```

```
            c.AddError('The Last Name "'+c.LastName+'" is not allowed for DML');
```

```
        }
```

```
    }
```

```
}
```