```apex
trigger ClosedOpportunityTrigger on Opportunity (after insert, after update) {

    List<Task> taskList = new List<Task>

   for(Opportunity opp : [SELECT Id, StageName FROM Opportunity WHERE StageName='Closed
Won' AND Id IN : Trigger.New]){

     taskList.add(new Task(Subject='Follow Up Test Task', WhatId = opp.Id));

 }

    for(opportunity opp: Trigger.New){

      if(opp.StageName!=trigger.oldMap.get(opp.id).stageName)

    {

       taskList.add(new Task(Subject = 'Follow Up Test Task',

               WhatId = opp.Id));

    }

  }

  if(taskList.size()>0){

    insert tasklist;

  }


}
```