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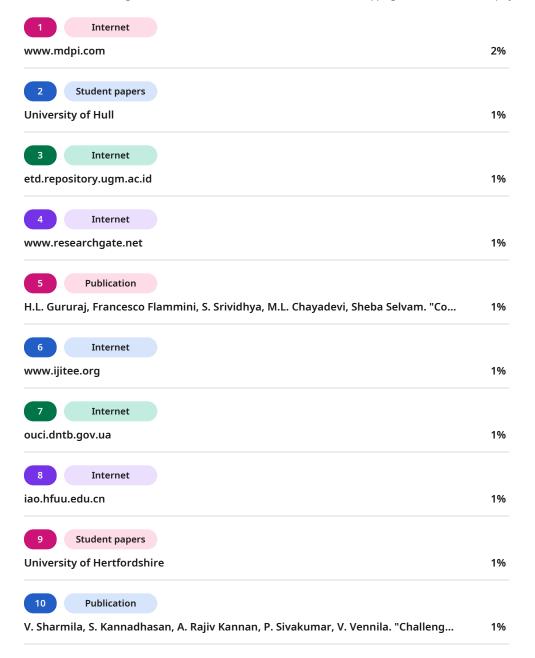
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For Autism Spectrum Disorder Detection:

A Comparative Analysis

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- teenagers currently is Autism Spectrum Disorder (ASD), a neurological development disorder that hampers social interaction and causes several behavioral problems. Thus, early detection of ASD is necessary due to the unknown nature of its underlying cause. In this study, we have conducted a

Abstract— A major challenge for both young children and

- comparative analysis of early prediction of ASD using Machine Learning and Deep Learning techniques. Several machine learning classifiers, including Catboost, XGboost, Deep Neural Network, Stacked Ensemble Methods and Random forest have been employed in this research. Among all the classification models, the Catboost algorithm has given the maximum accuracy of 97.73%, XGboost has given 97.46%, Deep Neural network with 97.20%, Stacked Ensemble with 96.93% and Random Forest with 96.53% accuracy. The Implemented code

has been made available on GitHub.

- Keywords— Autism Spectrum Disorder, Machine Learning Catboost, XGboost, Deep Neural Network, Stacked Ensemble and Random forest

I. INTRODUCTION



Autism spectrum disorder is a condition that impacts neurological and developmental functioning, affecting an individual's social interactions, communication skills, learning abilities, and behavioral patterns. While diagnosis can occur at any age, it is typically classified as a developmental disorder due to the emergence of symptoms within the initial two years of life. Early symptoms of ASD include a lack of eye contact and a lack of response to calling[1].



Based on the survey taken in the year 2021, globally there are 788 per 10,000 cases which is approximately 61.8 million autistic individuals are surviving which is equivalent to 1 autistic out of 127 normal people[2].

A. Common Symptoms of ASD:

Some of the Symptoms of autistic individuals are listed below. The symptoms differs from individual to individual

- Poor Eye Contact
 - Hand Flapping
 - No Name-calling Response
 - Tip Toe Walking

- Poor social Communication
- Distinct reactions to Sound, Light etc.,
- **Echolalia**

B. Therapeutic measures:

Some of the treatment procedures for the treatment of ASD are listed below:

- Occupational Therapy
- Speech and Language Therapy
- Sensory Integration Therapy
- Behavioral (ABA Therapy)
- Pharmacological Therapy
- Aquatic Therapy or Hydro Therapy

The Importance of identifying the Autism spectrum disorder is made in the early stage with the help of an automated approach. This makes the treatment process easier and through various therapies, drastic changes in the behavior of the individual can be achieved in the toddler stage.

Traditional methods of detection like Autism Diagnostic Interview-Revised (ADI-R) and Autism Diagnostic Observation Schedule Revised (ADOS-R) are often timeconsuming and not tailored to each patient's symptoms [3]. These methods are highly susceptible to false diagnostics due to the nature of the disorder. This presents an urgent need for better and more advanced methods for ASD detection. Machine learning models learn on a wide range of patient datasets to analyze the different symptoms of each patient. It improves the detection accuracy and reduces the chances of false diagnostics or errors.

A number of studies have been conducted for ASD detection using machine learning techniques. The types of datasets vary as some studies [1], [4], [10] use facial videos and audio data for this purpose, some [5], [7] have used clinical images and few others [3], [6], [8], [9], [11], [12], [13] have utilized AQ-10 datasets which is a questionnaire based data having 10 parameters. In this study, we have used AQ-10 dataset and compared the performance of various machine learning algorithms such as Catboost, XGboost, Deep Neural Network, Stacked Ensemble Methods and Random forest.



5

II. LITERATURE SURVEY

• 1

Machine Learning techniques have greatly automated the detection of Autism Spectrum Disorder (ASD) by leveraging behavioural, clinical, and multimodal datasets. Traditional approaches such as Support Vector Machine (SVM), Random Forest (RF), and Gradient Boosting Methods have demonstrated high accuracy in classification tasks while deep learning models including CNNs and ResNet-50/Xception architectures have been employed for feature extraction and complex pattern recognition. Table 1 shows a comparative study of all the relevant works discussed in this section.

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Ben-Sasson et al [2] proposed a gradient-boosting-based prediction model for the early diagnosis of Autism Spectrum Disorder (ASD) using electronic health records (EHRs). The data was collected from 780,610 well-baby visits, out of which 1,163 cases were confirmed ASD diagnoses. The dataset allowed a comprehensive evaluation of ASD risk factors as it covered demographic, clinical, as well as developmental milestone data. Feature selection techniques were employed to identify high-impact predictors and a gradient-boosting classifier was trained to detect ASD with an AUC of 0.86. The study demonstrated the potential of integrating EHR data and machine learning algorithms to create data-driven screening tools for early ASD detection, particularly in large-scale paediatric populations. However, the dataset had limited diversity and emphasized the need for validation across varied demographics to improve generalizability.



Kuruguntla et al. [1] developed an image-based autism detection model to classify ASD in children. They leveraged deep learning architectures like ResNet-50 and Xception modules on a behavioural video dataset containing recorded gestures and visual cues associated with ASD symptoms. Various preprocessing techniques such as frame extraction and image augmentation were employed to expand and balance the dataset, ensuring robustness during training. CNNs were utilized to extract spatial and temporal features from the dataset, followed by classification through a softmax activation layer. Performance metrics, including accuracy (98.7%), precision, recall, and F1-score, highlighted the model's ability to detect ASD with high reliability. While the results were promising, the authors noted that the CNN models were computationally demanding and suggested additional research to support real-time implementation and validation across different populations.



Md Delowar Hossain et al. [3] conducted an extensive experimental analysis on binary ASD classification using datasets spanning toddlers, children, adolescents, and adults. The datasets included demographic, behavioural, and screening questionnaire responses, collected through Autistic-Spectrum Quotient (AQ) tests. The study compared 25 machine learning classifiers, including Support Vector Machines (SVM), Random Forest (RF), Decision Trees, and k-nearest Neighbors (k-NN). Feature selection was performed using the Relief algorithm to identify the most significant predictors from questionnaire-based features. Among the classifiers, SVM with Sequential Minimal Optimization (SMO) gave the best performance with an accuracy of 94%, high recall and low classification errors. The study highlighted the use of behavioural datasets combined with optimized ML algorithms to produce reliable screening tools, but it lacked generalizability across populations due to imbalanced datasets.

Vakadkar et al [4] developed a deep learning framework to detect ASD using multimodal data including behavioural assessments, facial features, and audio cues. The dataset combined behavioural questionnaires and video recordings of children performing specific tasks designed to evaluate communication and motor skills. They utilized CNN for image-based feature extraction and an LSTM network to process sequential data from audio and video recordings. The multimodal approach outperformed the traditional machine learning techniques, achieving an accuracy of 97.5%. Dropout layers and data augmentation techniques were used to reduce overfitting and improve the model's robustness. The authors highlighted the potential for integrating transfer learning techniques to reduce training time and computational requirements, suggesting a more scalable approach for larger datasets and diverse populations.

Parikh et al [5] utilized behavioural and demographic data to build a hybrid neural network optimized for personalized ASD screening. The dataset included clinical records and questionnaire data gathered from children diagnosed with ASD and control groups. The behavioural patterns extracted from images and recorded gestures were analysed using a CNN combined with a multilayer perceptron (MLP) for structured data processing. The model was trained using a cross-validation approach and adaptive learning rates, achieving an accuracy of 95.8%. The performance of the hybrid approach was validated using Gradient Boosting Trees as a baseline. The study emphasized the importance of integrating diverse data sources but acknowledged that scalability and cross-cultural validation remain areas for future exploration.

Akter et al [6] investigated the use of machine learningbased models for the early-stage detection of Autism Spectrum Disorder (ASD), utilizing the AQ-10 dataset designed for screening individuals across different age groups The study employed traditional machine learning techniques such as Adaboost, Random Forest and SVMs as primary classifiers, complemented by Principal Component Analysis (PCA) for feature reduction. The cross-validation technique was used to evaluate performance, with Adaboost achieving the highest accuracy of 92.3%. This work stands out for its focus on reducing model complexity by selecting a minimal feature set, making the proposed models computationally efficient without sacrificing accuracy. The findings emphasized that ensemble techniques like Adaboost not only handle imbalanced datasets effectively but also maintain high accuracy, suggesting their practical suitability for resourceconstrained environments.

Catherine et al [7] investigated the use of clinical datasets collected from very preterm infants to predict ASD risk using gradient-boosting models. Unlike other studies focused on behavioural datasets, this research prioritized early biomarkers, such as neonatal health metrics, growth patterns, and developmental delays, as predictive indicators. Feature selection methods like Recursive Feature Elimination (RFE) were applied to isolate the most influential markers, ensuring model simplicity and efficiency. The proposed model achieved an AUC of 0.87, demonstrating strong predictive capability even with limited datasets. A key takeaway was the model's ability to extend ASD screening to high-risk infants, enabling earlier interventions and shifting the focus from symptom detection to proactive diagnosis.

Page 10 of 17 - Engrega de integridad







Erkan et al [8] compared the performance of traditional machine learning algorithms such as Random Forest, knearest Neighbours and Logistic Regression on the AQ-10 dataset. Notably, Random Forest emerged as the best performer giving an accuracy of 93.8% and excelling in terms of precision and recall. The paper introduced hyperparameter optimization techniques, such as grid search, to fine-tune the models, leading to performance improvements. A key insight from this work was the scalability of ensemble models, which demonstrated stability even with small sample sizes and varying data distributions. The authors concluded that ensemble-based classifiers, particularly RF, offer a balanced trade-off between accuracy and computational efficiency, making them suitable for deployment in both research and clinical settings.

Daniel et al [9] focused on feature selection-based machine learning techniques to streamline ASD detection, emphasizing the importance of minimal feature sets for model efficiency. The AQ-10 dataset was used on methods like Recursive Feature Elimination (RFE) and Chi-Square Tests to identify key features while discarding redundant inputs. The study tested classifiers such as Random Forest (RF), Logistic Regression (LR), and Support Vector Machines (SVM), achieving 94.1% accuracy with reduced feature sets. A significant finding was that feature reduction not only simplified the models but also minimized computational costs, paving the way for low-resource applications and tools that could be used in remote diagnostic setups.

Raja et al [10] presented a deep learning-based approach for detecting Autism Spectrum Disorder (ASD) by analysing video data focused on gesture recognition and behavioural patterns. Unlike studies that relied solely on questionnairebased datasets, this work introduced a visual assessment methodology, making it particularly suited for cases where behavioural observations provide stronger indicators than self-reported answers. The authors utilized a Convolutional Neural Network (CNN) for feature extraction from gesture sequences and paired it with a Recurrent Neural Network (RNN) to capture temporal dependencies in motion. The model achieved 99% accuracy in classifying ASD cases highlighting the effectiveness of using multimodal data sources. The study further emphasized on integration of video-based assessment tools for more robust screening of non-verbal or younger age groups.

Kosmicki et al. [11] emphasized simplifying ASD diagnosis through the identification of a minimal set of behavioural features required for effective screening. Using data from the AQ-10 dataset, the study employed decision trees and rule-based machine learning techniques to isolate the most predictive features while reducing questionnaire length. Their approach demonstrated that only 6 out of 10 features in the dataset were sufficient to achieve an accuracy of 94.5%, matching the performance of models trained on the entire feature set. This approach also addressed the practicality of deploying lightweight models that maintain high accuracy without extensive data requirements.



Thabtah et al [12] introduced a computational intelligence framework for autism screening, emphasizing the use of rule-based machine learning algorithms to identify autistic traits. The study utilized the AQ-10 dataset, focusing on behavioural indicators and demographic factors. Unlike traditional methods, the proposed framework integrated fuzzy rule-based systems to handle uncertainty in behavioural data, improving

model flexibility. The study applied a hybrid classification approach combining decision trees and ensemble learning, achieving an accuracy of 97.2%. One of the remarkable contributions of this work was the ability to generate interpretable rules, allowing healthcare professionals to better understand and validate the predictions. The study concluded that rule-based learning approaches offer a balance between transparency and performance, making them highly adaptable or clinical applications without the need of extensive computational resources.

Vaishali et al [13] utilised swarm intelligence techniques to optimize feature selection, proposing a behaviour-based classification model for ASD detection. The study focused on the binary firefly algorithm, a bio-inspired optimisation method, to identify the most relevant features from the AQ-10 dataset. This approach was useful in dimensionality reduction, creating simpler and faster models while maintaining a classification accuracy of 97.95%. The key innovation was the integration of adaptive selection strategies that dynamically updated feature importance during the learning process, ensuring higher relevance and interpretability.

TABLE I. PERFORMANCE COMPARISION OF ASD WITH DIFFERENT EXISTING METHODS

Author Name and Referenc e	Dataset Used	Methodolo gy	Key Contribu tions	Limita tions	Accu racy
Kurugunt la et al. [1]	EHR data (780,610 cases, 1,163 ASD)	Gradient Boosting with Feature Selection	Large- scale screening , HER- based predictio n	Limite d diversit y, and demogr aphic validati on needed	86 % (AU C)
Ben- Sasson et al. [2]	Behavioural video dataset	CNN (ResNet-50, Xception)	Deep learning, spatial- temporal feature extraction	High comput ational cost, real-time implem entatio n	98.7 %
Md Delowar Hossain et al. [3]	AQ dataset (behavioral responses)	SVM, RF, k-NN, ReliefF feature selection	Comparis on of 25 classifiers , SVM optimizat ion	Dataset imbala nce, limited general izabilit y	94%
Vakadkar et al. [4]	Behavioral, facial, and audio data	CNN + LSTM, multimodal integration	Multimod al data fusion, dropout layers for robustnes s	Computational cost, and scalability concerns	97.5 %
Parikh et al. [5]	Clinical records, images, gestures	Hybrid CNN + MLP with adaptive learning rates	Personali zed screening , hybrid data processin g	Scalabi lity, cross- cultural validati on	95.8 %





1 50	Akter et al. [6]	AQ-10 dataset	Adaboost, RF, PCA for feature reduction	Feature reduction, model simplicity , ensemble methods	Limite d feature s, comple x ASD cases not covere d	92.3 %
	Catherine et al. [7]	Preterm infant clinical data	Gradient Boosting + Recursive Feature Elimination	Biomarke r-based screening , early risk predictio n	Small dataset, broader validati on require d	87 % (AU C)
2252	Erkan et al. [8]	AQ-10 dataset	RF, k-NN, Grid Search Optimizatio n	Hyperpar ameter tuning, ensemble stability	Sensiti ve to variatio ns, scalabil ity limitati ons	93.8
4	Daniel et al. [9]	AQ-10 dataset	RFE, Chi- Square Tests with RF, LR, and SVM	Feature reduction, low- resource applicatio n	Limite d evaluat ion, general ization issues	94.1
4	Raja et al. [10]	Video- based gesture recognition	CNN + RNN for temporal dependenci es	Gesture- based detection, non- verbal diagnosis	Requir es larger dataset s, populat ion validati on	99%
31	Kosmicki et al. [11]	AQ-10 dataset	Decision Trees, Rule- Based ML	Minimal feature selection, lightweig ht models	Behavi oural- only focus, lacks multim odal integrat ion	94.5
33	Thabtah et al. [12]	AQ-10 dataset	Rule-Based Learning, Decision Trees and Ensembles	Interpreta ble rules, fuzzy logic for uncertaint y	Limite d scalabil ity, feature flexibil ity constra ints	97.2 %
	Vaishali et al. [13]	AQ-10 dataset	Binary Firefly Algorithm, Swarm Intelligence	Feature optimizati on, bio- inspired strategies	Needs larger dataset testing, deploy ment challen ges	97.9 5%

III. METHODS AND METHODOLOGY

In this study, we have combined three datasets available in an open-access Kaggle dataset forum. It contains 3743 data samples out of which we have used 2994 data for the training process and 749 for the testing process. In order to get the maximum classification results we have combined the three datasets in this research work.

The detailed description of the dataset used in the study is mentioned in table 2 which contains the AQ questionnaire from the Autism Research Center at Cambridge University. The dataset evaluates the individual's behaviour and other characteristics, providing a score that indicates 'Autistic-like' behaviour based on the specified questions filled out by the parents, family members, or other professionals.

Table 2 contains the dataset of 11 individual characteristics and 10 behavioral features. Items within Q-Chat-10 in which questions possible answers: "Always, Usually, Sometimes, Rarely & Never" items' values are mapped to "1" or "0" in the dataset. For questions 1-9 (A1-A9) in Q-chat-10, if the response was sometimes / rarely / never "1" is assigned to the question (A1-A9). However, for question 10 (A10), if the response was Always / Usually / Sometimes then "1" is assigned to that question. If the user obtained More than 3 (Q-chat-10-score) add points, then there is a potential ASD trait otherwise no ASD traits are observed.

TABLE II. VALUES ASSIGNED TO EACH QUESTION IN THE AQ-10 DATASET

11.0	D: (0.1)
A1_Score	Binary(0,1)
A2_Score	Binary(0,1)
A3_Score	Binary(0,1)
A4_Score	Binary(0,1)
A5_Score	Binary(0,1)
A6_Score	Binary(0,1)
A7_Score	Binary(0,1)
A8_Score	Binary(0,1)
A9_Score	Binary(0,1)
A10_Score	Binary(0,1)
Age	String
Gender	Boolean('f', 'm')
Ethnicity	String
Jaundice	Boolean('YES', 'NO')
Autism	Boolean('YES', 'NO')
Country of Residence	String
Used app before	Boolean('YES', 'NO')
Relation	String
Class/ASD	Boolean(YES=1,NO=0)

The remaining features in the datasets are collected from the "submit" screen in the ASD Tests screening application. Notably, the class variable was assigned automatically based on the score obtained by the user while undergoing the screening process using the ASD Tests app.

The proposed workflow involves the data collection, preprocessing of data training, and testing with a few models such as Catboost, XGboost, stacked ensemble, DNN and Random forest as discussed below.

A. Catboost Algorithm

A gradient boosting algorithm called CATBoost (Categorical Boosting) was created to effectively handle categorical features without requiring a lot of preprocessing. It employs symmetric trees for quicker and more accurate predictions and reduces overfitting with strategies like ordered boosting. In contrast to other frameworks such as XGBoost and Light

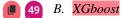




GBM, CatBoost is reliable, effective, and necessitates less hyper parameter adjustment. It reduces loss functions such as mean squared error (MSE) for regression and negative loglikelihood for classification. CatBoost is a dependable option for classification and regression tasks, particularly when categorical variables predominate, because it directly handles categorical data and provides scalability for large datasets.

$$\mathcal{L} = -rac{1}{N} \sum_{i=1}^{N} \left[y_i \log(\hat{y}_i) + (1-y_i) \log(1-\hat{y}_i)
ight]$$

Here, y_i is the true label, and y_i^ is the predicted probability.



XGBoost (Extreme Gradient Boosting) is a popular highperformance gradient boosting framework. sophisticated regularisation techniques (L1 and L2 penalties) to avoid overfitting, it enhances conventional boosting methods. Additionally, it maximises computational efficiency through the use of parallel processing and tree-pruning techniques. The log-loss function for classification tasks is iteratively minimized in this study using XGBoost, which is defined as

$$\mathcal{L} = -rac{1}{N} \sum_{i=1}^{N} \left[y_i \log(\hat{y}_i) + (1-y_i) \log(1-\hat{y}_i)
ight]$$

C. Stacked Ensemble learning

Stacked Ensemble Learning enhances prediction accuracy by combining several base models. Predictions produced by base models such as XGBoost, CatBoost, and Logistic Regression are fed into a meta-model (like Random Forest Regressor) to produce the final prediction. This method improves generalization and lessens overfitting. The procedure can be

$$Z = \{\hat{y}_i^{(1)}, \hat{y}_i^{(2)}, \dots, \hat{y}_i^{(k)}\}, \quad \hat{y}_i = H(Z)$$

Where y' the final prediction and ZZZ is the set of base model predictions. Stacking leverages the strengths of diverse models and provides a more robust solution to complex problems.

An ensemble learning technique called Random Forest is applied to both regression and classification problems. During training, it creates a large number of decision trees and outputs the class that is the mean prediction (regression) or the majority vote (classification) of the individual trees. Random Forest's main concept is to average the predictions of several models minimize overfitting. to

A random subset of features is taken into consideration for splitting at each node, and each tree in the forest is trained on a random subset of the data with replacement (bootstrap sampling). The following objective function is minimized by the model during training:



Where y'i is the predicted value, and yi is the actual value. Random Forest's strength lies in its ability to handle highdimensional data, perform feature selection automatically, and provide robust predictions with reduced variance compared to individual decision trees.

E. Deep Neural Network

Deep Neural Networks (DNN) are a class of machine learning models inspired by the human brain, consisting of multiple layers of interconnected nodes or neurons. DNNs are capable of learning complex representations from large amounts of data. The model typically consists of an input layer, multiple hidden layers, and an output layer. The neurons in each layer are fully connected to the neurons in the subsequent layer, and each connection has a learnable weight.

The below Fig.1 shows the block diagram of training and testing methods of different machine learning algorithms.

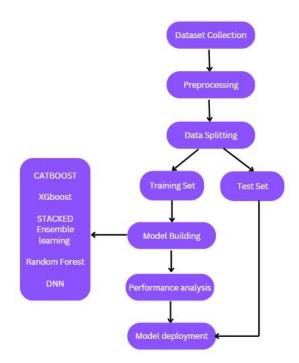
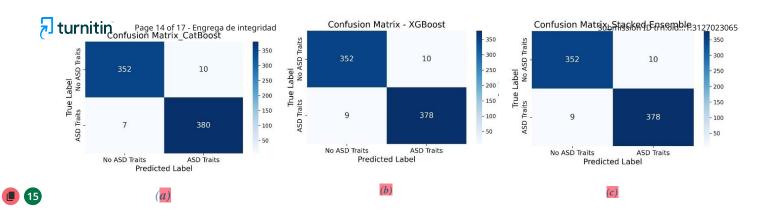
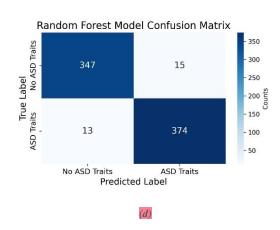


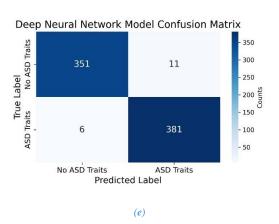
Fig.1 shows the block diagram of training and testing methods of different machine learning algorithms.

IV. RESULT AND DISCUSSION

In the proposed algorithm discussed in this research work, we have used the following performance metrics: Accuracy, Precision, Recall and F1-Score. Accuracy measures overall correctness, Precision evaluates positive prediction quality, Recall assesses sensitivity to positive instances, and F1 Score balances Precision and Recall. Table 3 gives a comparative study of the performance of the machine learning algorithms used in this study.







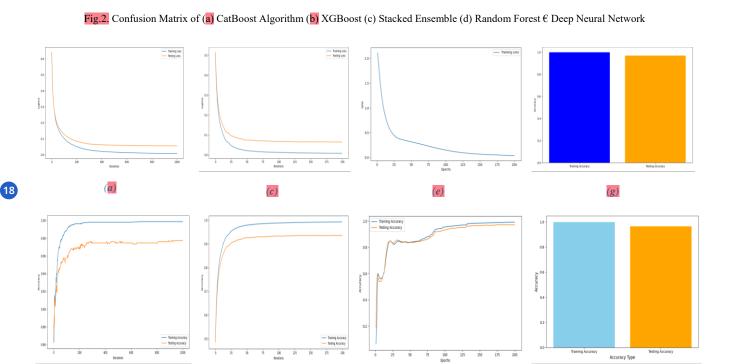


Fig.3. Catboost Algorithm: (a) Loss curve (b) Accuracy curve, XGboost Algorithm: (c) Loss curve (d) Accuracy curve, DNN Algorithm: (e) Loss over epochs (f) Accuracy over epochs, Stacked Ensemble: (g) Training and Testing Accuracy, Random Forest: (h) Training and Testing Accuracy

(d)

(f)

(b)

(h)



■ 36 TABLE III. THE PERFORMANCE METRICS OF PROPOSED MACHINE LEARNING ALGORITHMS

	S.no Machine		Performance Metrics					
		Learning Algorithm proposed	Accuracy	Precision	Recall	F1-Score	ROC-AUC	Log Loss
	1.	Catboost	97.73%	97.44%	98.19%	97.81%	99.81%	5.58%
	2.	XGboost	97.46%	97.42%	97.67%	97.55%	99.74%	6.45%
	3.	Stacked Ensemble	96.80%	96.90%	96.90%	96.90%	99.68%	7.81%
•	4.	Random Forest	96.26%	96.14%	96.64%	96.39%	99.40%	11.20%
	5.	DNN	97.32%	97.17%	97.54%	97.36%	-	-

highest performing models included Catboost algorithm which gave an accuracy of 97.73% with precision rate at 97.44% and log loss of 5.58%. XGBoost had the second highest accuracy of 97.46% with precision of 97.42%, followed by Deep Neural Network (DNN) having an accuracy of 97.32% with 97.17% precision. Stacked Ensemble model used Random Forest, XGBoost, and LightGBM models for stacking with Logistic Regression used as meta stacking model. It gave an accuracy of 96.8%. Fig.2. shows the confusion matrix of all the models used in this study.

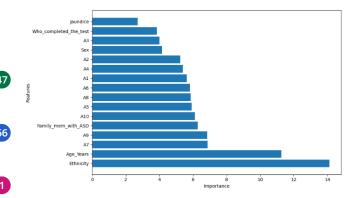


Fig.4. CatBoost Algorithm Feature Importance

Figure 3 gives an overview of the training and testing accuracy and loss curves of the performed algorithms. We also evaluated the importance of all the features used in the given dataset and thus derived a feature importance graph showing which feature has contributed the most in determining the class. We found that the major parameters that contributed the most to ASD detection are ethnicity, age, A7 and A9 from the questionnaire. A7 asks, "If you or someone else in the family is visibly upset, does your child show signs of warning to comfort them? (e.g. stroking hair, hugging them)" and A9 if the child uses or responds to simple gestures like waving. Data of a family member diagnosed with ASD also played a major role in determining the class. Figure 4 shows the feature importance as given by the CatBoost algorithm.

V. Conclusion

In this study, we have compared various machine learning and deep learning algorithms for early detection of Autism

Spectrum Disorder (ASD). We used a combination of three datasets to train the model. The dataset used is AQ-10 which is a series of collection of questions to determine ASD symptoms. We utilized algorithms such as CatBoost, XGBoost, Stacked Ensemble, DNN and Random Forest, of which CatBoost and XGBoost gave the best accuracy. We also derived feature importance, of which specific behaviour of the patient played a major role in detection, alongwith their age and ethnicity. The main limitation of this study is the lack of generalized dataset. In future works, we plan to overcome this by generating optimized dataset which solves the generalizability problem and improves ASD detection while maintaining computational efficiency.

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