Reproducible Research: Peer Assessment 1

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Data Overview

Activity Monitoring Dataset with:

- steps: Number of steps taken in a 5-min interval (missing values coded as NA)
- date: Date in YYYY-MM-DD format
- interval: Identifier for the 5-min interval in which measurement was taken

1. Loading and preprocessing the data

```
file_name <- "activity.zip"
if (!file.exists(file_name)) {
    url <- "https://d396qusza40orc.cloudfront.net/repdata%2Fdata%2Factivity.zip"
    download.file(url, file_name, method = "curl")
}

if (!file.exists("activity.csv")) {
    unzip(file_name)
}

activity <- read.csv("activity.csv")</pre>
```

Change date column from characters strings.

```
library(lubridate)
```

```
##
## Attaching package: 'lubridate'
## The following objects are masked from 'package:base':
##
## date, intersect, setdiff, union
activity$date <- ymd(activity$date)
summary(activity)</pre>
```

```
## steps date interval

## Min. : 0.00 Min. :2012-10-01 Min. : 0.0

## 1st Qu.: 0.00 1st Qu.:2012-10-16 1st Qu.: 588.8

## Median : 0.00 Median :2012-10-31 Median :1177.5

## Mean : 37.38 Mean :2012-10-31 Mean :1177.5
```

```
## 3rd Qu.: 12.00 3rd Qu.:2012-11-15 3rd Qu.:1766.2
## Max. :806.00 Max. :2012-11-30 Max. :2355.0
## NA's :2304
```

There are 2304 NA values

2. What is mean total number of steps taken per day?

Removing NA values

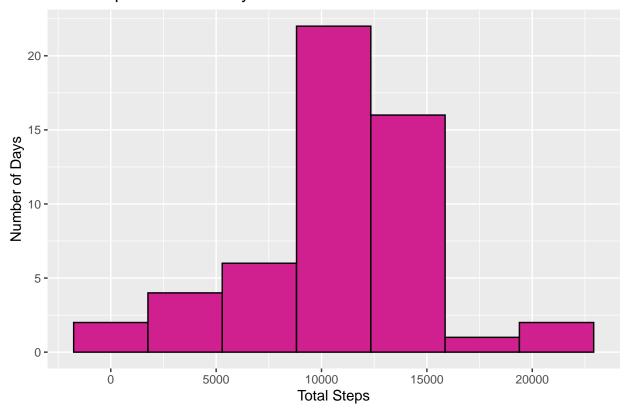
```
act_na <- activity[!is.na(activity$steps), ]
summary(act_na)</pre>
```

```
##
       steps
                        date
                                         interval
## Min. : 0.00
                   Min.
                          :2012-10-02
                                      Min. : 0.0
  1st Qu.: 0.00
                   1st Qu.:2012-10-16
                                      1st Qu.: 588.8
## Median : 0.00
                   Median :2012-10-29
                                      Median :1177.5
         : 37.38
                                            :1177.5
## Mean
                   Mean
                          :2012-10-30
                                       Mean
## 3rd Qu.: 12.00
                   3rd Qu.:2012-11-16
                                       3rd Qu.:1766.2
## Max. :806.00
                   Max. :2012-11-29
                                       Max.
                                             :2355.0
```

2.1 Calculate total number of steps taken per day

2.2 Graph of Sum of Steps Taken Per Day

Total Steps Taken Per Day



dev.off()

2.3 Calculate average number of steps taken per day

```
act_mean <- mean(act_sum$steps)
act_med <- median(act_sum$steps)
act_mean</pre>
```

[1] 10766.19

 $\mathtt{act}_\mathtt{med}$

[1] 10765

The mean of total steps per day is 1.0766189×10^4 and the median is 10765.

3. What is the average daily activity pattern?

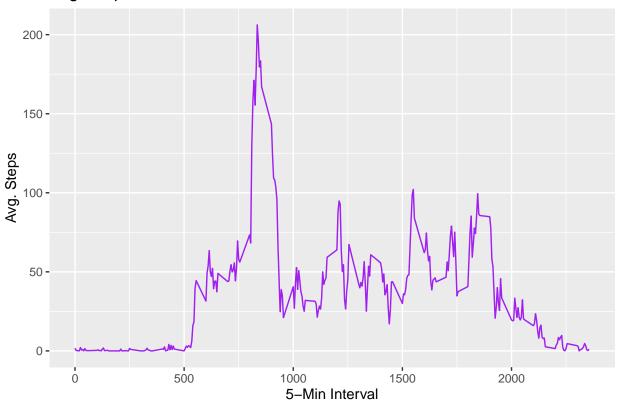
3.1 Make a time series plot of 5-min interval and avg num of steps taken averaged across all days

Calculate mean of steps across intervals

```
int_avg <- aggregate(steps ~ interval, act_na, mean)
head(int_avg)</pre>
```

```
## interval steps
## 1 0 1.7169811
## 2 5 0.3396226
## 3 10 0.1320755
## 4 15 0.1509434
## 5 20 0.0754717
## 6 25 2.0943396
```

Avg. Steps Per 5-Min Interval



```
# dev.off()
```

3.2 Which 5-min interval has most steps?

```
int_max <- int_avg[which.max(int_avg$steps), 1]
int_max</pre>
```

[1] 835

The 5-minute interval with the most steps is 835.

4. Imputing missing values

4.1 Calculate the total number of NAs

```
sum(is.na(activity))
```

[1] 2304

The total number of NAs in the dataset is 2304. Alternatively, summary() will give you this info as well:

summary(activity)

```
##
       steps
                         date
                                           interval
## Min.
         : 0.00
                          :2012-10-01
                                             :
                                                  0.0
                   Min.
                                        Min.
  1st Qu.: 0.00
                   1st Qu.:2012-10-16
                                        1st Qu.: 588.8
## Median : 0.00
                   Median :2012-10-31
                                        Median :1177.5
         : 37.38
                           :2012-10-31
                                               :1177.5
## Mean
                    Mean
                                        Mean
## 3rd Qu.: 12.00
                    3rd Qu.:2012-11-15
                                        3rd Qu.:1766.2
## Max.
          :806.00
                    Max.
                          :2012-11-30
                                        Max.
                                               :2355.0
          :2304
##
  NA's
```

4.2 Devise strategy for filling in missing values and create new dataset

Find mean of average of steps per interval.

```
avg <- mean(int_avg$steps)
avg</pre>
```

[1] 37.3826

Create df with the NAs.

```
nas <- is.na(activity$steps)</pre>
```

Insert avg into values with NA

```
data_avg <- activity
data_avg[nas, 1] <- avg
head(data_avg)</pre>
```

```
## steps date interval
## 1 37.3826 2012-10-01 0
## 2 37.3826 2012-10-01 5
## 3 37.3826 2012-10-01 10
## 4 37.3826 2012-10-01 15
## 5 37.3826 2012-10-01 20
## 6 37.3826 2012-10-01 25
```

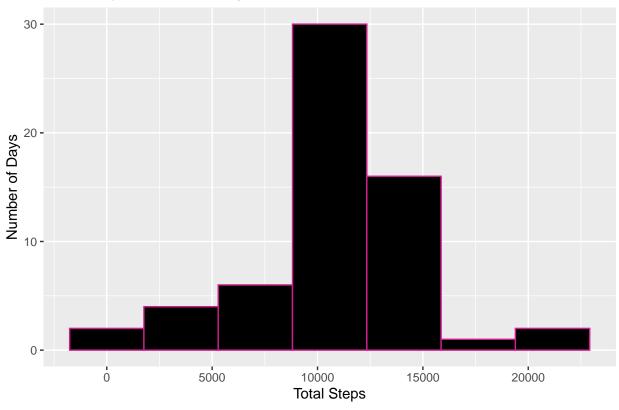
Use new data_avg dataset to calculate sum of step per day

```
data_sum <- aggregate(steps ~ date, data_avg, sum)
head(data_sum)</pre>
```

```
## date steps
## 1 2012-10-01 10766.19
## 2 2012-10-02 126.00
## 3 2012-10-03 11352.00
## 4 2012-10-04 12116.00
## 5 2012-10-05 13294.00
## 6 2012-10-06 15420.00
```

4.3 Make histogram of total number of steps taken each day. Report mean and median. How does it differ?

Total Steps Taken Per Day



dev.off()

```
data_mean <- mean(data_sum$steps)
data_med <- median(data_sum$steps)
data_mean</pre>
```

[1] 10766.19

 ${\tt data_med}$

[1] 10766.19

The mean without the NA values is 1.0766189×10^4 and with inserted averages, it is 1.0766189×10^4 . The median without the NA values is 10765 and with inserted averages, it is 1.0766189×10^4 .

```
diff_mean <- act_mean - data_mean
diff_med <- act_med - data_med
diff_mean</pre>
```

[1] 0

```
diff_med
```

```
## [1] -1.188679
```

There is no impact extracting the NAs to the mean and a very negligible difference of -1.1886792 to the median.

- 5. Are there differences in activity patterns between weekdays and weekends?
- 5.1 Using data_sum, create a new variable factor with two levels of "weekday" and "weekend".

```
library(dplyr)
```

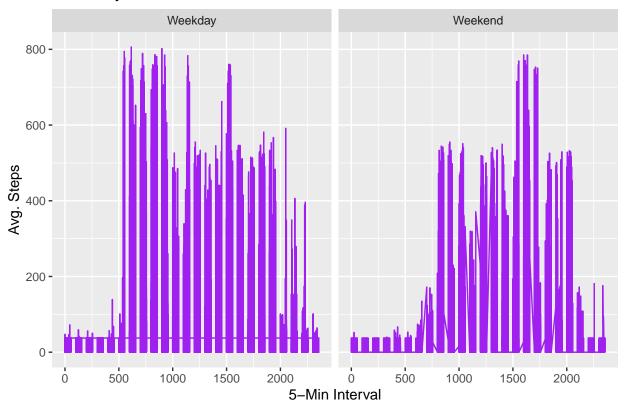
Using weekdays() to find day of the week then changing "Saturday" and "Sunday" to "Weekend" and the rest to "Weekday".

weekend <- mutate(data_avg, weekday = ifelse((weekdays(data_avg\$date) == "Saturday" | weekdays(data_avg
head(weekend)</pre>

```
## steps date interval weekday
## 1 37.3826 2012-10-01 0 Weekday
## 2 37.3826 2012-10-01 5 Weekday
## 3 37.3826 2012-10-01 10 Weekday
## 4 37.3826 2012-10-01 15 Weekday
## 5 37.3826 2012-10-01 20 Weekday
## 6 37.3826 2012-10-01 25 Weekday
```

5.2 Make a plot of weekends vs. weekdays

Weekday vs. Weekend



dev.off()