

Sheffield Code

Outline of The 11 Original Rules

1. Kick off from middle must be a placed kick.
2. Kick out must not be from more than 25 yards out of goal.
3. Fair catch is a catch from any player, provided the ball has not touched the ground, or has not been thrown in any direction from touch, and entitles to a free kick.
4. Charging is fair in case of a place kick (with the exception of a kick off) as soon as the player offers to kick but he may always draw back, unless he has actually touch the Ball with his foot.
5. Pushing with the hands is allowed but no hacking or tripping up is fair under any circumstance whatsoever.
6. No player may be held or pulled ever.
7. It is not lawful to take the Ball of the ground (except in touch) for any purpose whatsoever.
8. The Ball may be pushed or hit with the hand, but holding the Ball (except in the case of a fair kick) is altogether disallowed.
9. A goal must be kicked, but not from touch, nor by a free kick from a catch.
10. A Ball in touch is dead, consequently the side that touches it down must bring it to the edge of touch, and throw it out at least six yards from touch.
11. That each player must provided himself with a red and dark blue flannel cap. One colour to be worn by each side during play.