# Preventive Dentistry

Preventive dentistry is the practice of caring for your teeth to keep them healthy. This helps to avoid cavities, gum disease, enamel wear, and more.

There are many forms of preventive dentistry, such as daily brushing and dental cleanings. To maintain optimal oral health, the American Dental Association (ADA) recommends visits to the dentist at regular intervals determined by a dentist. These practices are designed to ensure that teeth are clean, strong, and white. Children should be taught proper oral hygiene at an early age.

## Dental Check-ups

## Children’s Dental Health

## Sealants

## Oral Cancer Screening

## Early Cancer Detection

## Deep cleanings to prevent the loss of teeth from gum disease.

## Fluoride Treatment

# Restorative dentistry

Restorative dentistry is the study, diagnosis and integrated management of diseases of the teeth and their supporting structures and the rehabilitation of the dentition to functional and aesthetic requirements of the individual. Restorative dentistry encompasses the dental specialties of endodontics, periodontics and prosthodontics and its foundation is based upon how these interact in cases requiring multifaceted care. In the UK restorative dentistry is legally recognized as a specialty under EU directive, with voices from the British Society for Restorative Dentistry and the Association of Consultants & Specialists in Restorative Dentistry.

## Inlays, Onlays & Veneers

## Porcelain Crowns & Fixed Bridges

## Root Canal Therapy

## Tooth-Colored Dental Fillings