

Pops and Pins

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Grab a skein of speckled yarn and watch the colors *pop* in a slip-stitch texture!

Materials

- 100g fingering weight sock yarn in MC
- 20g sock yarn in CC (optional)
- Long circular needle in preferred size for sock knitting

Although the pattern calls for Magic Loop, it can be adapted for 2 circs or 4 DPN's.

Gauge/Sizing

This pattern is written for two sock gauges: S (56 sts) and M (64 sts.) The sample was knitted on 64sts with US1/2.25mm needles.

Stitch counts and repeats will be given as S (M) [e.g. 28(32) sts] To size up or down, either adjust needle size or stitch count. The "Pops and Pins" stitch pattern is an 8-stitch repeat, so the pattern can be modified to 56 sts, 72 sts, or any other multiple of 8 sts to obtain your preferred gauge.

Pattern Key

Pattern repeats will be indicated with thick borders (chart) or *[stitches]* (written).

Chart	Written	Name & Description
	k	knit
V	s1	slip 1 stitch purlwise with yarn in back (wyib)
(M)	w2k	wrap 2 knit: insert needle into stitch as if to knit, wrap yarn twice and pull both loops through; produces doubled stitch
8	s1dl	slip 1 drop loop: slip doubled stitch wyib, drop second wrap

Written	Name & Description	
k2tog	knit 2 together	
ssk	slip slip knit	
ssp	slip slip purl: s1 knitwise, s1 knitwise, s12 back to left needle, p2tog tbl	
kfb	knit front back: knit stitch through front loop as usual, then in the same stitch, knit through the back loop; single increase	
m1l	make 1 left: pick up bar between sts back to front, knit tbl; single increase, left-leaning	
m1r	make 1 right: pick up bar between sts front to back, knit through front loop; single increase, right-leaning	
w&t	wrap & turn: s1 wyib, bring yarn to front, s1 back to left needle to "wrap" stitch, turn	

Rounded Toe Increases

With CC, CO 20 sts using Judy's Magic Cast On. Work toe increases through Round 16 (24) until stitch count is 56 (60) sts.

Rnd 1: k1, kfb, k to last 2 sts on needle, kfb, k1, repeat on needle 2. (24 sts)

Rnd 2 (increase round): k1, m1l, k to last 1 st on needle, m1r, k1, repeat on needle 2. (28 sts)

Rnd 3: Increase round. (32 sts)

Rnd 4: Increase round. (36 sts)

Rnd 5: Increase round. (40 sts)

Rnd 6: k across.

Rnds 7-8: Repeat Rnds 5-6. (44 sts)

Rnds 9-10: Repeat Rnds 5-6. (48 sts)

Rnds 11-12: Repeat Rnds 5-6. (52 sts)

Rnd 13: Increase round. (56 sts)

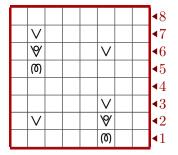
Rnds 14-16: k across.

Rnds 17-20: Repeat Rnds 13-16. (60 sts)

Rnds 21-24: Repeat Rnds 13-16. (64 sts)

Switch to MC. Your "instep stitches" are now on needle 1 and your "sole stitches" are on needle 2. You should have 28 (32) sts on each needle.

Pops and Pins



Pops and Pins (written)

Rnd 1: k2, *[w2k, k7]*, w2k, k5

Rnd 2: k2, *[s1dl, k3, s1, k3]*, s1dl, k3, s1, k1

Rnd 3: k2, *[s1, k7]*, s1, k5

Rnd 4: k across

Rnd 5: k6, *[w2k, k7]*, w2k, k1

Rnd 6: k2, s1dl, k3, *[s1dl, k3, s1, k3]*, s1dl, k1

Rnd 7: k6, *[s1, k7]*, s1, k1

Rnd 8: k across

Foot

Work "Pops and Pins" stitch repeat 3.5 (4) times across the instep. For a 56 st sock, work 3 repeats then the first 4 sts of the pattern. Work sole stitches in stockinette. Repeat stitch pattern until foot is 3 inches shorter than desired foot length.

Heel*

Continue working across instep in established pattern without changing stitch count. Your sole stitches will now become the "heel stitches" and you will increase on the heel needle to form the gusset.

Gusset Increases

Rnd 1: Work across instep. On heel needle, k1, m1l, k to last st, m1r, k1. (+2 sts)

Rnd 2: Work across instep. K across heel.

Work a total of 10 repeats of the 2 gusset increase rounds until you have 48 (52) heel sts [76 (84) sts total].

Heel Turn

Work across instep. If you are making contrasting heels, **switch to CC**. Work back and forth on the heel needle as follows:

Row 1: (RS) k 32 (34), m1r, k1, w&t

Row 2: (WS) p18, m1p, p1, w&t

Row 3: k16, m1r, k1, w&t

Row 4: p14, m1p, p1, w&t

Row 5: k12, m1r, k1, w&t Row 6: p10, m1p, p1, w&t

Row 7: k8, m1r, k1, w&t

Row 8: p6, m1p, p1, w&t

You should have 56 (60) sts on the heel needle after turning the heel. K across the heel until the last st, picking up wraps and knitting them together with their sts as they come. At the last heel stitch, w&t.

Heel "Flap"

Set Up 1: (WS) p13, ssp, p 26 (30) across the heel to 15 sts from end, p2tog the next two stitches and turn. (58 sts)

After this set up row, you should have two gaps in your stitches created by the decreases. Repeat the following rows until you have 30 (34) heel sts.

Row 1: (RS) s1, *[k1, s1]* to 1 st before the gap, ssk and turn. (-1 st)

Row 2: (WS) s1, p 26 (30) to 1 st before the gap, p2tog and turn. (-1 st)

Row 3: s1, *[s1, k1]* to 1 st before the gap, ssk and turn. (-1 st)

Row 4: Repeat Row 2. (-1 st)

For the last RS decrease, k 26 (30) to 1 before the gap, slip 1 st, pick up wrap and knit together, psso, and turn. Work Row 2 one last time for the last WS decrease. You should be back to 28 (32) heel sts. If you are making a contrasting heel, $switch\ back\ to\ MC$.

Leg and Cuff

Work "Pops and Pins" stitch pattern on front and back of sock until leg is desired length. Work Round 1 once more. If you are making contrasting cuffs, **switch to CC**. Work the following transition rounds:

Rnd 1: *[k1, p1, sldl, p1, k1, p1, s1, p1]* Rnd 2: *[k1, p1, s1, p1, k1, p1, k1, p1]*

Work 1x1 ribbing: *[k1, p1]* until cuff is desired length. Bind off loosely with a stretchy BO (I recommend a sewn bind-off or JSSBO).





http://www.ravelry.com/patterns/library/generic-toe-up-slip-stitch-heel-sock-formula

^{*} This heel method heavily references the "Generic Toe-Up, Slip-Stitch Heel, Sock Formula" by Sarah Keller, available as a free pattern on Ravelry.