

F.12 Flight and Duty Fixed Duty Day

Pilot Name

Month / Year

DATE	ON DUTY	OFF DUTY	DUTY HOURS	FLIGHT HOURS	SEL				MEL						
					DAY TO	LD	NIGHT TO	LD	DAY TO	LD	NIGHT TO	LD			
1															
2															
3															
4															
5															
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26															
27															
28															
*29															
*30															
*31															
TOTAL MONTH FLIGHT HOURS:								TOTAL DAYS OFF:							
Night Current Expires:		SE			ME			B190							

* Cross out days when not applicable. Note "OFF" when free of duty. Duty Day: Fixed 0700-2100.
Flight time limits: Single-pilot a/c 8hrs, 2-pilot a/c 10hrs. **Do not exceed a 14hr duty day.**
Reference GOM Ch5 and 135.267(c).