



Name: Crissy Marzel

Gender/ Age: Woman, 24

Profession: Marketing Manager

Status: Steady Relationship

Residence: Colorado

Food Habits: Healthy breakfast, eats in-office from cafeteria or take-out, Work dinners

Food Favorites: Burgers, Steak, Fries and Fruit smoothies.

Witty

Determined

Fun

Food Quote:

"Sometimes I bite off more than I can chew"

Goals:

Work out more

Have more time at home

Be promoted

Adopt two shelter dogs

Bio:

Crissy grew up in Thailand, but was transferred to the US for work where she met her boyfriend. Now she finds her time split between too many options and finds she can't fit everything in.

Loves:

Early morning

Video Games

Game of Thrones

Reading

Frustrations:

Going out in the snow

Late night officework

Calorie Counting

Budgeting