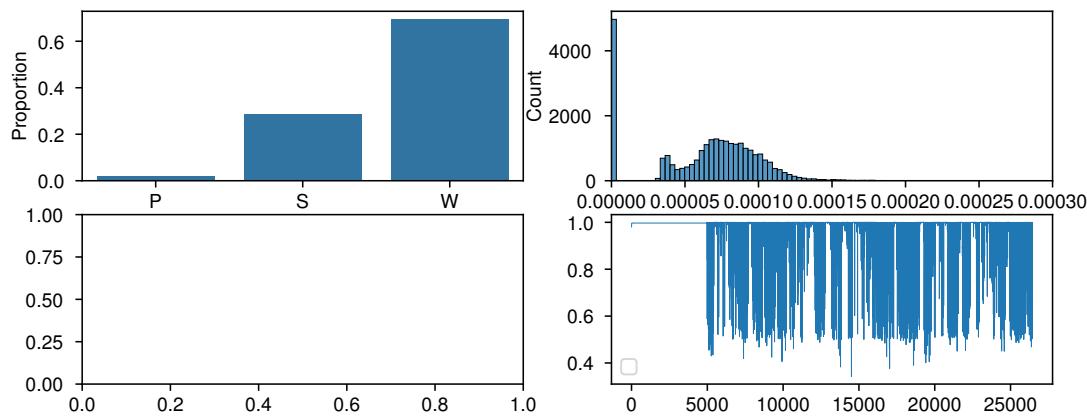


# Courtney January 2025

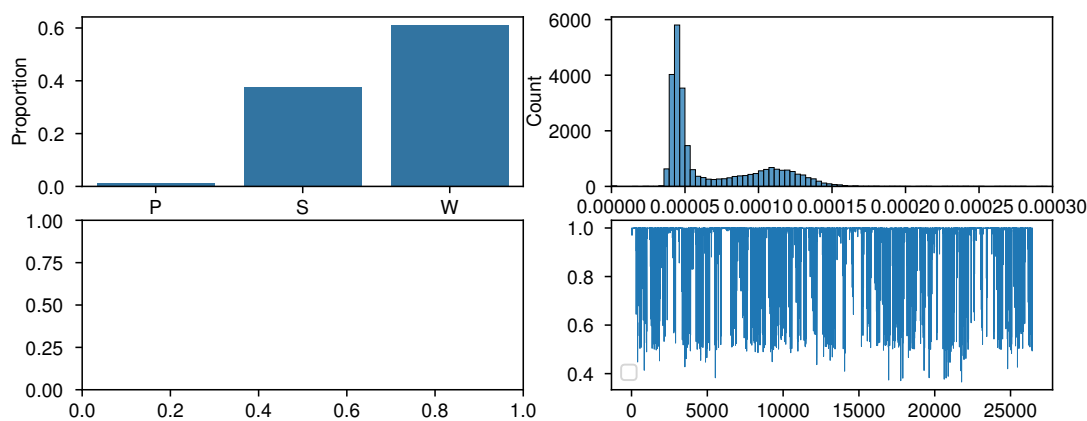
## Overview of Sleep Stages

Your sleep was monitored and scored into the following stages:

### 24-Jun-A1



### 24-Jun-A2



## Sleep Stage Distribution

Here's a summary of your sleep stage distribution:

- **Wake:** X%
- **N1:** X%
- **N2:** X%
- **N3:** X%
- **REM:** X%

Note: Replace 'X%' with actual percentages from your scoring.

## Additional Notes

- [Add any relevant comments or observations about the sleep patterns, anomalies, or noteworthy findings here.]

## Recommendations

- [If applicable, include any recommendations based on the sleep study results, like sleep hygiene practices or further tests.]

Thank you for allowing us to analyze your sleep patterns. For any questions or further discussion, please do not hesitate to contact us.