

# Estimate

Estimate number MV-202507-0723  
Estimate Date: 2025-07-25

## SOS Moving Company

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## Estimate for

723 Old Hunt Way  
Herndon, VA 20170

This estimate details comprehensive moving services required at 723 Old Hunt Way, Herndon, VA 20170. The project involves specialized **contents management**, including careful pack-out, climate-controlled storage, and subsequent pack-in, as well as **debris hauling**. Due to challenging access conditions at the origin property and the presence of heavy, oversized items, **elevated labor and specialized equipment** are factored into the pricing to ensure safety and efficiency. All pricing aligns with current Mid-Atlantic regional market conditions for labor, materials, and disposal.

### Contents Management & Moving Services

This service encompasses the meticulous handling and transportation of all specified contents. It includes:

- Initial Pack-out:** Careful packing and inventorying of contents from the damaged site.
- Transportation to Storage:** Secure transfer of packed contents to a designated storage facility.
- Contents Storage:** Professional, climate-controlled storage of items for the duration of the project.
- Retrieval from Storage:** Coordinated pick-up and transport of contents from storage upon project completion.
- Final Pack-in & Placement:** Unpacking of contents at the restored site and placement back into original or designated locations.
- Specialized Item Handling:** Includes careful handling and protection of high-value, fragile, or oversized items (e.g., pool table, exercise machines, TVs).

### Special Requirements & Complexity Factors:

- Long Carry:** Significant distance from the property to the moving truck.
- Heavy Lifting Equipment:** Required for items like the pool table, home exercise machine, and squat rack.
- Challenging Access to Basement:** Involves a long walk through a backyard gate, slippery grass, and a slope. This necessitates extra time, larger crew size, and specialized equipment for safety and efficiency.

### Entire Property Contents - Basement

Comprehensive packing, handling, transport, storage, and re-placement of all inventoried contents from the basement. **Key Contents Inventory includes:**

- Furniture & Large Items:** Pool Table, Bench, Wardrobes (4), Exercise Bench, Home Exercise Machine, Wooden Hallway Table, Tables (4), Picnic Table, Shelf, Storage Unit, Inversion Table.
- Delicate/Specialized Items:** Picture Frames (2), TV (1), Lamp.
- Sealed & Labeled Boxes:** Medium Moving Boxes (45 total).
- Miscellaneous:** Chairs (9), Water Cooler, Rugs (5), Pillow, Children's Toys, Misc. Items (rug, floor mat, golf bag).

### Overall Crew & Logistics

Item	Qty	Unit	Unit Price	Total Price
1. Labor - Pack-Out & Loading	16.00	Crew-hour	\$300.00	\$4,800.00
Labor for initial pack-out, inventory, packing, specialized item preparation, and loading by a 4-person crew. Includes allowances for challenging access and heavy lifting.				
2. Labor - Unloading & Storage Placement	6.00	Crew-hour	\$300.00	\$1,800.00
Labor for transportation to storage and efficient placement within the climate-controlled unit.				
3. Labor - Retrieval from Storage & Loading	6.00	Crew-hour	\$300.00	\$1,800.00
Labor for retrieval of items from storage and loading onto truck for return to restored site.				

4. Labor - Unloading & Pack-in/Placement	16.00	Crew-hour	\$300.00	\$4,800.00
Labor for unloading, unpacking, and precise placement of items in the restored property, including reassembly of basic furniture.				
5. Truck Usage/Rental	4.00	Day	\$100.00	\$400.00
26-foot moving truck for multiple trips (pack-out, to storage, from storage, pack-in).				
6. Fuel Surcharge	1.00	Project	\$200.00	\$200.00
Fuel costs for all contents-related transportation within the local area.				
7. Heavy Lifting Equipment Rental	2.00	Day	\$150.00	\$300.00
Specialized equipment (e.g., dollies, stair climbers) for handling heavy and oversized items like the pool table, home exercise machine, and squat rack.				

Packing Materials

Item	Qty	Unit	Unit Price	Total Price
8. Medium Moving Boxes	45.00	Box	\$2.50	\$112.50
Standard medium-sized moving boxes for general items as per inventory.				
9. Moving Blankets	20.00	Blanket	\$10.00	\$200.00
Rental/usage of high-quality moving blankets for protection of large furniture and delicate items.				
10. Plastic Wrap	10.00	Roll	\$12.50	\$125.00
Multiple rolls of heavy-duty plastic wrap for securing items and protecting surfaces.				
11. Bubble Wrap	2.00	Roll	\$30.00	\$60.00
Rolls of bubble wrap for cushioning fragile items like lamps and other delicate possessions.				
12. Specialty TV/Picture Frame Boxes/Kits	3.00	Kit	\$20.00	\$60.00
Specialized kits designed for safe transportation of televisions and multiple picture frames.				
13. Packing Paper/Newsprint	2.00	Pack	\$20.00	\$40.00
Packs of clean packing paper for wrapping and cushioning smaller items.				
14. Labels & Markers	1.00	Kit	\$6.00	\$6.00
Supplies for clear labeling of boxes and items to ensure efficient organization.				
15. Furniture Pads	1.00	Pack	\$50.00	\$50.00
Heavy-duty furniture pads for additional protection during transit.				

Contents Storage (2 Months)

Item	Qty	Unit	Unit Price	Total Price
16. Climate-Controlled Storage Unit (10'x10')	2.00	Month	\$220.00	\$440.00
Rental of a secure, climate-controlled storage unit for the duration of the project (2 months).				

Entire Property Contents - Basement Subtotal: \$15,193.50

Debris Hauling Services

This service exclusively covers the removal and disposal of demolition debris generated by **other mitigation companies**.  
It includes all labor for removal and loading, transportation, and applicable disposal facility fees.  
**Complexity Factors:**

- **Long Carry:** Significant distance from the property to the moving truck for debris removal.

- **Challenging Access:** Difficult access to the basement involving a backyard gate, slippery grass, and a slope impacts labor efficiency.

Basement Demolition Debris

Removal and disposal of specified demolition debris from the basement area.  
**Estimated Debris Weight by Material Type:**

- Drywall: 2,395 lbs
- Insulation: 72.75 lbs
- Carpet: 895.05 lbs

**Disposal Requirements:** Includes electronics and general construction waste.

Disposal & Hauling

Item	Qty	Unit	Unit Price	Total Price
17. Labor - Debris Hauling	8.00	Crew-hour	\$300.00	\$2,400.00
Labor for the efficient removal, sorting, and loading of demolition debris by a 4-person crew. Accounts for challenging access conditions.				
18. Construction/Demolition Debris Tipping Fee	1.68	Ton	\$45.00	\$75.60
Landfill fees for mixed construction and demolition waste (drywall, insulation, carpet) based on total estimated weight.				
19. Electronics Disposal Fee	1.00	Item	\$50.00	\$50.00
Specific fee associated with the proper disposal of electronic waste.				
20. Debris Hauling Trip Fee	1.00	Trip	\$150.00	\$150.00
A separate trip fee applied for the dedicated debris hauling service.				
Basement Demolition Debris Subtotal:				\$2,675.60

Subtotal: \$17,869.10

Estimate Total: \$17,869.10

Thank you for considering our services.  
We are committed to providing accurate and defensible estimates that meet industry standards and client requirements.  
Please feel free to reach out with any questions or for further clarification.

This estimate reflects the comprehensive scope of work required, including labor, materials, and specialized equipment.

- **Labor hours are estimates** and may vary based on actual site conditions, unforeseen complexities, and client responsiveness during the pack-in and placement phases.
- **Storage costs** are for a standard 10'x10' climate-controlled unit. Actual costs may vary based on availability and specific facility rates at the time of booking.
- **Disposal fees** are based on estimated weight and material types. Actual fees may vary slightly based on the final weight confirmed at the disposal facility.
- This estimate **does not include costs** for:
  - Cleaning services
  - Specialized repair/restoration of items
  - Reassembly of complex furniture beyond basic setup (e.g., disassembling and reassembling intricate shelving units)

- Any additional services requested beyond the outlined scope will be billed separately at our standard rates.
- **Access challenges** (backyard gate, slippery grass, slope, heavy lifting equipment on-site) have been factored into labor hours and the inclusion of specialized equipment. Any further unforeseen access issues may result in additional charges.
- This estimate is **valid for 30 days** from the date of issue.