

Estimate

Estimate number EST-202507-5678
Estimate Date: 2025-07-23

SOS Moving Company

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Estimate for

964 Towlston Rd
McLean, VA 22102
Phone
Email

Project Overview
This estimate exclusively covers debris removal and contents management services for a water damage restoration project at 964 Towlston Rd, McLean, VA 22102. The scope includes demolition debris hauling and disposal, as well as the comprehensive packing, detailed item-by-item handling, moving, secure, climate-controlled storage, and eventual return of personal contents. This estimate explicitly accounts for the challenging access to the basement (long walk, slippery grass, slope) and the handling of heavy items (heavy furniture, ping pong table), which necessitate additional labor time and specialized handling.

Demolition & Debris Removal

Includes all labor, equipment, and disposal fees for removal of damaged structural materials.
Special Requirements & Complexity Factors:
Challenging Access: The basement entrance through the backyard gate involves a long walk, slippery grass, and a slope, which significantly increases overall crew labor time and effort for both contents and debris handling. This requires more cautious movement and potentially more frequent rest breaks, extending the overall job duration.
Heavy Lifting Equipment: The presence of heavy furniture (e.g., sofas) and a specialized item like a ping pong table requires additional care, specialized lifting techniques, and potentially more experienced personnel or specialized equipment (e.g., dollies, furniture straps). This directly impacts the overall crew labor rate to account for the increased physical demand, risk, and specialized skill required.

Basement & 1st Floor Bathroom

Debris removal from Basement Hallway, Basement Bedroom, Basement Bathroom, and 1st Floor Bathroom.

Disposal & Hauling

Item	Qty	Unit	Unit Price	Total Price
1. 10 Cubic Yard Dumpster Rental & Disposal	1.00	Project	\$475.00	\$475.00
Roll-off dumpster and landfill fees for Construction & Demolition (C&D) waste. Covers debris volume, transport, and landfill fees.				
2. Labor - Demolition & Haul (2-person crew)	6.00	Man-hour	\$60.00	\$360.00
2-person crew for demolition, debris loading, and dumpster management. Rate adjusted to account for challenging basement access (long walk, slippery grass, slope) which increases time and physical effort.				
3. Transportation (Debris Hauling Trip Fee)	1.00	Trip	\$150.00	\$150.00
Debris hauling trip fee for transport of dumpster to and from the site.				
Basement & 1st Floor Bathroom Subtotal:				\$985.00

Contents Management & Moving Services

Comprehensive packing, handling, transportation, and storage of personal contents.
Special Requirements & Complexity Factors:
Challenging Access: The basement entrance through the backyard gate involves a long walk, slippery grass, and a slope, which significantly increases overall crew labor time and effort for both contents and debris handling. This requires more cautious movement and potentially more frequent rest breaks, extending the overall job duration.
Heavy Lifting Equipment: The presence of heavy furniture (e.g., sofas) and a specialized item like a ping pong table requires additional care, specialized lifting techniques, and potentially more experienced personnel or specialized equipment (e.g., dollies, furniture straps). This directly impacts the overall crew labor rate to account for the increased physical demand, risk, and specialized skill required.

Entire Property Contents

All inventoried contents from Living Room and Bedroom will be managed.

Contents Handling & Packing (Per Item)

Item	Qty	Unit	Unit Price	Total Price
4. Sofa, Love Seat, Chair Standard service handling including blanket and plastic wrapping.	3.00	Item	\$35.00	\$105.00
5. Standing Storage Enhanced service handling including bubble, blanket, and plastic wrapping.	2.00	Item	\$75.00	\$150.00
6. Picture Frames Standard service handling including bubble wraps.	7.00	Item	\$35.00	\$245.00
7. Small Personal Items (Bubble Wrap) Standard service handling including bubble wrap.	20.00	Item	\$35.00	\$700.00
8. Medium Boxes (for small items) Standard service handling including cartons.	4.00	Item	\$35.00	\$140.00
9. Additional Medium Boxes Standard service handling including cartons.	2.00	Item	\$35.00	\$70.00
10. Ping Pong Table Specialized service handling including blanket and plastic wrapping.	1.00	Item	\$150.00	\$150.00
11. Ping Pong Table Storage Standard service handling including plastic wrapping.	1.00	Item	\$35.00	\$35.00
12. Mic Stand Standard service handling including bubble wrap.	1.00	Item	\$35.00	\$35.00
13. Glass Table Specialized service handling including blanket and plastic wrapping.	1.00	Item	\$150.00	\$150.00
14. Beds Standard service handling including plastic wrapping.	2.00	Item	\$35.00	\$70.00
15. Wardrobe Enhanced service handling including blanket and plastic wrapping.	1.00	Item	\$75.00	\$75.00
16. Wardrobe of Glasses Specialized service handling including blanket and plastic wrapping.	1.00	Item	\$100.00	\$100.00
17. Table Standard service handling including blanket and plastic wrapping.	1.00	Item	\$35.00	\$35.00
18. Picture Frame Standard service handling including bubble wrap.	1.00	Item	\$35.00	\$35.00
19. Night Stand Standard service handling including plastic wrapping.	1.00	Item	\$35.00	\$35.00
20. Bed Head Board Standard service handling including blanket and plastic wrapping.	1.00	Item	\$35.00	\$35.00

21. Wooden Rocking Chair	1.00	Item	\$35.00	\$35.00
Standard service handling including plastic wrapping.				

Overall Crew & Logistics

Item	Qty	Unit	Unit Price	Total Price
22. Labor - Pack/Load (Crew)	24.00	Man-hour	\$65.00	\$1,560.00
4-person crew for overall project management, coordination, and general labor for packing and loading. Rate adjusted for challenging basement access & heavy items.				
23. Transportation (Contents)	1.00	Trip	\$250.00	\$250.00
Local transportation of all inventoried contents from property to secure storage facility (round trip).				
24. Storage (2 Months - Climate-Controlled)	1.00	Project	\$700.00	\$700.00
Dedicated unit for entire contents (2 months @ \$350/month).				
25. Labor - Unload/Unpack (Crew)	28.00	Man-hour	\$65.00	\$1,820.00
4-person crew for offloading, placement of items to designated areas, and clearing of packing debris at destination. Rate adjusted for return of heavy items, initial challenging access conditions, and comprehensive post-unpack cleanup.				

Entire Property Contents Subtotal: \$6,490.00

Subtotal: \$7,475.00

Estimate Total: \$7,475.00

Thank you for considering our services. We are committed to delivering professional and efficient debris removal and contents management for your property.

Please review this estimate carefully. We are available to answer any questions or discuss specific details at your convenience.

We look forward to assisting you with this project.

This estimate is based on the provided inventory and project details. Any changes to the scope of work, including additional contents or unforeseen complications, will require a new estimate.

This estimate explicitly excludes all costs related to reconstruction, renovation, or repair of the property itself (e.g., new drywall installation, painting, flooring, insulation replacement, plumbing, electrical, etc.). This estimate covers only demolition debris removal and contents management as specified.

Pricing is valid for 30 days from the estimate date.

Labor rates for crew services have been adjusted to reflect the documented challenging site access (long walk, slippery grass, slope) and the handling of heavy/bulky items. This accounts for increased time, effort, and potential safety considerations. Client is responsible for ensuring clear pathways for moving and working areas are free from personal hazards not associated with the damage.

All contents are assumed to be non-hazardous. Handling of hazardous materials will incur additional charges and require specialized services.

Storage rates are calculated for the estimated 2-month project duration in a dedicated, climate-controlled unit, priced per project/unit. Additional storage time beyond 2 months will be billed monthly at the same rate.