

Estimate

Estimate number MV-202507-8224
Estimate Date: 2025-07-24

SOS Moving Company

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Estimate for

8224 Claremont Woods Dr
Alexandria, VA 22309

Project Overview
This estimate details comprehensive services for the careful handling, packing, transportation, storage, and re-delivery of contents, alongside specialized debris hauling. This revision explicitly accounts for the logistical challenges posed by limited parking and the necessity of a temporary staging area at the multi-complex townhomes.

Contents Management & Moving Services

This trade covers all aspects of contents handling, including professional packing, secure transportation, climate-controlled storage, and re-delivery with careful unpacking and placement.

Special Requirements & Complexity Factors:

- **Limited Parking:** Due to lack of parking space from the multi-complex townhomes, additional time and labor are required for longer carries to and from the moving truck.
- **Temporary Staging Area:** As observed (referencing provided image), a temporary staging area will be set up for efficient handling of items, adding to setup and breakdown time.
- **Elevated Labor:** Increased labor hours and rates are applied to compensate for the added time and effort due to access challenges.
- **Project Duration:** Contents will be stored for an estimated 2 months.

Pack-out & Transportation to Storage

Initial comprehensive pack-out of all identified contents from the property, including professional wrapping and detailed inventorying. Transportation to a designated climate-controlled storage facility.

Contents Inventory:

- **Front Living Room:**
 - One (1) Sofa – Wrapped with blanket and plastic
 - Two (2) Freestanding Cabinets – Wrapped with blanket and plastic
 - One (1) Small Hallway Cabinet and Bench – Wrapped with blanket and plastic
 - One (1) Sofa Table – Wrapped with blanket and plastic
 - Eight (8) Medium-Sized Boxes
- **Rear Living Room:**
 - One (1) Freestanding Cabinet – Wrapped with blanket and plastic
 - Two (2) Hallway Cabinets – Wrapped with blanket and plastic
 - One (1) Home Exercise Machine – Wrapped with blanket and plastic
 - Four (4) Hallway Cabinets – Wrapped with blanket and plastic
 - Four (4) Dining Chairs – Wrapped with plastic
 - Six (6) Medium-Sized Boxes
 - One (1) Freestanding Cabinet – Wrapped with blanket and plastic
- **Storage:**
 - Fifteen (15) Medium-Sized Boxes
 - Five (5) Large-Sized Boxes
 - Three (3) Miscellaneous Items (e.g., small furniture pieces, shelving units)
- **Kitchen:**
 - Nine (9) Medium-Sized Boxes (for pantry items, lightweight kitchenware, pots, pans, small appliances, countertop items)
 - Two (2) Small Boxes (for utensils, cooking tools, cutlery, under-sink items)
 - Miscellaneous Items: Floor mats, trash bin (emptied), unboxed loose items.

Labor - Pack-Out & Loading (Elevated Complexity)

Item	Qty	Unit	Unit Price	Total Price
1. Crew for Pack-Out & Loading (4-person crew)	40.00	Man-hour	\$85.00	\$3,400.00
Comprehensive packing, inventorying, and loading of all identified contents. Elevated rate and hours account for increased time due to limited parking and temporary staging area requirements.				

Packing Materials

Item	Qty	Unit	Unit Price	Total Price
2. Professional Packing Supplies	1.00	Project	\$350.00	\$350.00
Includes professional-grade moving blankets, plastic wrap, various sized boxes (medium, small), packing paper, and tape for comprehensive protection of items.				

Transportation to Storage

Item	Qty	Unit	Unit Price	Total Price
3. Moving Truck & Driver (Round Trip)	1.00	Trip	\$200.00	\$200.00
Dedicated moving truck and driver for secure transport of contents from origin to storage facility (50-mile round trip).				

Pack-out & Transportation to Storage Subtotal: \$3,950.00

Contents Storage (2 Months)

Professional, climate-controlled storage of all packed contents for the estimated project duration.

Storage Unit Rental

Item	Qty	Unit	Unit Price	Total Price
4. Climate-Controlled Storage Unit (10'x20')	2.00	Month	\$350.00	\$700.00
Rental of a single, air-conditioned storage unit suitable for the volume of contents.				

Contents Storage (2 Months) Subtotal: \$700.00

Retrieval & Pack-In

Coordinated retrieval of contents from storage, transportation to the restored site, and careful unpacking and placement of items into original or designated locations. Includes disposal of all associated packing materials.

Labor - Unloading & Pack-In (Elevated Complexity)

Item	Qty	Unit	Unit Price	Total Price
5. Crew for Unloading & Pack-In (4-person crew)	40.00	Man-hour	\$85.00	\$3,400.00
Loading from storage, transportation, comprehensive unloading, unpacking, and placement of all contents at the destination. Elevated rate and hours account for increased time due to limited parking and temporary staging area requirements, including waste disposal.				

Transportation from Storage

Item	Qty	Unit	Unit Price	Total Price
6. Moving Truck & Driver (Round Trip)	1.00	Trip	\$200.00	\$200.00
Dedicated moving truck and driver for secure transport of contents from storage facility to destination (50-mile round trip).				

Retrieval & Pack-In Subtotal: \$3,600.00

Debris Hauling Services

This service exclusively covers the hauling and disposal of demolition debris generated by *other mitigation companies*. It does not include debris from our own operations.

Special Requirements & Complexity Factors:

- **Limited Parking:** Additional time and effort are required to transport debris from the work location to the hauling vehicle due to limited parking.
- **Temporary Staging Area:** Utilizing a staging area for debris accumulation before loading.

Construction Waste Disposal

Hauling and disposal of water-damaged construction waste.

Disposal Fees

Item	Qty	Unit	Unit Price	Total Price
7. Construction Waste Disposal (Estimated: 935.88 lbs)	935.88	LB	\$0.15	\$140.38
Disposal facility fees based on estimated material weight for Laminate Flooring and Drywall (Water damage mitigation waste).				

Labor for Debris Hauling (Elevated Complexity)

Item	Qty	Unit	Unit Price	Total Price
8. Crew for Debris Loading (2-person crew)	6.00	Man-hour	\$80.00	\$480.00
Loading of specified demolition debris. Elevated rate and hours account for increased time due to limited parking and staging requirements.				

Transportation for Debris Hauling

Item	Qty	Unit	Unit Price	Total Price
9. Debris Hauling Trip Fee & Transport	1.00	Trip	\$180.00	\$180.00
One dedicated trip for debris hauling to a licensed disposal facility (20-mile round trip), including a separate trip fee for this specific service.				

Construction Waste Disposal Subtotal: \$800.38

Subtotal: \$9,050.38

Estimate Total: \$9,050.38

Thank you for considering our services. We are committed to providing accurate and defensible estimates that meet professional standards. Please do not hesitate to contact us if you have any questions or require further clarification.

This estimate is based on the provided contents inventory and project details, including specific access considerations and the need for a temporary staging area. Any additional items or significant discrepancies found on-site may require an adjustment to the estimate. The estimated project duration is 2 months; additional storage fees will apply if extended. Disposal fees are subject to change based on landfill rates at the time of disposal. This estimate does not include the cost of repairs, cleaning, or restoration of contents. All services will be performed during standard business hours unless otherwise agreed upon in writing. This estimate is valid for 30 days from the date of issue.