```python
from tkinter import *

class MeditoTec:
    def _init_(self):
        self.root = Tk()
        self.root.title("MeditoTec")
        self.root.configure(background='lightblue')
        self.root.geometry('500x400')
        self.root.maxsize(800, 600)
        self.root.minsize(300, 200)

        self.create_frames()
        self.create_buttons()

        self.root.mainloop()

    def create_frames(self):
        frame_aluno = Frame(self.root, bg='red')
        frame_aluno.pack(fill=BOTH, expand=True)

        frame_professor = Frame(self.root, bg='green')
        frame_professor.pack(fill=BOTH, expand=True)

        frame_coordenacao = Frame(self.root, bg='blue')
        frame_coordenacao.pack(fill=BOTH, expand=True)

    def create_buttons(self):
        button_cadastro = Button(self.root, text="Cadastro", bg='yellow', fg='black')
        button_cadastro.pack()

        button_apagar = Button(self.root, text="Apagar", bg='orange', fg='black')
        button_apagar.pack()

        button_alterar = Button(self.root, text="Alterar", bg='pink', fg='black')
        button_alterar.pack()

        button_excluir = Button(self.root, text="Excluir", bg='purple', fg='white')
        button_excluir.pack()

        button_salvar = Button(self.root, text="Salvar", bg='gray', fg='white')
        button_salvar.pack()

MeditoTec()
```