

To Whom It May Concern,

My Client, Sina Monajemi, has been suffering from mental illness over the past couple of months. He has been under my care with DBT therapy since January 2022, and he has shown improvements. Due to his medical condition, I recommend that he take sick leave.

This consideration would help him reduce his anxiety and stress and concentrate on learning skills to cope with symptoms.

Sincerely,

Fereshteh Samenipour

Psychotherapist and Registered Social Worker (MSW)

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