This is to set the sizes of the textblock based on Robert Bringhurst's book.

12 pt Palatino alphabet length is: 159.6719pt

The footskip is: 30.0pt
The head height is: 12.0pt
The head separation is: 25.0pt

The number of pica: 32 (1)

The textblock width: 384 pt (2)

The adjusted textblock height with ratio 1.73 is: 739.32 pt (3)