

HOT LUNCHEON DINNERS

First let us tell you about how "My" turkey is cooked. The turkey is placed on a vertical roaster which sears the inside of the bird and cooks it in its own (natural juices) thus helping to eliminate fat.

Approved and recommended by:

*The American Heart Association, Pritikin Institute and
WEIGHT WATCHERS INTERNATIONAL*

"MY" TURKEY DINNER with real mashed potato, corn, butternut squash, "My" homemade stuffing and cranberry sauce.

Turkey Dinner.....	9.25
Turkey Tips - marinated in "My" recipe sauce with two sides.....	9.95
Turkey Pilgrim Sandwich - turkey, stuffing and cranberry sauce on a sub roll with fries and pickle.....	6.75
Chicken Teriyaki - with rice, fries or salad (choose 2) and vegetable.....	7.95
Chicken Cutlet - french fries & cole slaw.....	7.95
Combo of Grilled Breast of Chicken & Steak Tip Teriyaki.....	8.95
Marinated Steak Tips with rice, fries, salad or vegetable (choice of 2).....	9.95
Roast Beef Dinner - real mashed potato & vegetable.....	8.95
Roast Pork Dinner - real mashed potato & vegetable.....	8.95
Baked Meatloaf Dinner - real mashed potato & vegetable.....	7.95
Chicken Stirfry.....	8.95
Buffalo wings or fingers with fries.....	6.95
2 Hot Dogs..... 4.25..... With Baked Beans.....	5.95
Gyro.....	4.95
Gyro- with rice, salad, or fries (choose one).....	6.50

PASTA DISHES

Chicken Parmigiana - choice of ziti or spaghetti.....	8.95
Chicken, Broccoli & Ziti - in a Alfredo sauce.....	8.95
Meatballs and Spaghetti.....	6.95
Macaroni & Cheese.....	5.95
Italian Sausage and Ziti or Spaghetti.....	7.95
Chicken Scampi - Tomato, Garlic, White Wine (Ziti or Spaghetti).....	8.95

All Pasta Dishes served with bread.

SEAFOOD

(Available Fridays Only)

Fish & Chips- with french fries and tarter sauce.....	6.95
Fish Sub- with french fries and tarter sauce.....	6.95
Fried Haddock Sandwich with french fries and tarter sauce.....	6.95
Fried Haddock- with french fries, cole slaw, and tarter sauce.....	9.95
Seafood Trio- shrimp, scallops, fish, french fries, onion rings.....	13.95



ALL DAY SPECIAL

#1. Southie Omelette Corned Beef or Turkey Hash & Cheese.....	6.50
#2. Western Omelette; Ham, Peppers, Onion & Cheese.....	6.75
#3. The Combo Omelette; Bacon, Onion, Sausage, Cheddar.....	6.95
#4. Spinach, Tomato, Swiss or Feta.....	6.25
#5. 2 FT or 2 Panc, 2 Eggs, 2 Bacon or Sausage.....	5.95
#6. French Toast with Fresh Fruit.....	5.95
#7. Egg White with Veggie Omelette.....	6.95
#8. Turkey & Cheese Omelette.....	6.25
#9. Chilli Cheese Omelette (Beef or Turkey).....	6.25
FARMERS.....	7.75
<i>3 Eggs, 2 Bacon, 2 Sausages, 2 Pancakes, Home Fries & Toast.</i>	
HEATHERS OMELETTE.....	7.50
<i>Italian Sausage, Roasted Peppers, Tomatoes, Mozzarella Cheese, HF & Toast.</i>	
LOW CARB OPTION.....	5.50
<i>Eggs, Italian Sausage, Bacon And Tomato.</i>	
MY FAVORITE.....	4.25
<i>Hand - Carved Ham, Egg & Cheese on a Grilled Bun, With Home Fries.</i>	
MEATLOAF AND EGG WITH HOME FRIES & TOAST.....	7.95
GOOD LIFE.....	8.50
<i>3 Eggs, 1/2 Ham, 1/2 Steak, 1 Pancake, Home Fries & Toast.</i>	
GREEK OMELETTE.....	6.95
<i>Olives, tomato, mushroom, onion and feta cheese.</i>	
GREEN EGGS N' HAM.....	6.95
<i>Pesto, diced ham scrambled and cheese.</i>	



Consumer Advisory Warning for Raw Foods:

In compliance with the Department of Public Health, we advise that eating raw or undercooked meat, poultry, or seafood poses a risk to your health. Before placing your order, please inform your server if a person in your party has a food allergy.

My DINER MENU

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No Credit Cards Accepted for Deliveries

