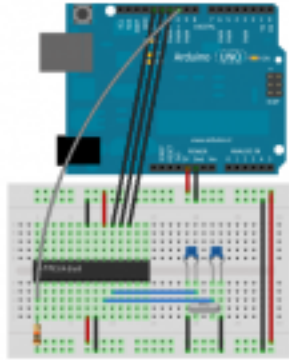1. Upload ArduinoISP to arduino board
2. Make note of the arduino port

3. Connect wiring as shown above without the capacitors
    1. Arduino - 328p
    2. 10 - 1
    3. 11 - 17
    4. 12 - 18
    5. 13 - 19
    6. 5V - 7, 21
    7. GND -   8, 22
4. Put all files in the same folder as the makefile
5. Change directory to that folder
6. $make

The make file needs to have a few lines changed.
- "-b 19200 -F" must be added to the programming line 131
- Programmer must be changed to "avrisp" on line 26
- Port must be changed to the port of the Arduino on line 29