



## Dilpreet Kaur

Personal Support Worker

### Contact

Brampton, ON  
+1 (437) 299-9608  
dilpreetdullat39@gmail.com  
Willing to relocate

### Education

PSW – Conestoga College  
BSc Vet Sci – GADVASU

### Certifications

First Aid & CPR  
BLS Certified  
Ontario Security License  
G2 Driver's License

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## ☀ Profile Summary

Dedicated PSW with strong care and clinical skills. Specialized in elder care, crisis intervention, medication assistance, and promoting independence. Known for patience, empathy, and resident advocacy.

## ✂ Core Competencies

Resident-centered care      Mobility Assistance  
ADLs      Infection Control      GPA Techniques  
PointClickCare      Palliative Care

## 👛 Experience

### Health Care Aide – Home Instead (Sep 2024 – Present)

- Delivered personal hygiene care, transport and meal assistance to elderly clients.
- Planned care routines with families and ensured 95%+ satisfaction.

### PSW – Amica Senior Lifestyles (Jul 2024 – Aug 2024)

- Supported 12 residents with medication, hygiene, mobility and meals daily.
- Created safe, clean spaces adhering to sanitation standards.

### PSW – Schlegel Villages, Guelph (May 2024 – Jul 2024)

- Provided ADL support and designed nutritional care plans in LTC setting.

## 💛 Volunteer Experience

## **Community Support Volunteer – Brampton (2023 – 2024)**

- Assisted with food distribution and emotional support for unhoused community members.
- Organized social activities to foster inclusion and reduce isolation.