**UWF Leisure Learning**

Summer 2020 Online Classes

**UWF Leisure Learning online courses** offer a convenient way to stay connected, interact with your peers and continue expanding your mind this summer. Make

the most of your time with short, virtual courses that you can participate in from the safety of your own home.

**Zoom Introductory Sessions**

Leisure Learning is working hard to help our members fight feelings of isolation and the negative effects that accompany it during these unprecedented times of COVID-19 social distancing. This summer, we will be offering classes online through Zoom. During the week of June 1 to June 4, we will host free live Zoom sessions to help you feel comfortable using the platform before classes begin. Each class will have its own unique registration ID and will be emailed to participants prior to the start of the class. This session is provided free

of charge. You may also view the online resources from Zoom as well: https://support.zoom.us/hc/en-us/ categories/200101697. Prior to this session, be sure

to download the free Zoom app on your computer, laptop, smartphone or tablet device. Sign up for the free account, that is all you will need to participate.

### Monday, June 1, 2020

Session 1: 10 AM - 11 AM; Session 2: 11:15 AM. - 12:15 PM;

Session 3: 1 PM - 2 PM

### Tuesday, June 2, 2020

Session 1: 10 AM - 11 AM; Session 2: 11:15 AM. - 12:15 PM;

Session 3: 1 PM - 2 PM

### Wednesday, June 3, 2020

Session 1: 10 AM - 11 AM; Session 2: 11:15 AM. - 12:15 PM;

Session 3: 1 PM - 2 PM

### Thursday, June 4, 2020

Session 1: 10 AM - 11 AM; Session 2: 11:15 AM. - 12:15 PM;

Session 3: 1 PM - 2 PM



**Important Information:** UWF business operations are being conducted remotely until further notice. Please contact Leisure Learning by email at [leisurelearning@uwf.edu.](mailto:leisurelearning@uwf.edu) Checks will not be accepted for Summer registrations. Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491). Zoom registration links will be emailed to participants

72-48 hours before class start.

## Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Classes

**On the Other Hand...Current Affairs Discussions — 4 Sessions**

### Fridays, June 5 - June 26, 2020

10:00 AM - 11:15 AM | $20

Instructor: Bob Robinson

Bob will select an essay or item from the current media, possibly including short TED talks, to help us better understand what has been happening, what the future might bring, what is innovative or insightful, and what is on the bleeding edge. He looks for material which will engage your thinking and, while he tries for short and easy reading, he makes no promises. The class and its active discussion by all participants try to bring views and faults to the surface in ways which help us toward the truth — not an easy thing, but always stimulating and fun! And yes, there is much to talk about these days! *\*Please note: An email address is necessary to receive articles in advance of the sessions. The views and opinions expressed in these discussions are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

# Tax-Free Investing: It’s Not What You Make, It’s What You Keep!

### Monday, June 8, 2020

11:00 AM - 12:00 PM | $12

Instructor: John Hodgdon II

Concerned with the taxes you pay on investments? This presentation will give an overview of tax-advantaged investments and strategies that you can use!

# Hemingway’s “Farm”

### Tuesday, June 9, 2020

2:00 PM - 3:00 PM | $12

Instructor: Julia Hanway

Join us for a virtual trip to Hemingway’s Havana. The year is 2007. The Cuban government held an international symposium for scholars in honor of the

restoration of Hemingway’s home, La Finca Vigia “the Lookout Farm” 16 miles outside of Havana. Take a tour of Havana. See the sites of Havana and visit the haunts of Ernest Hemingway during the time he wrote *The Old Man and the Sea* — his last major work of fiction published during his lifetime.

# Ageless Grace: Awaken the Brain Through Fitness — 6 Sessions

### Tuesdays, June 9 - July 14, 2020

10:00 AM - 11:00 AM | $25

Instructor: Sharyon Miller

Exercise boosts brain power and staves off memory problems, it increases circulation and raises endorphins or happiness hormones. Most chair exercise programs, although useful for building muscle and/or strengthening balance, are repetitive. What makes this program more interesting and enriching is that Ageless Grace® is both a body and brain exercise. Ageless Grace® is based on the science of neuroplasticity: the ability of the brain and nervous system to change its structure and function,

and to continue to change it throughout our lives, to keep us vital and youthful. As a bonus for our virtual stream sessions, be prepared to laugh! Sharyon Miller is a certified Ageless Grace Educator and Community Liaison for Home Care Solutions.

# Simple and Effective Art of EFT

* **Emotional Freedom Technique/ Tapping 1.0**

### Wednesday, June 10, 2020

10:00 AM - 11:00 AM | $12

Instructor: Susan Johnston

Learn the incredible technique of EFT/Tapping. You’ll probably agree that in this day and age when life runs on adrenaline, one needs to have reliable stress management mechanisms in place. Self-help methods have become important life-skills. That is where Emotional Freedom Technique (EFT) or Tapping comes in. EFT is a fantastic self-help technique millions are using worldwide. Tapping can be used for relief from sadness, fear, worry, anxiety, anger, phobias, bad habits and performance issues naturally. You can use EFT for relief from negative emotions and a host of physical problems. Tapping is a newer term that is used to describe what is essentially EFT. It literally is a reset button at your fingertips.

# Hearing in Today’s World

### Thursday, June 11, 2020

11:00 AM - 12:00 PM | $12

Instructor: Patricia Russo

Join us for a presentation regarding hearing loss. Learn



**Important Information:** UWF business operations are being conducted remotely until further notice. Please contact Leisure Learning by email at [leisurelearning@uwf.edu.](mailto:leisurelearning@uwf.edu) Checks will not be accepted for Summer registrations. Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491). Zoom registration links will be emailed to participants

72-48 hours before class start.

Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Classes

more about the difficulty of hearing in today’s world, discover different ways to help yourself hear better and review different types of devices that can be used to aid in hearing.

# ECUA Recycling Facility

### Monday, June 15, 2020

10:00 AM - 11:00 AM | $12

Instructor: Jim Roberts

Join us for a virtual presentation about the ECUA Interim Materials Recycling Facility (IMRF) on why the new plant was built and how the plant process works.

# Eden Energy Medicine

### Wednesday, June 17, 2020

10:00 AM - 11:00 AM | $12

Instructor: Susan Johnston

Energy medicine recognizes energy as a vital, living, moving force that determines much about health and happiness. In Energy Medicine, energy is the medicine, and energy is also the patient. You heal the body by activating its natural healing energies; you also heal the body by restoring energies that have become weak, disturbed or out of balance. Energy Medicine is both a complement to other medical care approaches and a complete system for self-care and self-help. It can help address physical illness and emotional or mental disorders. It can also promote high-level wellness and peak performance. Join Susan Johnston in learning the basics of Eden Energy Medicine and Donna’s famous 5 - Minute Energy Routine. Put healing in good hands—your own!

# The History of American Newspaper Design

### Thursday, June 18, 2020

1:00 PM - 2:00 PM | $12

Instructor: Kirsten Efird

Have you ever taken a close look at the layout and design of newspaper articles and advertisements? We will look at the evolution of the American newspaper from colonial times until the present. See how newspaper design has changed with technological advances and how it has stayed the same. How do newspapers from 300 years ago look in comparison to today’s?

**Margaret Mitchell: Why *Gone With The Wind*?**

### Friday, June 19, 2020

1:00 PM - 2:30 PM | $12

Instructor: Judy DeBolt

She only wrote one book. But what a book! Come and learn how *Gone With The Wind* (GWTW) came to be. From her imagination, and drawing on family history and extensive research, Margaret Mitchell put together a book that is still in print after 80 years. Learn how her own life experiences are shown in the book (although she always insisted this was not true). Why did she never write another book? These and other interesting aspects of

her life will be shared with you by Judy DeBolt who has a long history of interest in GWTW. New things have been added If you have taken this class before.

# David O. Selznick: And What Was Selznick’s Folly?

### Friday, June 26, 2020

1:00 PM - 2:30 PM | $12

Instructor: Judy DeBolt

He was a movie producer who was ahead of his time. He took a chance on an unknown author and her first book that could have been a flop. He paid the most for the film rights in 1936 than had ever been paid before. And the book could have been a flop! Come and find out how he accomplished making *Gone With The Wind* (GWTW) and why did Hollywood call this Selznick's Folly. Join Judy DeBolt as she takes you through the process to bring GWTW to the screen. If you have not heard her Margaret Mitchell presentation on how she wrote the book, it is highly recommended that you also attend that class.

Consider retaking this class since Judy will share with you her experiences last summer viewing original costumes from GWTW. You will not be disappointed.

# Feed Me, Seymour: The Southeast’s Amazing Plant Carnivores

### Monday, June 22, 2020

10:00 AM - 11:00 AM | $12

Instructor: Angela Underwood

The Southeast United States is a hotspot for carnivorous plant diversity. Discover what makes a plant a carnivore and areas where you may find this amazing flora.



**Important Information:** UWF business operations are being conducted remotely until further notice. Please contact Leisure Learning by email at [leisurelearning@uwf.edu.](mailto:leisurelearning@uwf.edu) Checks will not be accepted for Summer registrations. Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491). Zoom registration links will be emailed to participants

72-48 hours before class start.

Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Classes

**Tapping Meditation with Susan Johnston**

### Wednesday, June 24, 2020

10:00 AM - 10:30 AM | $5

Instructor: Susan Johnston

Please join in online for a 30-minute tapping meditation for love, peace and light. Start your day off feeling light and free from tension and worry. Beginners welcome.

# Marshes Matter

### Thursday, June 25, 2020

10:00 AM - 11:00 AM | $12

Instructor: Clara Zubrick

Explore the plants and animals that make up the marshes of Weeks Bay, and why and how we manage these coastal habitats.

# Medicare Fraud and Scams

### Monday, June 29, 2020

11:00 AM - 12:00 PM | $12

Instructor: Marti Hearn

Medicare fraud amounted to 90 billion dollars in 2019! Senior Medicare Patrol empowers seniors to prevent medicare fraud. Marti Hearn, SHINE-SMP Liaison,

is responsible for the SHINE and SMP program in four counties in Northwest Florida. Marti will present

information on the latest Medicare fraud cases and how seniors can avoid being an unwitting victim. She will cover the latest scams that have popped up during the COVID-19 crisis and how to protect yourself from the scammers ultimate goal, identity theft. The SHINE-SMP program is funded by the federal government through the Department of Elder Affairs in the State of Florida and offers free, unbiased Medicare counseling.

# A Musical Journey: From Mozart to Elvis — 5 Sessions

### Wednesday, July 1-29, 2020

1:00 PM - 2:30 PM | $25

Instructor: Dr. Sidney Soclof

Take a musical journey from the classical music of Wolfgang Amadeus Mozart to the rock and roll music of Elvis Presley. On our way, we will enjoy learning about the life and music of Stephen Collins Foster, Irving Berlin and Al Jolson, with many music and video clips for your enjoyment.

# Memoir Writing for Legacy or Publishing — 4 Sessions

### Thursday, July 2-23, 2020

10:00 AM - 11:30 AM | $20

Instructor: Susan Lewis

Twelve years in the writing/selling/publishing industry gives Susan insight into all aspects of the process. Her experience watching would-be writers struggle and sometimes fail led her to help others. Memoir writing is unique—the writer already knows the story, who the characters are, etc. But the would-be writer can feel

overwhelmed, confused and unsure of one’s abilities. The purpose of this class is to help you gain self-confidence in your abilities, determine your ultimate goal, embrace imperfection, understand alternate memoir structures and recognize and avoid pitfalls. Let’s begin!

# Facebook: A Beginner’s Guide to Social Networking

### Monday, July 6, 2020

11:00 AM - 12:00 PM | $12

Instructor: Rhonda Robinson

Knowing how to use social media is becoming an essential 21st century skill. Facebook is an excellent way for family members to keep in touch in our busy and often geographically dispersed lives. Understand the basics of how to create, use, and maintain a Facebook page of your own, including understanding Facebook privacy settings and additional tips about what to share. A survey will be emailed before class so that your questions and concerns will be thoroughly covered.

# Watercolor Painting: Landscape

### Wednesday, July 8, 2020

10:00 AM - 12:00 PM | $12

Instructor: Krista Schilling

Learn how to create a beautiful unique landscape using watercolors in this paint-along class. Supplies needed: watercolor paper, a water color pallet or liquid watercolor or gouache paints, paintbrushes, paper towels or napkins, a pencil and an optional black pen to add details. These items can be purchased online through Walmart pickup, or Amazon.com.



**Important Information:** UWF business operations are being conducted remotely until further notice. Please contact Leisure Learning by email at [leisurelearning@uwf.edu.](mailto:leisurelearning@uwf.edu) Checks will not be accepted for Summer registrations. Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491). Zoom registration links will be emailed to participants

72-48 hours before class start.

Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Classes

**That Man May Reach the Moon**

### Friday, July 10, 2020

1:00 PM - 2:15 PM | $12

Instructor: Dean DeBolt

Find out the history and story of Pensacola’s first astronaut. Join us to find out who it was!

# ECUA Compost Facility

### Monday, July 13, 2020

10:00 AM - 11:00 AM | $12

Instructor: Jim Roberts

Live Green! Join us for a virtual presentation for the ECUA Compost Facility on why composting operations began and how the process works.

# Pensacola Black History You Never Knew

### Friday, July 17, 2020

1:00 PM - 2:15 PM | $12

Instructor: Dean DeBolt

This class covers the story of two individuals with connections to Pensacola and their influence on national history — one in the 18th century and one in the 20th century. Interestingly, both have had movies made about them.

# An Insider’s View of Writing College Textbooks: Part Creativity, Part Scholarship, Part Racket

### Monday, July 20, 2020

10:00 AM - 11:00 AM | $12

Instructor: Dr. Jane Halonen

If you’ve ever wondered about how textbooks come into existence or why the cost of textbooks is so darned expensive, this is the session for you. Psychologist

Jane Halonen will provide an insider’s view of textbook publishing. She will talk about how authors get recruited, the process that publication entails, and the complex factors that keep textbook costs so high. She will also explore the promise of the open educational resource movement which attempts to deliver textbook sources at no cost to students.

# The Land of Opportunity: Exploring the Natural and Cultural History of one of Alabama’s Most Diverse Areas

### Tuesday, July 21, 2020

10:00 AM - 11:00 AM | $12

Instructor: Will Underwood

Join us for a discussion of what has made Baldwin County a settlement hotspot for the last several hundred years.

# The Julee Panton Cottage

### Friday, July 24, 2020

1:00 PM - 2:15 PM | $12

Instructor: Dean DeBolt

Join us online to learn more about the history of the Julee Panton Cottage in the Pensacola Historic Village. Find out who Julee was, the history of the preservation of the House and movement to the Seville Square area, and identifying history versus myths.

# Alzheimer’s Disease and Research

### Friday, July 24, 2020

10:00 AM - 11:15 AM | $12

Instructor: Dr. Rodney Guttmann

This course has two parts: First, a short video showing what it is like to be a research student at UWF working on developing biomarkers for the early detection of Alzheimer’s disease. Second, will be a short synchronous presentation and Q and A with Dr. Guttmann regarding his research and the current state of clinical trials for treating dementia.

# Voices of the American Spirit: Willa Cather — 3 Sessions

### Monday, Wednesday and Friday, July 27-31, 2020

11:00 AM - 12:00 PM | $15

Instructor: Stephanie McNeill, MPS

“Flaming like the wild roses, singing like the larks over the plowed fields, flashing like a star out of the twilight.” Willa Cather is recognized as one of the greatest writers of the 20th century, giving a voice to the American Spirit. She captures a sense of place, as she immerses us in the Nebraska landscape. A Pulitzer-Prize winning author for *One of Ours*, her novel about war, critics have increasingly



**Important Information:** UWF business operations are being conducted remotely until further notice. Please contact Leisure Learning by email at [leisurelearning@uwf.edu.](mailto:leisurelearning@uwf.edu) Checks will not be accepted for Summer registrations. Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491). Zoom registration links will be emailed to participants

72-48 hours before class start.

Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Classes

identified Cather as a canonical American writer, the peer of authors like Hemingway, Faulkner and Wharton. We will sample her short fiction in three stories, all available on-line from the University of Nebraska/Lincoln. ‘Paul’s Case: A Study in Temperament’ https://cather.unl.edu/ writings/shortfiction/ss006, ‘The Bookkeeper’s Wife’ https://cather.unl.edu/writings/shortfiction/ss047 and ‘The Joy of Nelly Dean’ https://cather.unl.edu/writings/ shortfiction/ss014.

# Open Burning and Open Detonation of Waste Military Munitions

### Tuesday, July 28, 2020

11:00 AM - 12:00 PM | $12

Instructor: Kate Peterson

This presentation on the practice of open burning

and open detonation of waste munitions at Eglin Air Force Base and other locations around the country will educate you on the process and explain the negative effects to the health of our service members, their families, civilian populations and the environment.

# Alabama the Beautiful: A Tale of Alabama’s Amazing Biological Diversity

### Thursday, July 30, 2020

10:00 AM - 11:00 AM | $12

Instructor: Angela Underwood

Alabama is one of the most biologically diverse states in the U.S. when it comes to plants and animals. Discover what has shaped Alabama's rich natural history, and learn about unique ecological sites to visit around the state.

SUMMER 2020 REGISTRATION

### Register online at uwf.edu/leisurelearning. Checks will not be accepted for Summer registrations.

Phone registrations by credit card will be open on Tuesday, May 26, 2020 9 a.m. to 1 p.m. ONLY (call 850.474.3491).

MONDAYS

* + **Free** Zoom Introductory Session
  + **$12** Tax-Free Investing: It’s Not What You Make, It’s What You Keep!
  + **$12** ECUA Recycling Facility
  + **$12** Feed Me, Seymour: The Southeast’s Amazing Plant Carnivores
  + **$12** Medicare Fraud and Scams
  + **$12** Facebook: A Beginner’s Guide to Social Networking
  + **$12** ECUA Compost Facility
  + **$12** An Insider’s View of Writing College Textbooks: Part Creativity, Part Scholarship, Part Racket
  + **$15** Voices of the American Spirit: Willa Cather — 3 Sessions

## TUESDAYS

* + **Free** Zoom Introductory Session
  + **$12** Hemingway’s “Farm”
  + **$25** Ageless Grace: Awaken the Brain Through Fitness

— 6 Sessions

* + **$12** The Land of Opportunity: Exploring the Natural and Cultural History of one of Alabama’s Most Diverse Areas
  + **$12** Open Burning and Open Detonation of Waste Military Munitions

## WEDNESDAYS

* + **Free** Zoom Introductory Session
* **$12** Simple and Effective Art of EFT - Emotional Freedom Technique/Tapping 1.0
* **$12** Eden Energy Medicine
* **$5** Tapping Meditation with Susan Johnston
* **$25** A Musical Journey: From Mozart to Elvis — 5 Sessions
* **$12** Watercolor Painting: Landscape

## THURSDAYS

* **Free** Zoom Introductory Session
* **$12** Hearing in Today’s World
* **$12** The History of American Newspaper Design
* **$12** Marshes Matter
* **$20** Memoir Writing for Legacy or Publishing — 4 Sessions
* **$12** Alabama the Beautiful: A Tale of Alabama’s Amazing Biological Diversity

## FRIDAYS

* **Free** Zoom Introductory Session
* **$20** On the Other Hand..Current Affairs Discussions

— 4 Session

* **$12** Margaret Mitchell: Why Gone With The Wind?
* **$12** David O. Selznick: And What Was Selznick’s Folly?
* **$12** That Man May Reach the Moon
* **$12** Pensacola Black History You Never Knew
* **$12** The Julee Panton Cottage
* **$12** Alzheimer’s Disease and Research



## Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

Summer 2020 Online Class Schedule



Email: [leisurelearning@uwf.edu](mailto:leisurelearning@uwf.edu)

**uwf.edu/leisurelearning**

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| JUNE 2020 | | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  |
| **10 AM - 11 AM**  **11:15 AM - 12:15 PM**  **1 PM - 2 PM**  Zoom Intro | | **10 AM - 11 AM**  **11:15 AM - 12:15 PM**  **1 PM - 2 PM**  Zoom Intro | | **10 AM - 11 AM**  **11:15 AM - 12:15 PM**  **1 PM - 2 PM**  Zoom Intro | | **10 AM - 11 AM**  **11:15 AM - 12:15 PM**  **1 PM - 2 PM**  Zoom Intro | | **10 AM - 11:15 PM**  Current Affairs | |  | |
| 7 |  | 8 |  | 9 |  | 10 |  | 11 |  | 12 |  | 13 |  |
|  | | **11 AM - 12 PM**  Tax-Free Investing | | **10 AM - 11 AM**  Ageless Grace  **2 PM - 3 PM**  Hemingway’s Farm | | **10 AM - 11 AM**  Art of EFT | | **11 AM - 12 PM**  Hearing in Today’s World | | **10 AM - 11:15 PM**  Current Affairs | |  | |
| 14 |  | 15 |  | 16 |  | 17 |  | 18 |  | 19 |  | 20 |  |
|  | | **10 AM - 11 AM**  ECUA Recycling Facility | | **10 AM - 11 AM**  Ageless Grace | | **10 AM - 11 AM**  Eden Energy Medicine | | **1 PM - 2 PM**  History of American Newspaper Design | | **10 AM - 11:15 PM**  Current Affairs  **1 PM - 2:30 PM**  Margaret Mitchell | |  | |
| 21 |  | 22 |  | 23 |  | 24 |  | 25 |  | 26 |  | 27 |  |
|  | | **10 AM - 11 AM**  Feed Me, Seymour | | **10 AM - 11 AM**  Ageless Grace | | **10 AM - 10:30 AM**  Tapping Meditation | | **10 AM - 11 AM**  Marshes Matter | | **10 AM - 11:15 PM**  Current Affairs | |  | |
|  | |  | |  | |  | | **1 PM - 2:30 PM**  David O. Selznick | |
| 28 |  | 29 |  | 30 |  | 1 |  | 2 |  | 3 |  | 4 |  |
|  | | **11 AM - 12 PM**  Medicare Fraud and Scams | | **10 AM - 11 AM**  Ageless Grace | | **1 PM - 2:30 PM**  A Musical Journey | | **10 AM - 11:30 AM**  Memoir Writing | |  | |  | |

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| JULY 2020 | | 29 |  | 30 |  | 1 |  | 2 |  | 3 |  | 4 |  |
| **11 AM - 12 PM**  Medicare Fraud and Scams | | **10 AM - 11 AM**  Ageless Grace | | **1 PM - 2:30 PM**  A Musical Journey | | **10 AM - 11:30 AM**  Memoir Writing | |  | |  | |
| 5 |  | 6 |  | 7 |  | 8 |  | 9 |  | 10 |  | 11 |  |
|  | | **11 AM - 12 PM**  Facebook: A Beginner’s Guide | | **10 AM - 11 AM**  Ageless Grace | | **10 AM - 12 PM**  Watercolor Painting  **1 PM - 2:30 PM**  A Musical Journey | | **10 AM - 11:30 AM**  Memoir Writing | | **1 PM - 2:15 PM**  That Man May Reach the Moon | |  | |
| 12 |  | 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | 18 |  |
|  | | **10 AM - 11 AM**  ECUA Compost Facility | | **10 AM - 11 AM**  Ageless Grace | | **1 PM - 2:30 PM**  A Musical Journey | | **10 AM - 11:30 AM**  Memoir Writing | | **1 PM - 2:15 PM**  Pensacola Black History | |  | |
| 19 |  | 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | 25 |  |
|  | | **10 AM - 11 AM**  Insider’s View of Writing College Textbooks | | **10 AM - 11 AM**  The Land of Opportunity | | **1 PM - 2:30 PM**  A Musical Journey | | **10 AM - 11:30 AM**  Memoir Writing | | **10 AM - 11:15 AM**  Alzheimer’s  **1 PM - 2:15 PM**  Julee Panton | |  | |
| 26 |  | 27 |  | 28 |  | 29 |  | 30 |  | 31 |  | 1 |  |
|  | | **11 AM - 12 PM**  Voices of the American Spirit | | **11 AM - 12 PM**  Open Burning | | **11 AM - 12 PM**  Voices of the American Spirit | | **11 AM - 12 PM**  Alabama the Beautiful | | **11 AM - 12 PM**  Voices of the American Spirit | |  | |
|  | |  | | **1 PM - 2:30 PM**  A Musical Journey | |  | |  | |