

MOST. FATEMA ZANNAT

RN, BSN. (BNMC ID: 23648)



Present Address: 12/3 West Nakhalpara Road, Dhaka-1215

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Career Summary

Registered Nurse with a Bachelor of Science in Nursing from Rajshahi Nursing College and current employment as a Senior Staff Nurse at Samorita Hospital Limited. Experienced in patient care, emergency management, and team supervision, with strong clinical exposure across Medicine, Surgery, Gynecology & Obstetrics, Pediatrics, and Emergency departments during 4+ years of academic training. Dedicated to providing high-quality, compassionate, and ethical nursing care with effective communication and documentation skills.

Key Skills & Competencies

- Patient Assessment & Care
- Emergency Patient Management
- Infection Prevention & Control
- Telemetry Monitoring & Vital Sign Interpretation
- Critical Thinking & Clinical Problem Solving
- Confidentiality, Ethics & Empathy
- Leadership, Teamwork & Collaboration
- Time Management, Stamina & Stress Tolerance
- Communication & Documentation

Professional Experience

Samorita Hospital Limited

[Panthapath, Dhaka]

Senior Staff Nurse (General Unit - Cabin & Floor)

[February 2025 – Present]

- Providing direct patient care to admitted individuals across diverse medical conditions.
- Monitoring vital signs, managing IV medications, and maintaining accurate nursing documentation.
- Collaborating with physicians and the healthcare team to implement individualized care plans.
- Ensuring strict adherence to infection control protocols and maintaining patient confidentiality.
- Assisting in patient admissions, discharges, and counseling family members regarding care procedures.

Rajshahi Medical College Hospital

[Rajshahi, Bangladesh]

Intern Nurse (Six Months)

[February 2024 – August 2024]

Student Nurse (4 Years+ Clinical Practice)

[May 2019 – October 2023]

- Completed clinical rotations in Medicine, Surgery, Gynecology & Obstetrics, Pediatrics, Emergency, and OPD.
- Assessed and monitored patients' vital signs and physical conditions under supervision.
- Provided bedside care, hygiene support, wound dressing, IV line management, and medication administration.
- Assisted in catheterization procedures and maintained strict adherence to infection control protocols.
- Participated in emergency care, helping stabilize critical patients and facilitating urgent interventions.
- Documented patient conditions and care provided in clinical charts, ensuring confidentiality and accuracy.
- Communicated effectively with patients, families, and the care team to ensure continuity and quality of care.

Teaching & Research Experience

- Delivered a **Microteaching Lecture** on "Psychotherapeutic Modalities" to 3rd-year students at Rajshahi Nursing College under the supervision of Elizabeth Biswas, Nursing Instructor, Rajshahi Nursing College, Rajshahi.
- Participated in a **research study** titled "Knowledge Regarding Management of Road Traffic Accidents among Senior Staff Nurses at Sadar Hospital Naogaon", supervised by Mst. Nasrina Parvin, Nursing Instructor, Rajshahi Nursing College, Rajshahi.

Computer Skills & Training

Computer Office Application (Six Months - 360 Hrs)

[January 2021 - June 2021]

Dronto Computer Training Institute, Naogaon

[Naogaon, Bangladesh]

Bangladesh Technical Education Board, Dhaka

[Dhaka, Bangladesh]

- Learned to create, format, and manage professional documents using **MS Word**.
- Developed skills in **MS Excel** for data entry, spreadsheet management, and basic calculations.
- Designed engaging presentations using **MS PowerPoint** for educational and clinical content.
- Practiced effective **email communication** and safe **internet browsing** for academic and professional use.
- Improved **typing speed** and accuracy in both English and Bangla.

Education

Bachelor of Nursing Science (B.Sc in Nursing - Basic)

[Passing Year 2022]

Rajshahi Nursing College, Rajshahi | Rajshahi Medical University

Result: Passed (Published: 5th February 2024)

Higher Secondary Certificate (HSC)

[Passing Year 2018]

Nazipur Govt. College, Naogaon | Rajshahi Education Board

Major in Science | GPA 4.33 out of 5.00

Secondary School Certificate (SSC)

[Passing Year 2016]

Mallickpur High School, Patnitala, Naogaon | Rajshahi Education Board

Major in Science | GPA 5.00 out of 5.00

Language Proficiency

- **Bengali** : Native proficiency in reading, writing, and speaking.
- **English** : Strong reading and moderate writing skills, with conversational speaking ability.

Personal Details

Father : MD. SHAHIDUL ISLAM

Religion : Islam

Mother : MOST. ASMA BANU

Blood Group : A+ (Positive)

Date of Birth : 20 September 2000

Health : Physically and mentally fit

Gender : Female

NID Number : 5563386183

Marital Status : Married

Nationality : Bangladeshi

Permanent Address: Village: Patiamly, Post-office: Mallickpur-6540, Thana: Patnitala, Naogaon

References

1. **Full Name** : **MD. FOYEJUR RAHMAN** (RN, PhD)
Organization : Rajshahi Nursing College, Rajshahi
Designation : Principal
Contact Number : +8801742-065217
Email : mfoyejur@gmail.com

2. **Full Name** : **MST. NASRINA PARVIN** (RN, BSN)
Organization : Rajshahi Nursing College, Rajshahi
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