

## MANICURE

Paint Only	:	R40
Cut Buff Shiny	:	R85
Nail treatment	:	R120
La Express manicure	:	R200

## PEDICURE

Paint Only	:	R55
Cutt, Buff Shiny	:	R95
La Express Ledicurse	:	R250
Medi-Heal Only	:	R60

## MOBILE SERVICE / PERFECT PROFILE

Call Out (Surrounded area)

- Bridal Party
- Baby Shower
- Weddings
- Make-Up
- Kiddies party
- Wellness Organization

## SPORT / DEEP TISSUE MASSAGE

Full	:	R550
Back	:	R300

## FOOT MASSAGE

Full	:	R150
Back	:	R220

## FACIALS

De-Stress cooling	:	R300
Hydration Express	:	R350
Make me young / Anti-Ageing	:	R400
Freshen me up (express booster)	:	R280
Rejuvenation	:	R550

### THE FINE PRINT:

**Arrival time:** Please arrive at least 10 minutes early to allow for time to change so that your treatment time is not affected.

Please bear in mind that all spa treatments need to end on time and a late arrival will result in shortened treatment time to accommodate other guests fairly.

**Smoking Policy:** Our spa is a no smoking facility. However, there is a designated area for smoking. Please ask on arrival for more information.

**Alcohol:** We do not serve alcoholic beverages. However, you are welcome to bring your own.

**Noise:** Please consider our other guest. We request that guest keep noise to a minimum.

**Reservations:** All bookings should be made at least 24 hours prior to your arrival. This is strongly recommended to secure your preferred date and time of treatment.

**Cancellation Policy:** A spa appointment cancelled less than 24 hours prior to your scheduled appointment will result in a 50% cancellation fee. A no-show will result in a full fee.

**Payments:** All prices are quoted in South African Rands and are subject to change without prior notice.

Use of the spa and its facilities are at your own risk. Please note that Idwala Lam Guest House cannot be held liable for any adverse reactions during or after spa treatment.

Idwala Lam Guest House will not be held responsible for any personal items that are lost or damaged, please ensure that you lock items in your room or vehicle.



*Lukhanya Spa  
@ Idwala Lam  
Guest House*

*"Tension is what you think you should be.  
Relaxing is who you are"*

Contact us @ 076 849 6325 / Email: lukhanyaspa@gmail.com

Address:  
Plot 10139, Maqhinebeni Viedgesville,  
Mthatha - 5099, South Africa

**DELUXE TREATMENT**

Reflexology	:	R250
Mineralizer	:	R250
Indian Head	:	R200

**SWEDISH MASSAGE**

Full Body	:	R400
Back & Leg	:	R300
Back, Neck & Shoulders	:	R200

**HOT STONE MASSAGE**

Full Body	:	R530
Back	:	R300

**AROMATHERAPY / CALM ME DOWN**

Full	:	R500
Back	:	R250

**PREGNANCY MASSAGE**

Full Body	:	R400
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**HOLISTIC MASSAGE**

Full including face message	:	R600
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**OUR PACKAGES:****1. Guest Package**

The package is perfect after a long day or before a busy day. We offer these three options to guests that have already booked with the guest house. Three treatments with a delicious breakfast or lunch or dinner. You can start the treatment in the morning just after checking in or out of the Idwala Lam Guest House.

**Option One : R900 per person**

- Breakfast/Lunch/Dinner
- Indian head massage (30 minutes)
- Foot scrub and massage (30 minutes)
- Full body massage including face massage (60 minutes)

**Option Two : R1,000 per person**

- Breakfast/Lunch/Dinner
- Indian head massage (30 minutes)
- African foot scrub and massage (30 minutes)
- Hot stone full body massage (60 minutes)

**Option Three : R1,200 per person**

- Breakfast/Lunch/Dinner
- Indian head massage (30 minutes)
- Foot scrub and massage (30 minutes)
- Aromatherapy Full body massage (60 minutes)
- Facial (30 Minutes)

**2. Bridal Package : R2,000 per person**

( and option one for each bride's maid @ R900 pp)

- Option one as a standard package for the bride
- Facial (30 minutes)
- Manicure and Pedicure (Gel)
- Wax (under arms and eyebrow only)
- Make Up (trial and application on your special day)

**3. Conference Package : R400 per person**

( only applicable for guests booked at our conference hall for any event)

Back, neck, shoulder and feet (90 Minutes)

**WAX FACE**

Browshops	:	R60
Brawshape & Lip	:	R90
Lip	:	R50
Brows Chin & Lip	:	R180
Full Face	:	R200

**ARMS**

Under arm	:	R100
Half Arm	:	R115
Full Arm	:	R160

**LEGS**

Full	:	R180
Half	:	R140
Back & Chest	:	R190
Back	:	R160
Stomach	:	R110

**ARTIFICIAL MANICURE**

Tips	:	R120
Full	:	R150
Gel	:	R200
Over Lay	:	R170
Refill	:	R100
Gel Removal	:	R40
Acrylic Removal	:	R50