# New yoga class in Toronto

## Base input

► THE MAJORITY OF YOGA PRACTITIONERS ARE FEMALE



72% of yoga practitioners are female.

▶ 30-49 YEAR OLDS ARE THE MOST YOGA ACTIVE AGE GROUP



**18-29 YEAR OLDS** 

30-49 YEAR OLDS

30–49 year olds make up 43 percent of the practicing American public, closely followed by those aged over 50. This older age group of so-called "golden yogis" has tripled over the last four years.



50+ YEAR OLDS

▶ MOST YOGA PRACTITIONERS ALSO TAKE OTHER EXERCISE

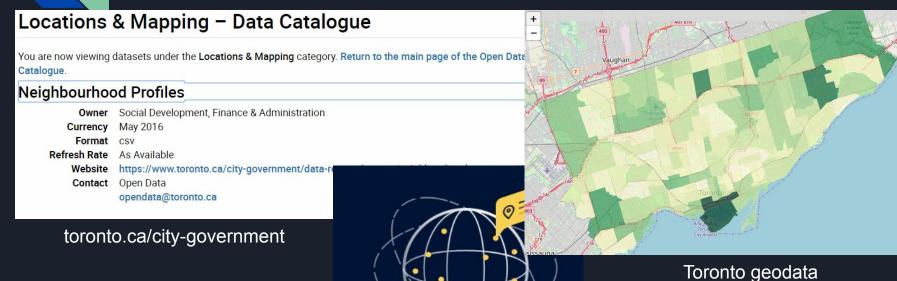


75% of yoga practitioners also take part in other kinds of exercise including running, cycling and group sports.

## Task

Need to find a good place for creating new yoga class in Toronto. Based on different open data source we should find on which attributes of Neighbourhoods have more influence on yoga studios and where is the best place for it, depending of base surroundings. So our definition of done will be list of neighbourhoods of Toronto, which have lack of yoga studios, calculated by some model.

## Selectable data



Foursquare.com

# Data acquisition and cleaning

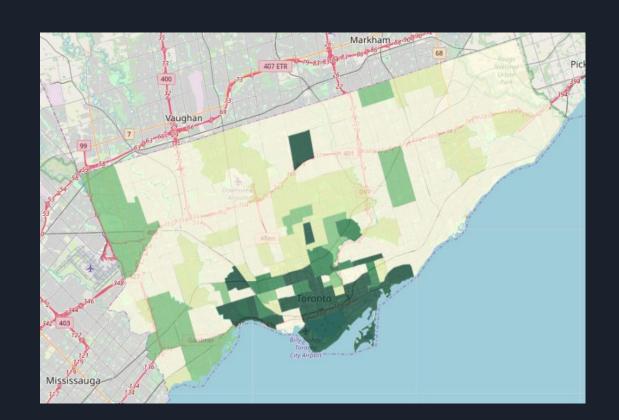
**Demographical** data downloaded from official site and were combined into one table. There were a lot unnecessary information, so I left there only info about how many:

- male persons are splitted on ages
- female person are splitted on ages
- married persons
- not married persons
- person have no certificate\diploma\degree
- person have secondary certificate\diploma\degree
- person have postgraduate certificate\diploma\degree
- employed persons
- unemployed

Also I got Toronto coordinates and get from foursquare.com all yoga classes across the city and it's coordinates. This was not enough, cause I had to split this yogas across different neighbourhoods. I got coordinates of each neighbourhoods Toronto from open source geojson file and create polygon object. After that I checked each yoga studio from my list and count it in certain neighbourhood, if its coordinated had been included into neighbourhood poligon. So that's how I got data about **count of yoga classes** across different neighbourhoods.

Then I got all nearest places from foursquare.com for each yoga studio and grouped them by each neighbourhood. That's how I got all **nearest objects to yoga classes** which could be used as surroundings.

# Existing yoga classes across Toronto



## Feature selection

#### Parameters checked for correlation with existing yoga studios

0.644522
0.574975
0.547231
0.528123
0.528123
0.528123
0.528123
0.528123
0.528123
0.519939

From this list selected 'Aquarium', 'Basketball Stadium', 'Lake', 'Baseball Stadium', as which were most nearest to exercises and other sport activities.

Male: 30 to 34 years 0.647936 Female: 25 to 29 years 0.630664 Female: 30 to 34 years 0.625783 Male: 25 to 29 years 0.611233 Male: 35 to 39 years 0.606367 Postsecondary diploma 0.562332 Employed 0.526583 Female: 35 to 39 years 0.494748 Male: 40 to 44 years 0.488849

From that list selected 'Male: 30 to 34 years', 'Female: 25 to 29 years', 'Female: 30 to 34 years', 'Male: 25 to 29 years', 'Male: 35 to 39 years' as most correlated

# Methodology

My purpose was to find out, which neighbourhoods has lack of yoga studios. So first of all I had to to calculate model, which will count it. Because I had a lot of parameters, I use multi linear regression model.

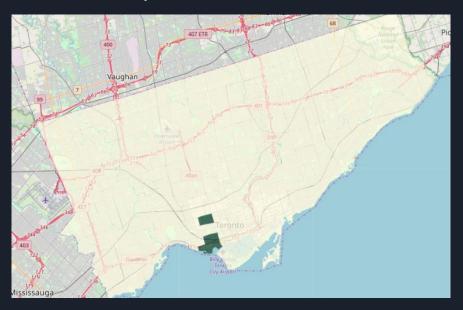
# Multilinear regression

## Results

```
ComposedData['ModelValues']=regr.predict(X)
ComposedData['res']=ComposedData['ModelValues']-ComposedData['VenueCount']
  Let's select 2 Neighbourhoods, where difference between model value and real quantity of yoga centres is the biggest
ComposedData.sort_values(by=(['res']), ascending=False).head(2)
        Aquarium Basketball Stadium Lake Baseball Stadium Male: 30 to 34 years Female: 25 to 29 years Female: 30 to 34 years Male: 25 to 29 years Male: 35 to 39 years VenueCount ModelValues
                                                                                                                                                                                       res
   082
              0.0
                                0.0 0.0
                                                      0.0
                                                                   0.031223
                                                                                        0.030326
                                                                                                            0.029220
                                                                                                                               0.028664
                                                                                                                                                 0.023334
                                                                                                                                                                         0.026323 0.026323
                                                     0.0
   080
              0.0
                                0.0 0.0
                                                                   0.008357
                                                                                        0.011089
                                                                                                            0.008169
                                                                                                                               0.009130
                                                                                                                                                 0.006272
                                                                                                                                                                 0.0
                                                                                                                                                                         0.015126 0.015126
  They are 82 and 80 neighbourhoods
```

# Results at map

As we can see above, we got 2 neighbourhoods of Toronto, which have lack of yoga classes. It's Niagara and Palmerston-Little Italy



## Discussion

Of course, process of selecting new place for yoga studio can't be such simple. There are tons of additional parameters, such as:

- nearest transport hubs (ex. metro)
- nearest office buildings (which are absent in foursquare)
- rent price

But this research compare basic parameters to find out which of them are better and gain direction to find out main answer on questions, which this work based on.

## Conclusion

In this study, I analyzed the relationship between demographic and nearest neighbours of certain yoga classes to amount of classes itself (depending of each neighbourhood of Toronto). Worked a lot with geo data and data manipulation. Of course, for big real projects this amount of work is not enough, cause in real there are much more parameters and dependencies, but even this amount can show the way for appropriate decision process of opening new yoga class.